

FREE

WYMONDHAM Magazine

ISSUE 47 | MARCH 2021

*The free magazine showcasing what's
on in Wymondham, in association with
Wymondham Town Council*



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Natalie Chapman, Owner

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CELEBRATING SEVEN YEARS OF INDEPENDENT BOOKSELLING

Welcome to March's *Wymondham Magazine*. The days are getting longer and the road out of lockdown getting shorter, so hopefully we can look forward to some brighter days to come. In the meantime, many people find solace in nature, and there's definitely a walking and wildlife theme to this issue. Look out for our competition on page 19 and an article by local naturalist Chris Stone on some of the stars of the Tiffey Trail on page 6.

To feature your news, stories or events, get in touch with me at news@wymondham-mag.co.uk. Our next printed issue will be our 50th edition of this magazine - something else to look forward to celebrating!

Kate, Editor

Kett's Books in Whartons Court was unable to celebrate its birthday as usual this year - like many of the town's other businesses it had been forced to close its doors. In happier news however, the community-run bookshop, which was founded in February 2014, has been shortlisted as an East Of England finalist for the Independent Bookshop of the Year competition. Regional winners will be announced on Wednesday 17th March, with an overall winner crowned on Thursday 13th May.

Their submission focussed on the way our community pulled together during the pandemic: from The White Hart sharing its space with Kett's Books during building works, to the ways everyone worked to keep Wymondham supplied with reading matter.

Says manager Tracy Kenny: "Kett's Books has been supplying books through all the lockdowns. Like all businesses we've had our challenges, but we've come out of it with some new skills we never would have imagined this time last year.

"With the first lockdown of course we all just went home, but our volunteers wanted to carry on providing books - they knew that if people were stuck at home, they'd want books to read, especially for their mental health. And because we're a community interest company, it's our purpose to help the community. So we figured out how to run a bookshop that's closed. We diverted the phone to one home, someone else answered emails, and all our deliveries 'in' went to yet another home - books got sorted in a dining room, alongside home schooling and dinners! Additional volunteers rang customers, and we got a team together who helped with deliveries. Waitrose helping us with this meant we were able to have even fewer people out, and better protect our team and customers. The collaboration really felt like the kind of teamwork that Wymondham does well. *Continued on page 4 >*

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> "We've had to learn to change quickly and often – all shops have had to guess what the government was doing but also rise to challenges like changing their fittings, negotiating with creditors, figuring out whether to buy stock, and dealing with faltering supply chains. Because we had to be flexible we've come out looking very different, but we're still here. Our book group has met online every month without fail, and has even grown.

"We learned to build a web shop, created a weekly e-catalogue, and started a YouTube channel for author chats. It's not been easy for any of the businesses in Wymondham, but our customers have been loyal, and we are really grateful to have got through this together. We're now really looking forward to moving from click and collect to opening properly again, to see our friends in the other shops, and be able to thank our customers in person."

SUCCESSFUL COMPLETION OF £4M HIGH SCHOOL EXPANSION

A £4 million expansion of Wymondham High Academy, started on site in July 2019, is now complete, offering an additional 375 places for pupils and adding 800m² of new floor space.



The developments include a new library space, an extended dining room facility and a new drama studio in the heart of the school, as well as remodelling of the schools' main reception and entrance.

Principal Jonathan Rockey told *Wymondham Magazine*: "Over the last six years the Academy has seen a growth in pupil numbers across the board. We are very proud to be able to provide a high standard of education for an increasing number of young people in our community. Equally, in order to ensure that we can maintain this standard, investment in our site is crucial. Over the same period, we have seen an investment of £7 million in our provision.

"From the additional classrooms and spaces within our recently finished

project, we have worked collaboratively with Norfolk County Council to expand our physical resources. We have recently taken possession of a new library, canteen, performance studio and reception area – in addition to extensive landscaping of our campus. There have been a number of challenges with these projects as you can imagine, but to be able to see and use these facilities now is quite something.

"We are very excited to be able to open them to the children when they return. Not only will these provide excellent opportunities for our current pupils and students, but will enable future generations to be confident that the Academy has the very best facilities."

Cllr John Fisher, Cabinet Member for Children's Services at Norfolk County Council, said: "The new Wymondham High Academy is a lovely building with light and bright learning spaces and enhanced dining facilities.



