

FREE

WYMONDHAM Magazine

ISSUE 46 | FEBRUARY 2021

*The free magazine showcasing what's
on in Wymondham, in association with
Wymondham Town Council*



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Natalie Chapman, Owner

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WYMONDHAM DOORSTEP HELPERS

Welcome to February's issue of *Wymondham Magazine*, where we find ourselves in the midst of another lockdown. Although we might be stuck indoors, there are still plenty of online activities for adults and children alike, and we've detailed some of them in 'What's on' later this issue - many provided by Norfolk Libraries. Alternatively, the days are starting to get longer again, and hopefully you might find 'The Potting Shed' useful inspiration!

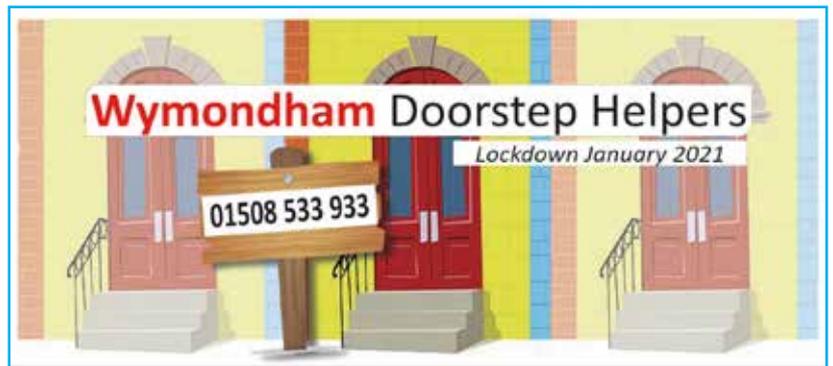
March's issue will be another printed edition, delivered through your door as well as emailed as usual. If you'd like to include your news or advert, please get in touch no later than 19th February, as we'll go to print soon after. In the meantime, stay safe and keep on keeping on!

Kate, Editor

With the stricter lockdown in place, Wymondham's volunteer Doorstep Helpers remain ready to assist with tasks like food shopping and prescription collection. Organiser Annette James says: "We work in partnership with the South Norfolk Early Help Hub (EHH). Phone them on 01508 533933 first to log your request; the EHH then contact us to find an available volunteer.

"Your contact details are held in confidence and only shared with that volunteer. We helped so many people in the first lockdown last year and have many volunteers keen to help you this time round."

If you would like to help by being a volunteer, you can join the group on Facebook at www.facebook.com/groups/wymondhamdoorstephelpers



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WYMONDHAM COMMUNITY OUTREACH PROJECT UPDATE

By Arnie McConnell

As we approached Christmas, we worked closely with our friends at Saffron Housing, who shopped and wrapped toys for the children of families we support during the year. Gift tags were left blank so that parents could send a message to their children.

The Toys for Christmas Initiative and the purchase of additional Christmas fayre was kindly sponsored by The Rotary Group in Wymondham. Waitrose, Morrisons, Lidl and Wymondham High Academy also ensured that our Christmas food hampers provided to those in need would not disappoint.

Although we closed our doors for two weeks over Christmas, our >

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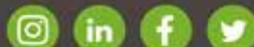


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> Outreach volunteers continued to visit vulnerable people who we serve in the community. We were also on-call to support local government services during Christmas and responded to a few emergency referrals.

Members of the community have been incredibly kind. Local children have their saved pocket money to purchase food and residents have dropped off food donations or made generous financial contributions. One gentleman donated his bike, which we were able to pass on to someone we were supporting who had just had his bike vandalised.

Working with another local group, Anon, we ensured that hot roast lunches were delivered on Christmas Day to some who struggle with cooking due to chronic ill health.

Whilst we all try to deal with the constraints of COVID-19 during a long, dark Norfolk winter we have witnessed the light of care and compassion shining brightly through the acts of many members of our community.

On Tuesday 5th January we re-opened. During that week we distributed 74 food parcels, including 41 deliveries.

Food donations can be dropped off by the main door of Our Lady and St. Thomas of Canterbury RC Church, 1 Norwich Road, Wymondham, NR19 0QE, only on Tuesdays, Friday and Saturdays from 10am to 11am. Please wear a mask and socially distance.



Items needed:

- Long-life oat or soya milk
- Small bags of sugar
- Tinned meat
- Toilet rolls
- Tinned fruit
- Tinned custard
- Tinned rice
- Tinned veg
- Vegan or veggie food
- Nappies
- Baby clothes
- Squash
- Biscuits
- Washing powder
- Household cleaning products
- Shampoo, conditioner and soap
- Cat and dog food

If you would like further information about our project please email community@wymondhamrcchurch.org.uk

Community helps vulnerable children get laptops

The team at Robert Kett Primary School had originally hoped they might raise £900 when they initially launched their JustGiving page - in the hopeful anticipation of being able to help just two of the 28 children who had been identified as not accessing home learning due to a lack of a suitable device.

However, after raising an incredible £2,810 they have been overwhelmed by the community's generosity and almost reduced to tears after watching donations to their fundraising page climb and climb.

On top of this, they have received donations of unused laptops and other digital devices from the local community after seeing the fundraising efforts.

Robert Kett Primary School has now been able to provide digital devices to 13 vulnerable children studying at home.

To find out more or to donate, visit the school's JustGiving page at www.justgiving.com/crowdfunding/robertkett?utm_id=60&utm_term=5DP7q8jE5

Says headteacher Cara Fahy: "A sincere thanks to everyone who has donated to our JustGiving page and to those people who have donated their old laptops and other devices - it really will make such a difference to those children."



LIFE SAVING DEFIBRILLATOR INSTALLED IN WYMONDHAM

Saffron Housing Trust, Wymondham Town Council, Wymondham Community Outreach Project and the British Heart Foundation (BHF) have been working together to save more lives from cardiac arrest.

A life saving defibrillator was installed without charge by local electrician Jeremy Neave (pictured) at Our Lady and St Thomas of Canterbury RC Church on Norwich Road.

Saffron Housing Trust and Wymondham Town Council raised £1,200 to part-fund the potentially life-saving machine and received a CPR training kit from the British Heart Foundation following their successful application for a Nation of Lifesavers Community Package from the charity. The innovative "watch and learn" Call Push Rescue training kit has everything needed to learn CPR and defibrillator awareness in half an hour. Wymondham Community Outreach Project will be running training sessions in the local community meaning everyone can become potential life savers.

The defibrillator is an easy-to-use, portable device that can be used by anyone to help restart the heart when someone has a cardiac arrest. Wymondham also has defibrillators installed at Waitrose and at the Market Street car park toilets.

Emilie Hildreth, Community Foundation Manager at Saffron Housing Trust, said: "We are delighted that our Community



Foundation Programme has been able to help fund this life saving package. We hope by contributing to enable a defibrillator in Wymondham this will help to save many lives."

Estelle Stephenson, Survival Programme Lead at the British Heart Foundation, said: "More than 30,000 people suffer a cardiac arrest outside of hospital every year but less than one in 10 survive. More people could be saved if more people felt confident performing CPR and using a public access defibrillator. We are delighted that Saffron Housing Trust and Wymondham Town Council have joined BHF's Nation of Lifesavers by making another public access defibrillator available and teaching CPR locally. It could really make the difference between life and death."

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WYMONDHAM YOUNG FARMERS COMMUNITY HELPERS

This Christmas was hard for everyone, so to play their part in helping the local community Wymondham Young Farmers delivered Christmas trees to people's doors.

They delivered 60 trees to residents in and around the Wymondham area, dressed to impress as helpful happy elves, raising funds for Buckenham House Riding for the Disabled Association (RDA) in the process.

Buckenham House RDA is a local charity that has been running for over 40 years, enriching the lives of adults and children with physical and learning disabilities through activities with horses. This year COVID-19 has restricted their activities, but from 1st September 2018 to 31st August 2019, 40 participants took part in 480 rides.

Through the sales of Christmas trees Wymondham YFC raised £745, and they are hoping that this can be added to throughout the year by other events. "We would just like to say a massive thank you to all that bought their trees through us and we are looking forward to seeing you all again," said Frances Roberson, Club Chairwoman.

Wymondham YFC are hoping in the spring to be able to hold their annual Car Wash in the Wymondham area, so keep an eye out closer to the time and help add to



the fundraising pot.

As a youth group Wymondham Young Farmers, as well as others in the county, have had to take their weekly meetings online. This has meant that a lot of their usual talks and visits to local businesses cannot be done. "At the moment, as you can imagine we are starting to run out of ideas for online meetings. There are only so many quizzes you can do," commented Amy Savage, Club Programme Secretary.

The club would be pleased to hear from local residents and businesses that have ideas for meetings or that would be willing to give up their free time to talk to the club themselves. Contact them at wymondhamyfc@gmail.com

Pictured from left: David Long, Justin Dennis and Ed Rowling out their deliveries

JOHN STEPS DOWN FROM ARTS FORUM AFTER 20 YEARS

By Christine Buckton, Chair of Wymondham Arts Forum

After steering the Wymondham Arts Forum from its inception in 2001 to the end of last year, John Wood decided that it was time for him to step back and let the very vibrant Committee tackle the next phase of assisting the attempt to secure funds to restore Beckett's Chapel, so that it can continue as an Arts Centre, holding exhibitions of local artists' work and workshops for aspiring arts and crafts people.

A small, socially distanced, gathering of the Committee took place on John and wife Kate's (pictured) lawn in lovely winter sunshine, to present to John a commemorative book of his achievements with the Arts Forum, and a picture (collagraph) by Kerry Buck of an Avocet.

A lovely bouquet was donated by Waitrose.

We are grateful to all members of the Arts Centre volunteers group and friends of the Art Forum for their contributions to John's book, and we look forward to the time when we can relaunch our exhibitions and regenerate Wymondham Words.



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LOVE WYMONDHAM LOVE EARTH

By Ian Maunder

Valentine's Day might be very different this year, but you can still find something romantic to share with your loved one in Wymondham. Although an evening out in a restaurant or pub might not be possible, at the time of writing several local hostellers are offering delicious takeaway meals. So stay home, dim the lights, get the candles out and enjoy a cosy romantic evening (with no washing up!).

Of course, if you're not tempted by this idea, there are other options.

For those who enjoy the outdoors, Wymondham has a lot to offer as you take your daily exercise: a peaceful stroll through the town to the Abbey, where you can experience beautiful sunsets, a meander across the nature reserve at Toll's Meadow, a walk down to the Lizard or through Kett's Park Wood or a gentle cycle ride along our local lanes.

Wherever you go, there's always something to see. Look out for rabbits, squirrels, deer, maybe a stoat and all manner of birds (perhaps a kingfisher if you're walking by the Tiffey). If you are outside on a clear evening, try to find an area free from too much light pollution and go stargazing; marvel at the wonders of the universe and think how lucky we are to live in such a lovely place on our unique planet.



The Campaign for the Protection of Rural England is holding a Star Count this month to reconnect people across the country with the wonder of a truly dark sky. It will take place from Saturday 6th to Sunday 14th February, [click here](#) for more information.

In nature, romance is also in the air, judging by the birdsong and activity in the trees and hedges along the roadside and in parks and gardens. Also in the garden, the promise of spring is beginning to show as bulbs push up their shoots and buds appear on the trees and bushes. These are the same trees and plants that Earth needs to help it to sustain life, so don't just love Wymondham, love our planet. It's the only one we've got and now it needs all the love we can give it to keep it healthy enough for life as we know it to continue.

So, just for a while, consider the effects of your actions, think what you can do to help. Relax and concentrate on the simple pleasures in life; you'll feel better for it and so will those you love.

CAN YOU HOST A VIRTUAL CUPPA FOR BIG C?

Norfolk and Waveney cancer charity, Big C, is asking local people to host a virtual Big Cuppa coffee morning or tea party with friends, family or colleagues to raise money for those in our community affected by cancer. The event will be held on World Cancer Day, which is **Thursday 4th February**.

Tom Holmes, Events and Engagement Manager at Big C said: "The flavour of our Big Cuppa 2021 will be in striking contrast to last year's event which was held just before news of coronavirus first began to emerge. Last year we had places like Virgin Money Lounge, the hospital, our Big C shops and our centres hosting in-person Big Cuppa events. This year of course, things need to be very different, but we are hoping lots of local people will still take part and host a Big Cuppa in the safety of our own homes.

"We've seen some great virtual dinner parties taking place since lockdown 3 was announced and we'd like to take that one step further with a fantastic virtual community event, all in a very good cause."

Since the outbreak of the pandemic, Big C moved swiftly to transfer all support services online and over the telephone, to ensure ongoing vital support for those facing cancer and their families, in such challenging times. In addition to this increase in demand for their services, Big C has experienced a sharp drop in income from closure of the shops and cancellation of fundraising events.

Head of Fundraising at Big C, Carole Slaughter, said: "These are challenging times for the charitable sector and we would be very appreciative to anyone who decides to hold a virtual Big Cuppa for us this year. Every donation really does make a difference to the work we do in supporting those that need us."

It's easy to sign up to host a Big Cuppa. Simply set up your video call, grab your favourite mug and enjoy a natter. Ask those taking part to donate to Big C online or donate £5 via text, to 70970. Visit <https://fundraise.big-c.co.uk/event/big-cuppa-for-world-cancer-day/> for more information.



LEISURE CENTRES OFFER FREE ONLINE MEMBERSHIP

South Norfolk Council's leisure centres are offering free online gym membership until 1st March, allowing members access to more than 30 live streamed classes and more than 60 on demand classes.

By signing up to Your Home Workout, members can try a range of professional classes, from energetic Dance Fit, Body Pump and High Intensity Interval Training to Yoga and Pilates, free of charge, and then for just £10 a month after 1 March.

An online class timetable, for those wanting to join in live, is on the South Norfolk Council website – search 'Your Home Workout' from the homepage to view it and see what you'd like to try.

"Our leisure centres may be closed but you don't have to miss out on keeping fit and healthy. By signing up to Your Home Workout, you can join in with our workouts at home either live or at a time that suits you," said Councillor Alison Thomas, Portfolio Holder for Customer Focus.

If you need any further information, email onlineclasses@s-norfolk.gov.uk.

*Thank you from
Wood Avens Way*

Drum roll please. Thanks to your amazing generosity the Wood Avens Way 2020 Christmas Lights Display raised an incredible £6,279 for the Priscilla Bacon Lodge Hospice Fund.

The now infamous display was in its 17th year. The residents say: "We are all stunned by the generosity shown by our visitors in what was a difficult year and in times that we know may continue to be hard for so many."

"The hospice are absolutely delighted with this boost to their fund raising. Thank you so much for your support, we couldn't do it without you."



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RADIO WYMONDHAM

In at the deep end...