"We have been extremely pleased with the design of the school - which now complete has taken us a further step towards our aim of providing the highest quality learning environments for all children in Norfolk. Well done to everyone involved for such a successful delivery of a project, built during such difficult times."

THE STORY BEHIND THE COVER ...

Our cover photo this month features a peregrine falcon taking off from the Abbey, and was taken by Gavin Jones, a member of Wymondham Photographic Society.

Gavin told *Wymondham Magazine*: "I got the picture a couple of years ago of the falcon flying from the east tower to the west tower. I have been observing it over the last four years on behalf of the Hawk and Owl Trust Falcon Watch program, where you go one day a week and write down where and when the falcon was seen, and any prey items, etc.

"The nest box was put on the west tower, but so far there has only ever been a single bird there. I went down for the first time in a long while recently, and there is a juvenile falcon in residence now, so maybe a chance of a changing of the guard and them pairing up in the next year?

"As well as the Hawk and Owl Trust work, I just love going to the Abbey and getting a chance of a nice photo of the falcon, and I also have paid many visits to the pair on Norwich Cathedral. The Wymondham and Attleborough areas are great places to see wildlife, from kingfishers on the Tiffy to barn owls over The Lizard, and everything else in between. I love photographing Norfolk wildlife and give talks to WI groups using my photos, and have had many images published in national newspapers, websites and magazines. I have just published my first book 'Surrounded by Barn Owls' using images taken in Norfolk."

Visit page 19 to be in with a chance of winning one of Gavin's books.



Can you spot the peregrine perched above the window!?

LOCAL FARMERS BECOME TV STARS

A local farming family have become TV stars not once but twice recently, having appeared both on BBC Breakfast and The Farmers' Country Showdown.

The Barber family at Cavick House Farm run a variety of enterprises – Julie and David with their 16,000 free range chickens and ingenious egg vending machine, daughter Annabel with her 'Hen House' café and her sister Elizabeth Barber (pictured), along with partner Mitchel Britten, breeding pedigree Charollais sheep.

The sheep were in the spotlight on The Farmers' Country Showdown, which can still be seen on the BBC iPlayer (series 5, episode 13). "The breed has been part of my family for a long time," explains Elizabeth. "My grandad (John Barber), dad (David Barber) and uncle (Jonathan Barber) were the first people to import Charollais sheep in from France in 1976.

"Our sheep give a lot of people joy - especially during lockdown as they graze the Abbey meadows. We get tagged on social media many times when the public spot our sheep. We also sell our home-grown, grass-fed lamb from our barn as pop-ups during the year, and Dad and I also finish 1,500 pigs.

"On The Farmers' Country Showdown you can see Mitchel and I prepare and sell our Charollais ram lambs at Melton Mowbray market. You can also see what we get up to on the farm on a



daily basis. This was a great opportunity that I really enjoyed - I think it is so important to showcase local British agriculture and educate the public, especially children, on the joys of farming.

"More recently I have appeared on BBC Breakfast explaining the challenges the cold snap had on me and our livestock. I really enjoyed being interviewed by Naga Munchetty and Charlie Stayt. Whilst everyone has been enjoying making snowmen and having snowball fights, I had been defrosting water pipes and taking haylage to sheep that had no access to grass! It was also great to make Bob our border collie famous - I think I cheered Naga Munchetty explaining about Bob's snow showers. It was also great for Wymondham as we had the Abbey in the background."

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LOCKDOWN ON THE TIFFEY TRAIL

By Chris Stone

As many of you are aware via social media, or from seeing me down there, we have some birds on the Tiffey Trail which are becoming local celebrities - two tawny owls, some kingfishers and the peregrine falcon on the Abbey.

The tawny owls are on show in an ivy-covered tree on the opposite side of the river from the trail. The tree leans to the right with three dead branches on the top - the owls sit just near these. They would have paired up in the late autumn/early winter last year and found somewhere to settle down. I am hoping that they will breed - tawny owls are early breeders and lay their eggs in late February or early March. With a bit of luck come the end of May there could be a couple of grey fluff-balls sitting on the tree!

You can see them most of the time but it does depend on weather and disturbance. Usually morning or late



afternoon is best; they have sat out in the snow showers but not in the wind when it changed direction.

We also have very obliging kingfishers - two males and a female. The male has an all-black bill and the female has red near the base on the lower bill. They sit in trees from the Abbey bridge along to where the trees end, and also get up and down the ditches too. The best time to see them is early morning or late afternoon - if the path gets fairly busy they tend to go up in the ditches out of the way. They do breed further down the valley and have done for 30 years in the same bank.