Volunteers at Radio Wymondham have been busy since the new year began as they've been getting to grips with new technology. "We took a decision late last year to make a fairly substantial investment in upgrading our computerised radio station technology," says Anthony Woods, Chair and Station Manager of Radio Wymondham, a not-for-profit Community Interest Company.

"Our new system, called 'PlayOut One', is a much more complete and professional system than the one we were using previously, and enables us to bring our computer power 'in-house' rather than being reliant on a third-party supplier to run things for us," says Anthony.

"Of a course, any new system requires those who are going to be using it to be trained, and that has provided its own challenges during the pandemic, but we've had some online learning sessions and I've produced a number of training videos. One of the big advantages of our new system, especially in the current climate, is that it's geared to presenters being able to create programmes from their own homes, providing that they've got a computer or laptop and a microphone, and so they can stay safe indoors without necessarily having to come in to the Radio Wymondham studio to present their shows."

Switchover Day from Radio Wymondham's old system to the new one was set for a Sunday in early January, and it was volunteer DJ Peter Ireland who was the first to use it to present his live show 'On A Wym' (Sundays at 4pm).



Peter takes up the story: "I was preparing to start my show in the usual way (checking sound levels, loading up songs, having a cuppa, etc.) when the station manager informed me that the new system was about to go live!

"A few technical set-up tweaks later and suddenly, and unexpectedly, I was on the air with this unfamiliar

screen in front of me. Despite having done all the training and had a play around with the system in 'demonstration mode', there I was live on air with my usual confidence slowly evaporating and everything that I'd learnt seemingly deciding to go AWOL from my mind!

"It was then that my fellow presenters started messaging their support and thanking me for being the guinea pig. With their kind words and support I soon began to gather my composure and get myself into the area of confidence you perhaps need anyway to be able to talk into a microphone in an otherwise empty room without openly questioning

your sanity!

"The next two hours of broadcasting passed by relatively uneventfully, apart from a couple of minor mistakes, but sometimes I think that mistakes can be more entertaining than a polished production. I've passed on what I had done wrong so that hopefully we can all learn as a team," continues Peter. "The new system allows Radio Wymondham to have a more professional feel, especially as we now have 'top of the hour' news bulletins for much of the day."

If you'd like to join Radio Wymondham's volunteer team of presenters, or help out in the background with social media posts, programme ideas, computer systems, and maybe outside events, when that's allowed once again, then get in touch at info@radiowymondham.com. That's also the email address to use if you've got local news or information that you'd like included on-air. You'll find full details of how to listen to the station and a full programme schedule on the website at www.radiowymondham.com.

Join in Radio Wymondham's fun Valentine's competition!

Competition time! At Radio Wymondham they love a bit of cheesey music from time to time. So they're now looking for the 'cheesiest' romantic couple to win a Valentine's Day Couples Fancy Dress Competition!

To enter, have some lockdown fun and get kitted out in fancy dress with your better half. Send them a photo (one that you're both happy to share publicly of course) and get it displayed across Radio Wymondham's Facebook pages. The couple with the most 'likes' will win a £25 Amazon voucher, and all couples who enter will get a Valentine's Day shout-out on air and can have a song request played as well.

To enter, send the photo via a Facebook direct message, via email or via their website. All photos must be submitted by midnight on Friday 12th February, and Radio Wymondham we will then post all the submitted pictures on their Facebook page from 12noon the following day. You'll have 24 hours to share like crazy and get all the likes you can! The winner will be decided at 12noon on Valentine's Day itself and announced live on air.

So get dressing up and get sending those pictures - the more cheesily romantic the better!



FREE PRINTING OFFER FOR PARENTS

Money Properties estate agent has been offering free printing services for parents having to home-school their children during lockdown.

Mick Money told *Wymondham Magazine*: "Ever since we have been in business, 17 years now, we have always tried to support the children in our local community. Whether it's sponsoring a children's football team or a school trip or even a school event we have always tried to help. Every Christmas we do something - this Christmas we did a Grinch who stole Christmas wordsearch around Wymondham and Attleborough, with children looking in the shop windows to find the magic letter. Once collected they had to write the magic word WHOVILLE to win a prize.

"A lot of parents must be under tremendous pressure at the moment with home schooling and haven't got access to certain types of technology such as printers. And if they have the cost of printer cartridges are astronomical. We have three machines that have the capability of printing large amounts quickly and efficiently. Our post on social media has reached over 16,000 parents so far and has been shared by over 100. We are extremely busy but we will do what we can to help.

"Since we started to offer this facility there are others who have followed our lead. The idea actually came from my son's girlfriend Amy, who is a primary school teacher so understands how hard it is for parents at the moment.

"If you live in Wymondham and surrounding villages email your school work to post@moneyproperties.co.uk. If you live in Attleborough and surrounding villages email your school work to info@moneyproperties.co.uk. This is strictly for school work only, as we have already been inundated."

LOCAL TEENAGER RUNS MARATHON FOR MIND

16-year-old Jack Bartle completed a 26.2 mile run on New Year's Eve for mental health charity MIND. Setting off from his home in Spooner Row, his run took him through Attleborough, Wymondham and Hethersett, accompanied by his dad Andrew on his bike.

Jack, who attends Wymondham College sixth form and is pictured below with sister Charlotte, mum Heidi and dad Andrew, completed the marathon in the amazing time of three hours, 19 minutes, 23 seconds, and to date has raised over £1,300.




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Talking all things photography

Wymondham Photographic Society prides itself on being a friendly group of people who enjoy taking photographs. So, if you're looking for a new hobby why not join them?

You don't have to be a proficient photographer, nor do you need a dedicated camera system - many wonderful photographs have been taken with a 'phone' camera. Normally meetings are held at The Dell Bowls Club, but due to Covid they are currently holding weekly meetings on Zoom. They have a full programme of interesting talks, where members, if they wish, can enter competitions, and are always happy to give advice.



For further information visit www.wymondham-ps.org.uk, or email enquiries@wymondham-ps.org.uk

IMPROVING THE TOWN CENTRE

South Norfolk and Broadland Council have engaged Ingham Pinnock Associates - Urban Flow specialists - to identify improvements that would benefit the town centre. The study will include parking and traffic issues, street paving and furniture. There will be consultations residents and businesses to find out what people think and create input towards proposals for discussion.

Early indications from businesses in the town are that the recent Covid Safe temporary improvements are supported, including making Fairland Street one way, the planters and the pavement café area near the Market Cross.

BURGLAR BLUES

A poem by Lisa Townsend

Pity the poor burglars
As down the streets they roam
It really must be hard for them
Now that we're all at home

No solitary hall light
Left on to say we're out
No keys left under doormats
Now everyone's about

There may be windows open
To let fresh air within
But there could be an owner
Armed with a rolling pin

The night-time was the right time
Until the virus struck
Now people are awake all hours
It really is bad luck

This nationwide pandemic
Must surely cause them trouble
Perhaps they could be furloughed
Or form a sort of bubble

Are they classed as front-line workers
As they enter our abodes?
The only place they should be
Includes the penal code

Their PPE is standard
It's all part of the job
The mask and gloves essential
As they set out to rob

So basically a thief's lot
Is not a happy one
No shops or homes to steal from
It can't be any fun

They must be feeling bored now
The future's not so bright
There's just one thing to say now
It really serves them right!

Queens Head launches new takeaway service

The Queen's Head pub on Bridewell Street has launched a new takeaway service on Fridays and Saturdays from 4.30pm to 8.30pm.

Proprietor Victoria Anderson told *Wymondham Magazine*: "You can order through our app or by clicking the link on our website or social media pages. Any queries people can email me at bookings@queensheadnorfolk.co.uk and I can help them through it.



"Most of our items are homemade which is why it tastes so fresh and delicious. We have had some fantastic feedback. This is a life-line for us, the hospitality industry is in a dire situation. Unfortunately the money we get from local authority doesn't even cover half of our overheads.

"It's so lovely to be back serving customers and seeing the lovely food come out of the kitchen. I would like to thank everyone who has ordered so far it means so much."

DONATIONS BRIGHTEN ROBERT KETT COURT'S CHRISTMAS

Robert Kett Court residents had their Christmas brightened by donations of cards and goodies from around 30 local children and adults over the festive season.

Town Councillor Annette James organised the collection and was touched by the kindness and generosity shown: "Some of the residents, like my dad, have not been off the premises since March last year. They can't socialise much and some are getting a bit lonely and depressed. I just wanted to brighten their day a little and I am so grateful to every one who took the trouble to contribute some very beautiful handmade cards, drawings and treats."



Local youngster Logan Baker, aged six, and his four cousins Samuel, Connor, Jack and Brooklyn Selwood, not only made cards. They pooled their pocket money to buy some seasonal treats for the residents - an act of kindness that really made a difference. The boys are now hoping to keep in touch with residents on a regular basis.

"They really are very thoughtful youngsters and their parents are rightfully very proud of them," commented Annette.

COVID VACCINATION UPDATE - WYMONDHAM MEDICAL PARTNERSHIP

By Dr Julie Glenn, Senior Partner



How is our practice taking part in the Covid vaccination programme?

In order to give Covid vaccines to their patients, practices have to work as part of a Primary Care Network (PCN) and deliver the vaccines from one dedicated site. Our practice is part of Kett's Oak Network which also includes Windmill Surgery, Humbleyard Practices and Hingham Practice. The vaccines that we are giving are both the Pfizer and the Oxford AstraZeneca ones, with a second dose currently planned for 12 weeks after the first dose.

Why do I have to go to Cringleford Surgery for my vaccine?

We are only able to have one approved site per PCN and there is a huge amount of equipment and approval needed for a site to be a registered vaccination site. As Humbleyard Practice has three sites, our PCN practices were able to offer up Cringleford Surgery as a site that can be used solely as a vaccination hub, allowing Wymondham Medical Centre, and the other PCN practices, to carry on offering a normal service to our patients from our own practices, while members of our team are also helping to organise and deliver the vaccine programme from Cringleford Surgery for our patients.

It does mean that patients have to travel to Cringleford for their vaccines but you will see many members of our team there helping to deliver this and we are very pleased to have had lots of praise from patients who have gone for a vaccine there for the service that we are offering.

Why can't the vaccine be moved to my own practice and given from there?

We know and are sorry that it is difficult for some patients to travel but the Pfizer vaccine can't ever be moved between surgeries which is why we have to deliver it from one site across the practices.

The Oxford AstraZeneca vaccine can be moved in small numbers, but only with special permission and only for care homes, housebound and shielding patients - so although we are able to offer vaccines in Wymondham to these few individuals, we are not allowed to offer vaccines here to any other patients and we thank you for your understanding with this.

How many vaccines have been given so far?

I am very pleased to report that we have vaccinated almost 3,000 patients over 80-year-old patients across the four practices and almost all Wymondham Medical Practice patients in this age group have now been offered or given a vaccine. We still have a few housebound patients who have not been contacted but we will be contacting them this week. We have now started vaccinating patients in the 70-75 and 75-80 year age groups and if you have not been contacted by us yet, you will be contacted in the next week or two as we are well on the way to achieving the government target of offering a vaccine to all of our patients over 70 as well as all our adult shielding patients, before the middle of February.

What should I do if I am offered a vaccine at Castle Mall or another Mass Vaccination site?

If you receive an invite from another site, you are very welcome to book an appointment there - please be aware that you will also be expected to attend there for your second appointment. If you have not heard from us already, and prefer to wait, then as long as we are provided with our anticipated vaccine supply, we will be contacting everyone with an offer of a vaccine, who is over 70 years old or an adult in a shielding group, before the middle of February.

Everyone has worked fantastically well as a team to make sure all our local area can be vaccinated as soon as possible and we send a huge thankyou to all our wonderful staff.

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WINDMILL RESIDENTS RECEIVE SPECIAL VISITORS

Windmill House residential home recently featured on ITV after Ali Stearn and her Shetland Pony Jack Brock came to visit the residents, adhering to Covid visiting restrictions. Ali and Jack are raising the profile of their Just Giving fundraising page for Dementia UK. Their visit coincided the day after the residents and staff received their first Covid vaccines.



Wellbeing lead Fran Annis says: "After a difficult and challenging year, the visit was a very happy uplifting experience for staff and residents. We continue welcoming relatives visits using our cafe visiting pod

and look forward to the arrival of our second Covid vaccines to protect our wonderful residents and staff."

To celebrate Burns Night, the Wymondham community again pulled out all the stops, with local Alisdair McClymont playing his bag pipes for residents outside the front entrance and outside the conservatory.

Fran adds: "It brought back lots of happy memories - residents enjoyed wearing Scottish hats, had a themed lunch and enjoyed Scottish themed games. Children at neighbouring Browick School also enjoyed watching and clapped their appreciation from their playground!"

Windmill House also recently received a card from Lady Dannatt MBE, HM Lord Lieutenant Of Norfolk, thanking staff for their dedication, innovation, courage and selflessness shown in the county during the Covid pandemic.

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In brief...

CAVICK FARM CATCH-UP

If you missed Wymondham's own Cavick House Farm and their Charollais sheep on the new BBC series of The Farmers Country Showdown, it is available to watch on iplayer [here](#).



Their Hen House cafe has now re-opened for takeaways from Wednesday to Saturday, 10.30am to 2pm, and their self-service Egg Shed is open Monday to Saturdays, 8.30am to 8pm.

METHODIST CHURCH SERVICE ON ZOOM

Wymondham Methodist Church is currently holding its Sunday service via Zoom at 10.30am. For joining details contact tgc.2016@outlook.com or go to www.facebook.com/HMWMethodistChurches to send a message. The church is also producing 'Thought for the Week' videos online with Rev Steve Cullis. The video is available each Sunday from 7am on YouTube at www.youtube.com/channel/UCIXB5UpkTV7o8Xfh27Gox8w/featured

CAN YOU HELP KETT'S BOOKS?

The team at Kett's Books are interested in how easy their customers find it to use their website. They are looking for 12 people aged 16+ to answer some questions. If you're interested in taking part, email Julian Blackmore at plusnoiro2@hotmail.co.uk.

FREE ART CLASSES FOR KIDS



stART Studio is running free live art classes for children of all ages every Wednesday at 1pm. The classes are then put onto Instagram and their new Youtube channel for people to do later. Look out for free adult classes coming soon.

stART also has new kits to keep everyone busy during the lockdown, available at www.start-studio.co.uk. The Art Party at Home kits are perfect for children's lockdown birthdays and the option of a Zoom art class can also be added.

JIMI LANDS BBC RADIO SPOT

Wymondham's own Jimi Wei Tang has been offered a regular spot on BBC Three Counties radio alongside Justin Dealey on the last Saturday of the month, starting tomorrow (30th January) from 10.15am. Nine-year-old Jimi can now claim to be the BBC's youngest co-presenter - two years on from making his debut on Radio Wymondham!

£3 MILLION AVAILABLE FOR LOCAL BUSINESSES

Fresh funding is now available to local businesses through a second phase of discretionary business grants administered by South Norfolk and Broadland District Council. The Additional Restrictions Grant will help hundreds of local businesses in South Norfolk and Broadland that have so far not been able to access any other COVID-19 financial support. To find out more visit www.south-norfolk.gov.uk/business-support

CODE CLUB ONLINE TASTER SESSIONS

During February half term Norfolk Library Services will be hosting daily coding taster sessions on Zoom. The hour-long sessions are aimed at eight to 11-year-olds, and will give young people with no previous experience a chance to try out Scratch coding to create a simple game.

Sessions include Code A Rock Band - learn how to code your own musical instruments, and Lost In Space - learn how to program your own space animation

Sessions are free and must be booking in advance by emailing libraries.iconnect@norfolk.gov.uk.

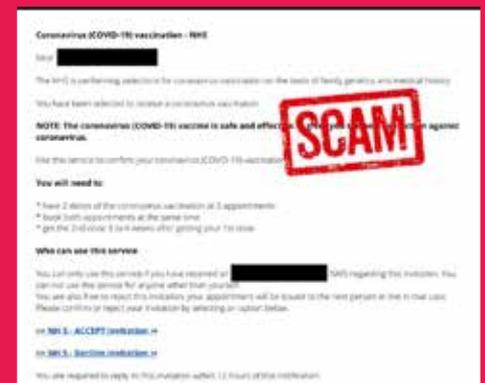
WARNING OVER 'NHS SCAM' VACCINE EMAIL

Suffolk Trading Standards have warned of a scam email purporting to invite people for an NHS vaccination. Links within the email take you to a website that asks for financial details to pay for the vaccine.

DO NOT CLICK ON THE LINK!

The NHS will never ask for payment - the vaccine is free - and never ask for your bank details.

If you get this email, please forward it to the National Cyber Security Centre's Suspicious Email Reporting Service (SERS) at report@phishing.gov.uk



WYMONDHAM HERITAGE SOCIETY NEWS AND AGM

Report by Philip Yaxley

Although the pandemic had meant Wymondham Heritage Society members have not been able to enjoy the usual monthly talks and the museum had been closed since last March, the committees have been active. Museum committee members have been engaged in enhancing some displays, while maintenance work has been undertaken and attention given to new signage on the front of the building. Anne and Adrian Hoare, together with myself, have been dealing with enquiries about aspects of Wymondham's past emailed to the museum, two recent ones being from Australia and New Zealand.

The executive committee have held several meetings online via Zoom and the 33rd Annual General Meeting was also held online with the Agenda and Reports having been published in the winter newsletter. The AGM was open for a month to enable members to submit any comments and to vote for the executive committee for 2021. Mike Foyle, the president, welcomed members to the AGM and thanked Kevin Hurn and Doug Underwood, chairman and vice-chairman respectively, for their input and said it was proposed that they remain in their roles for another year.

Chairing the meeting, Kevin pointed out that the society had been fortunate to receive a grant from South Norfolk Council to help offset the museum's loss of income, but he said: "What this does not atone for is the loss of social interaction and visitors enjoying their time at the museum or the tea room." He commented that this was irreplaceable. However, he mentioned that time had been used during the closed season to formulate risk assessments which should allow the museum to reopen as soon as it is possible.

He also said that the monthly talks for the early months this year would be available via Zoom and Pauline Clarke, programme secretary, announced that in this format on **Thursday 25th February** Georgette Vale will speak on Wymondham Walks, while on **Thursday 25th March** Matt Williams will give a talk with the intriguing title 'From subterranean Norwich to highland Wymondham'. Sue Edes, membership secretary, said that 2020 subscriptions will cover membership for this year, though any donations would be welcome. For anyone wishing to join the society single membership is £14 with family membership £20 and Sue can be contacted by email on suewhs@btinternet.com.

Giving the museum committee report, Amanda Oelrichs said the museum had only been able to open for 15 days before it had to close, but she thanked all the volunteers and those who man the tearoom, all of whom had been ready for a full season. She also thanked the museum's management committee and those who have been busy working on the displays and tidying while the museum has been closed. There had been a number of financial donations, while some objects had been received, among them an 1866 silver and horn cup from the 21st (Wymondham) Norfolk Rifle Volunteers.

It was learnt that Michael Armstrong, who passed

away recently, had left his collection of Regal Cinema memorabilia to the museum. When the museum reopens there will be a new Window Shopping display featuring the Damgate Stores in the 1930s and the Little Dustpan in Town Green. Old favourites 'Wymondham Firefighters', 'Wymondham Women in World War One' and 'Lost Pubs of Wymondham' will remain. A new display centred round a Crime and Punishment project being undertaken by students will be in the dungeon.

Richard Fowle reported that when the history committee could no longer meet members continued to work on their projects at home. Mary Garner has finished transcribing the late 19th century diary of Henry Cushing and is considering how best to present it in the form of a book. Mark Phillips is still working on houses outside the town centre which were there prior to World War One, while John Hearne's project is to find out what was going on in Wymondham in each 20s decade from 1420 onwards. Richard Fowle is compiling a data base of businesses in the town centre area from the present day going back as far as possible.

Reporting on the environment Janis Raynsford said that last year the society had commented on a number of planning applications. One was a proposed application for five dwellings on land adjacent to the Cemetery Lane car park, which was referred to South Norfolk Council as it was understood that the land had not been allocated for housing or any other use. It is outside the Development Boundary for Wymondham and in a conservation area. Any development here could affect nearby Tolls Meadow in conservation terms and any plans for Tiffey Riverside Access when the old saleground is developed. The society wrote to both George Freeman MP and South Norfolk Council with concerns that in the government's White Paper the statutory requirement for councils to publicise planning applications in local newspapers was to be removed. George Freeman is concerned with the reforms proposed in the government's changes to the current planning system and has submitted a full submission to the consultation and it is thought the government is re-thinking parts of the White Paper. Janis reminded members to remain vigilant to planning applications and if they had any comments submit them.

Updating members on the 200 Club, which she manages with Kevin Hurn and Jennifer Cawte, Sue Edes said they were pleased to be able to present the museum with a cheque for £2,000 towards future projects. Since October 2012 the 200 Club has raised £19,500 for the museum. There are several draw numbers still available and new members are welcome.

The present executive committee were re-elected en bloc and are: chairman Kevin Hurn, vice-chairman Doug Underwood, secretary Janis Raynsford, museum committee chair Amanda Oelrichs, history committee chair Richard Fowle, environment committee chair Janis Raynsford, membership secretary Sue Edes, programme secretary Pauline Clarke, publicity officer Philip Yaxley and members' representative Bob Linnell.



You may have heard the term 'carbon footprint' bandied about and wondered what it means and how it applies to you. Your personal carbon footprint is an estimate of the annual amount of greenhouse gas emissions that result from your activities.

There are several greenhouse gases, the main one being carbon dioxide, which is released when we burn fossil fuels (coal, oil, gas). Other important and more potent gases include methane, mostly from agriculture and landfill sites, and nitrous oxide, from industrial processes and farming. Because of their different impacts, to simplify we express the carbon footprint in terms of the carbon dioxide equivalent.

Why does this matter?

Greenhouse gases produced by human activities trap radiation from the sun and heat up our planet. This leads to global warming, changes in wind patterns and extreme weather events such as flooding. This is known as human-made climate change. Scientists are telling us we need to get to 'net zero' by 2030. The UK Government has made a commitment to reduce carbon emissions to zero by 2050. Government policy needs to consider this in all decision-making, businesses need to operate sustainably but what can the individual do?

What can you do?

There are lots of things you can do to reduce your carbon footprint. Some of them will also save you some money. Before you start, try using a carbon calculator such as:

- [Giki Zero carbon calculator](#)
- [WWF carbon calculator](#)
- [Carbon Independent carbon calculator](#)

Try reducing your carbon footprint by taking your everyday carbon emissions into consideration. Almost everything you do releases some carbon into the atmosphere, but the amount depends on a huge number of factors. This means that you can increase or decrease your carbon footprint with your everyday choices. The food you buy has a carbon footprint attached to it. This is because it requires machinery and resources to grow, harvest, package and transport it to where you bought it from. When you cook that food, this adds even more to its carbon footprint.

By buying local produce, you can reduce your food's carbon footprint. If you choose to buy organic, then no chemicals will be used in its production reducing resources used further, thus lowering the overall carbon footprint. What you're eating also makes a big difference, as vegetarian and vegan diets have much smaller carbon footprints than

consuming meat or other animal products – even going one or two days a week without meat can make a real difference. Finally, using 100% renewable electricity to cook your food can really help to get your carbon footprint down.

Making these simple changes can make a huge difference. If everyone started to apply this thinking to everything they did, the impact could be massive.

Three big wins:

- Reduce meat and dairy consumption
- Change your energy supplier to one that uses 100% renewable energy
- Divest your financial products (savings, ISAs, pensions) to fossil fuel-free providers

Three simple wins:

- Turn your thermostat down by 1°C
- Walk or cycle for short journeys rather than drive
- Reduce your food waste

What can you do in Wymondham?

Support local independent shops and businesses. Walk or cycle to the local shops. Buy local produce from the market or farmers' market. Buy organic if you can as it reduces the need for fertilisers. Chat to your family and friends to see how they are doing with reducing their carbon footprint.

Star Throwers Writing for Wellbeing Group
(currently via Zoom online due to Covid-19 restrictions)
Thursdays (monthly) 12pm – 1pm (starting 15th April 2021)
Jacqui Empson-High

These sessions are open to all patients, relatives, carers, volunteers and staff at Star Throwers. It is a safe, supportive, confidential place where you can write/talk about anything that you wish.

There are no critiques of your writing. You don't have to share anything if you do not wish to. You are in control. If you do not wish to take part in any exercise that is fine, you don't have to write if you do not want to. If things feel too much just put the pen down and close the notebook.

If you just wonder what it is all about then just come along for a session to try it out. You will be very welcome.

Jacqui is a qualified Person-Centred counsellor, supervisor and poet who has worked at Star Throwers for over five years in addition to running a private practice and facilitating writing for wellbeing groups and workshops.

Find out more: info@starthrowers.org.uk or call 07904 670826.

Star Throwers
- Holistic Cancer Support Charity



Tales from the POTTING SHED

Hello Ole Partners. There are a few things you can do in your garden in the dark and often wet month of February as we eagerly wait for spring to arrive.

- Deadhead winter pansies so seed doesn't set. This will encourage a flush of new flowers as the weather warms up
- Give your garden tools the once over – clean, oil, repair as needed so they are ready for the coming season. Check terracotta pots for frost damage
- If the ground isn't frozen dig up perennial weeds now so you have a head start on the little blighters!
- You can start preparing your veg plots – remove any old season plant debris, fork over, start working in some manure
- Chit your early potatoes. Stand the seed potatoes on end in an egg box and place them in a bright, cool, frost-free place so they grow shoots in readiness to plant
- Houseplants: don't overwater them. This time of year they need very little. Every three to four weeks should be enough – check the soil for moistness first

Last time I told you about the extreme snows of 1947. This month I've decided to tell you about the equally harsh Big Freeze, as it became known, of 1963. The little bit of snow we had this January doesn't even come close to matching what those winters were like. Even the 'Beast from the East' in 2018 cannot be compared.

The Winter started as normal but snowfalls suddenly increased just after Christmas 1962 until many deep drifts formed, blocking roads. Blizzards driven by easterly gale force winds continued throughout January and February.

Fortunately, most of the big builders and contractors possessed mechanical diggers by now. Those were brought out and one man on a digger achieved what a small army of men took to do in 1947. Someone in Bunwell had the bright idea of fixing a large bulldozer blade at an angle to the front of a heavy lorry. This drove round as an improvised snow plough to keep the bus routes open. Many farmers brought out by now redundant horse drawn snow ploughs and attached them to their tractors so they could be used to keep roads and tracks open.

The temperature dropped to well below 0° and it became difficult to move around outside. Rivers froze over again and if I recall correctly somewhere near Thetford recorded the lowest Norfolk temperature of -19°C or -20°C in late January. People were skating on rivers like the Waveney and Oulton Broad and I remember reading in the paper that someone had driven a car across the Thames! I think this was one of the coldest winters on record. Previously unheard of, the water supply from the mains to many Bunwell houses (and in other villages) froze up underground! Fortunately, my supply remained unaffected and I was able to give friends and neighbours much needed fresh water. The Water Board were quick to act and tankers came to



Colkirk Hill in '63, by Peter Thatcher

the affected areas.

It was impossible to dry washing outside. Anything hung up outside quickly looked as if it was made of cast iron. No tumble dryers then and we had no central heating either, just coal fires and a Rayburn in the kitchen. My wife Sheila was not happy at having to dry every thing indoors on a line in the kitchen and I had a fair bit of moaning to put up with!

I was a shepherd at Shrubbery Farm in Carleton Rode with a large flock of sheep to care for. I well remember the haste I made to get new born lambs under cover before they froze to death. We lost a fair few ewes that year and several lambs had to be hand reared to keep them alive after their mothers died.

Wildlife suffered badly that year. Rabbits were forced to eat shoots from hedges protruding above deep snow drifts. Wild birds fared a little better by nicking the food gamekeepers put out for their pheasants and partridges. Sadly, though, many birds and animals died in the sub zero temperatures.

When the thaw came, in early March, it set in slowly. With a few exceptions the melt waters drained away safely and we were spared the floods of '47. The summer, unlike in '47, proceeded with mainly fair weather which meant corn crops stood and the harvest proceeded in the normal manner.

With this here climate change and global warming going on you youngsters may not see winters like those I remember, though flooding does seem to be an increasing problem. Perhaps you all need to keep a canoe in your garages, just in case.

Owen

Robert Kett Court resident Owen James, 95, is a true 'Broad Norfolk' speaking character. Once a resident of Bunwell Street, he now runs a residents' gardening club at RKC with help from his Wymondham town councillor daughter Annette.

An update from

Star Throwers

Holistic Cancer Support Charity



By Victoria Pigg, www.starthrowers.org.uk

We would like to say a big thank you to several supporters who have donated to us in the past few months: Mia Emmett who raised a fantastic £216.68 by making and selling Christmas decorations, J.R. Arboriculture who raised over £350 from chipping Christmas trees, Be Planet Kind who donated £64 as a percentage of Christmas sales, H.Young Structures who donated £800 and Tracey from Inspired Flower Designs for helping us raised over £1000 from our Christmas raffle.

We are delighted to bring another remote service support service for cancer patients and carers – our 'Writing For Wellbeing' group is a monthly therapeutic online writing group which will start on Thursday 15th April. We are incredibly grateful to the Wymondham Rotary Satellite Group who supported our counsellor to attend an online course to be able to deliver this remote service for us.

Our support is free of charge and open to all those affected by cancer, to register as a new patient or to book an online or phone appointment with our Nurse please call 01953 423304, email info@starthrowers.org.uk or visit our website to fill in our simple online form: www.starthrowers.org.uk/about-us/contact-us/

Whilst our shop in Wymondham is closed again due to the latest lockdown restrictions please don't forget to take a look at our Star Throwers ebay shop, we have a huge selection of items available and new items added regularly: www.ebay.co.uk/str/starthrowers. We are also adding several 'Click and Collect' items to our facebook page: www.facebook.com/StarThrowers – all items are available to collect from our centre in Wymondham.

Star Throwers Skydive Day 2021

Are you looking for a new challenge in 2021? Our annual Skydive Day will take place on Sunday 27th June - raise a minimum of £315 (and pay a deposit of £50) and your skydive will be FREE!

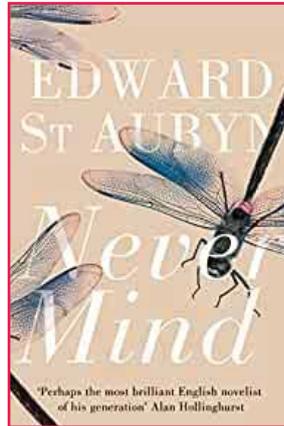
Contact us if you would like to take part and if you are unable to make this date you can book to skydive at other dates throughout the year.

To find out more about how Star Throwers supports people affected by cancer visit www.starthrowers.org.uk, email info@starthrowers.org.uk or call 01953 423304.

By Freddy Lowe

BOOK REVIEW

Never Mind By Edward St Aubyn



Book 1 of the Patrick Melrose Series

Edward St Aubyn was born in 1960 in London, to an upper-class family. Moving between houses in England and France throughout his childhood, from the ages of five to eight he was repeatedly sexually abused by his father with no intervention by his mother. Despite achieving a place at Keble College, Oxford to read English, his experience was unfortunately hampered by severe heroin addiction, resulting in him

entering psychotherapy at the age of 25. 21 years later, *Mother's Milk* – book four of his semi-autobiographical five-part Patrick Melrose series – was nominated for the Man Booker Prize and made the shortlist. Alan Hollinghurst named him, "perhaps the most brilliant English novelist of his generation" as the series continued to gain fame. David Sexton of the Evening Standard claimed that his work was one of the "major achievements of contemporary British fiction. Stingingly well-written and exhilaratingly funny." In 2018, Benedict Cumberbatch starred in the Sky TV series adapting all five books.

The Patrick Melrose series begins with *Never Mind*, sitting at an inviting length of just 135 pages with refreshingly sizeable font. We meet Patrick, aged five, living under the tyrannical rule of his domineering, sadistic father, and the neglect of his submissive, neurotic, pill-popping mother. The novel chronicles an incident of child rape and the effect this has on him in his childhood, whilst the adults around him are blissfully – and gratefully – unaware.

Edward St Aubyn nonetheless demonstrates his skill as a successfully balanced writer: for whilst this book does contain dark and disturbing subject matter, it is also utterly hilarious. The novel follows a host of upper-class characters who are either obnoxious, snobbish, or both (St. Aubyn's affectionate but unflattering critique of the circumstances in which he himself grew up) and continually impress the reader with how ignorant they are to what is happening between Patrick, his father David, and David's wife. St Aubyn packs a lot of wit into the surprisingly short page count, and – despite being very slow-paced – manages to write in a way that is engaging throughout, never allowing the leisurely pace to slip into the dangerous territory of 'boring'.

Granted, it is clear throughout that *Never Mind* is book 1 of a series. Like all brilliant openings, it leaves you feeling like you and the author have unfinished business – and hungry for more. Additionally, as the novel is clearly semi-autobiographical, it blurs the line between fiction and reality. It acts as a testament to how we can all conquer the demons from our past and come out stronger, no matter how long it takes.

From my perspective

By Councillor Suzanne Nuri-Nixon

Like the recent snow that fell on Wymondham, we had another sort of flurry at Town Council in January. Three councillors resigned, one from each group on the Council, and for varying reasons.

Cllrs Dave Roberts, Wednesday Batchelor and Jack Hornby have now parted company with the Wymondham Council and I wish them all the best.

It means of course that currently there are three vacancies and at the time of writing, the election to fill those vacancies will be held in May. Ordinarily we would have had by-elections to fill the three positions. But because we are so close to the County and Police & Crime Commissioner elections (due 6th May), it is more prudent to have all the polls on the same day as the cost of holding a by-election runs into thousands.

I have heard of various people wanting to step up and stand for election for what can seem as times a pretty thankless role. There is no money or payment in being a Town Councillor, it is purely a voluntary role. It does however mean a commitment to serve local residents, representing them at full Council meetings and the various sub-committees where work is carried out. This is in addition to case-work which is dealing with residents' enquiries on a range of topics from local flooding to planning issues, environmental concerns to a broken fence. As mentioned previously it is sometimes undertaking detective work to find out which council is responsible for area of concern.

Being a councillor is not about missing meetings, staying silent at meetings, failure to engage with your constituents or ignoring emails. As the local Council, we have statutory obligations which must be met, funds which need to be managed and a workforce to look after.

Anyone who is considering standing for election as a councillor should recognise the commitment needed for this voluntary role and believe they will do it justice.

Many parish councils struggle to find enough people to sit on their councils. Thankfully in Wymondham we have a long standing record of contested elections so people are not just co-opted on, they need to want to be councillors.

So I look forward to these elections and to welcoming three new colleagues. I don't know who they will be but I hope whoever they are, they will serve the people of Wymondham, put our town first and be open to working together as one Council.

Click this link regarding being a Councillor - www.local.gov.uk/stand-what-you-believe-be-councillor

MUSEUM PREPARES FOR REOPENING - WHEN IT CAN

By Neil Haverson:

Usually, this is the time of year when it's all systems go for the Wymondham Heritage Museum's committee. Putting the finishing touches to new displays, refreshing the old ones and sprucing up The Bridewell. Recruiting and training volunteers, stocking the tearoom and generally making sure everything is shipshape for the new season.

But, of course, this year is different. The museum closed in March last year and hasn't been able to welcome visitors since – and it could be some time before the doors are opened again.

Nevertheless, the committee has not been idle. At an online meeting in January, they took stock of what's been achieved to date.

Progress on the plans for the popular Lost Pubs of Wymondham display to be turned into a permanent exhibition was reported to be well in hand, updating the displays in some of the cabinets had been carried out and the gibbet, part of the postponed crime and punishment project, has been set up in the dungeon.

Good progress was made with the restoration of the town sign, until work was halted by the coronavirus restrictions. An ongoing discussion is taking place as to where to place the sign in the museum's gardens.

It was agreed that an innovative idea for visitors to access information about the displays on their smartphones should be pursued. Physical guides would still be available, but this scheme will reduce the need for handling the leaflets.

Of course, high on the agenda was reopening and what needs to be put in place to ensure the safety of both staff and visitors. If the Covid situation allows, Easter has been pencilled in as a working date to be ready to open when lockdown restrictions are lifted. But there is lots to do in advance. Perspex screens to keep the stewards on reception safe, a one-way system avoiding the pinch points in the narrow corridors, handling cash and access to the tearoom. And, of course, provision of PPE, masks and hand sanitiser.

When restrictions are lifted the museum will be an ideal destination for people anxious to get out and about. When it had to close, the newly built shop displays had just been unveiled; the 1930s Damgate Stores and the late Victorian hardware shop, the Little Dustpan. These will be among the fascinating exhibitions awaiting visitors who want to explore the history of the town and its people.

IS A WILL RIGHT FOR ME?

Written by Elizabeth Atkinson, Private Client Executive at Spire Solicitors LLP

What is a Will?

A Will is a legal document which, if executed correctly, sets out how your estate should be handled once you have passed away. For example, it will provide for who inherits your money and belongings, who will be responsible for your children or pets and what you would like to happen at your funeral.

If you pass away without a Will, you will die intestate. This means that your estate will be distributed in accordance with legislation set out in the Administration of Estates Act 1925 ('AEA'), as amended by the Inheritance and Trustees' Powers Act 2014 ('ITPA') and this may not always be how you had originally intended your personal belongings to be divided or dealt with.

Below are some common issues which can be mitigated by having a valid Will in place.

Guardians

It is always considered important to have a Will, especially if you have a child under the age of 18. If you were to pass away and nobody else had parental rights to look after your child, then it is for the court to decide who should raise your child. This tends to be a close relative, but this might not necessarily be the person you would like to have parental responsibility over your child.

Whilst the court is deciding who should care for your child, they will be put in temporary care.

Creating a Will including a guardian clause means that you will be able to select the person(s) to raise your child if you were to pass away. It also enables you to make financial provisions for your child. For example, you may have put money aside or want your estate to be used to support your child through education, their career or travelling. You will be able to include a clause in your Will that would instruct your child's guardian to use that money for that specific reason.

Estranged parents

Many young people are unaware that if they pass away, their estate will pass to both their parents in equal shares. Whilst this might be perfectly acceptable for some people, it is not uncommon that at least one of the parents of young people are estranged from them. If you pass away and you have a parent that you are no longer in contact with, half of your estate will pass to them, if they can be located.

Young people may instead, want someone else to inherit their assets, and as such, a Will is necessary to achieve this aim.

Living with a partner but not Married or in a Civil Partnership

If you live with a partner who you are not Married to or in a Civil Partnership with, the partner will not automatically inherit your assets upon your death, save for when you hold Property together as Joint Tenants. Instead, your Estate will devolve to your children, if you have any, or your parents in equal shares if you do not have children.



Inherited or earned large sums of money

If during your lifetime you have either earned or inherited large sums of money, you again, may want discretion as to how this is distributed upon your death. If your inheritance or earnings has taken you above the Inheritance Tax threshold, you may wish to obtain advice as to how to mitigate Inheritance Tax liability upon your death. Measures for this can be included within your Will.

Funeral Wishes

By including a Funeral Wish clause in your Will, your family can ensure that you have the funeral that you would have wanted. For example, it is becoming increasingly popular to opt for Eco Burials and other arrangements that preserve the environment. People also have favourite writers or musicians that resonate with them and whose music, lyrics or poem they would like to be played or recited at their funeral.

Marriage

If you are married and had a Will before your marriage, it is important to know that your marriage revokes any previous Will. Therefore, you should consider creating a new Will so that your estate is distributed in accordance with your wishes upon your death.

Summary

If any of these common occurrences relate to you and you would like to complete a Will, please get in contact with one of our dedicated Private Client teams spanning across seven different offices in Norfolk.



Outstanding advice & legal expertise for the region



WHAT'S ON?

Saturday 30th January

The Hedge At Home
8pm, by Rob Duhig, with guest Becca Hazel (from Norwich)
www.facebook.com/thehedgeathome

Sunday 31st January

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Church Service
10.30am, by Wymondham Methodist Church, via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk/sundays

Tuesday 2nd February

Bounce And Rhyme
10am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Just A Cuppa (Babies & Toddlers)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Reading Friends
2pm, 6pm & 7pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Shut up & write! (online)
4pm, via Facebook. By Norfolk Libraries and American Library - Memorial to the 2nd Air Division, USAAF
www.facebook.com/NorfolkLibrariesUK

Young Reading Friends
4.30pm, via Zoom. By Norfolk Libraries. For young people aged 13-16
libraries.iconnect@norfolk.gov.uk

Wednesday 3rd February

Just A Cuppa
10.30am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Digital Health Hub
12.30pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Knit And Knatter
2pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Thursday 4th February

Just A Cuppa (Bumps & Babies)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Read My Mind - #TimeToTalk about reading for men's wellbeing
7pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

Friday 5th February

Drop In And Craft
3pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

Sunday 7th February

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Church Service
10.30am, by Wymondham Methodist Church, via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk/sundays

Tuesday 9th February

Bounce And Rhyme
10am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Just A Cuppa (Babies & Toddlers)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Reading Friends
2pm, 6pm & 7pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Young Reading Friends
4.30pm, via Zoom. By Norfolk Libraries. For young people aged 13-16
libraries.iconnect@norfolk.gov.uk

Wednesday 10th February

Just A Cuppa
10.30am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Digital Health Hub
12.30pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Knit And Knatter
2pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Where to Watch Birds in East Anglia - Q&A with author David Callahan
8pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

Thursday 11th February

Just A Cuppa (Bumps & Babies)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Friday 12th February

Drop In And Craft
3pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

Saturday 13th February

The Hedge At Home
8pm, by Rob Duhig, with guest Becca Hazel (from Norwich)
www.facebook.com/thehedgeathome

Sunday 14th February

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Church Service
10.30am, by Wymondham Methodist Church, via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk/sundays

Tuesday 16th February

Bounce And Rhyme
10am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Just A Cuppa (Babies & Toddlers)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Reading Friends
2pm, 6pm & 7pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Young Reading Friends
4.30pm, via Zoom. By Norfolk Libraries. For young people aged 13-16
libraries.iconnect@norfolk.gov.uk



MARKETS

Every Friday

Charter Market
8am to 5pm, Market Place
01953 603302

Third Saturday
(20th February)

Farmers' Market
9am to 1pm, Market Place
01953 603302

WHAT'S ON, continued...

Wednesday 17th February

Just A Cuppa
10.30am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Digital Health Hub
12.30pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Knit And Knatter
2pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Thursday 18th February

Just A Cuppa (Bumps & Babies)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Friday 19th February

Drop In And Craft
3pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

Sunday 21st February

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Church Service
10.30am, by Wymondham Methodist Church, via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk/sundays

Tuesday 23rd February

Bounce And Rhyme
10am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Just A Cuppa (Babies & Toddlers)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Reading Friends
2pm, 6pm & 7pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Young Reading Friends
4.30pm, via Zoom. By Norfolk Libraries.
For young people aged 13-16
libraries.iconnect@norfolk.gov.uk

Wednesday 24th February

Just A Cuppa
10.30am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Digital Health Hub
12.30pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Knit And Knatter
2pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Thursday 25th February

Just A Cuppa (Bumps & Babies)
11am, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Wymondham Walks by Georgette Vale
- talk for Wymondham Heritage Society
7.30pm, via Zoom
www.wymondhamheritagemuseum.co.uk

Friday 26th February

Drop In And Craft
3pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

Saturday 27th February

The Hedge At Home
8pm, by Rob Duhig, with guest Gerry del Guercio (from London)
www.facebook.com/thehedgeathome

Sunday 28th February

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Church Service
10.30am, by Wymondham Methodist Church, via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk



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