Finally, we have the peregrine falcon back on the Abbey. This is not the same bird that has been here before - that was an adult bird which may have left and found a mate. The bird now on the Abbey is young one, maybe two years old, and is a male. We are hoping that it sets up territory and will be around for a while instead being here for a winter roost.

Also down the trail of interest are four buzzards, two little egrets, six bullfinches and an otter!

NETMATTERS SCOOP TWO NORFOLK BUSINESS AWARDS

Netmatters, whose head office is in Penfold Drive, were excited to take home two of the awards at the 2020 Norfolk Business Awards recently. The awards, now in their 30th year, were taken online in 2020 by the hosts Archant but were no less hotly contested.

These awards celebrate all that is good about business in Norfolk and the team at Netmatters were named as winners in two categories, as well as finalists in the overall Business of the Year Award.

Both of the awards are testament to their commitment to the future for both their business and the future workforce - they were awarded the Investing in Future Growth award and the Skills of Tomorrow award for the now multi-award winning Scion Scheme.

Of the awards, Managing Director James Gulliver said: "The work that goes into both the Scion Scheme and the everyday work here at Netmatters is amazing. Our people do us proud every day, it means so much to be able to accept these awards on behalf of every single member of staff."

To find out more about the Scion Scheme visit www.netmatters.co.uk/scs-web-developer-course



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TRADITION GIVEN THE BOOT BY ROTARY CLUB

By Terry Hickman Smith



For over 60 years the vibrant and thriving Wymondham Rotary Club has met on Monday lunchtimes, where serious business and lunchtime fellowship has flourished. The club has raised over £60,000 over the last three years and has forged strong relationships with Rotary Clubs in France, Belgium and Holland, as well as

raising money in association with Rotary Clubs in India, Borneo and Africa.

Due to the pandemic opportunities for fundraising events are very limited. The club can no longer meet in person anywhere but has changed to a virtual format. Members still meet at lunchtime but now by Zoom. Up to 20 members join together in this way each week to run business meetings, enjoy the usual club camaraderie, hear the views of invited speakers and discuss ways of helping others at this difficult time.

At present there are 32 members overall who comprise the original club and the satellite group. The main club retains the majority of long-term members and the relatively new satellite group mainly younger members. All work together with the common aim of helping those in need, locally, nationally and internationally.

However where needs must, inspiration comes in. During this time members have decided, over the last 12 months, to donate the money they would have spent on their Monday lunches to the multitude of charities Wymondham Rotary Club supports. Our support for the Norwich Food Bank, where we have been part of the founding group, has continued and £500 has been given each month to support this necessary cause. Also donations of between £100 and £500 have been given in this year to many charities and good causes including locally:

- Boudicca Breast Cancer Appeal
- Wymondham Dementia Café
- Wymondham Roots Community Café
- Norfolk Fire and Rescue Service
- The Pottergate ARC Centre for homeless people in Norwich
- East Anglia's Children's Hospices
- Leonard Cheshire Disability Charity
- Norfolk Community Foundation
- East Anglian Air Ambulance
- British Legion
- The Magdalen Centre

And Internationally:

- The Tanzania Development Trust: helping to provide clean

water, agricultural support, education, solar power and healthcare

- The Wulagu Project; £3,650 to provide a water borehole for schools in rural Africa

In addition the club continues its involvement with the 'Lend With Care' project, which brings together entrepreneurs in developing countries with people who have the power to help them. It is run by one of the world's leading aid and development organisations and is a revolutionary way to help people in the developing world to transform their lives. The money the club invests is lent and repaid. In Wymondham Rotary Club's case all money repaid is further invested and has proved an extremely effective way to ensure that money provided has verifiable results. So far the club has helped by creating 185 loans which has provided money for 1,430 entrepreneurs, thereby helping 5,467 family members and creating 7,421 jobs.

Finally, our assistance with the Eradication of Polio Campaign continues. £1,000 has been given to this campaign each year for many years. Now Polio is confined to two countries, Afghanistan and Pakistan. Giving donations to this cause will continue until the last remnants of this debilitating disease has gone forever.

Throughout this difficult time the Rotary organisation and the Wymondham Rotary Club have continued to thrive through personal dedication and through efficient organisation. If you would like to know more about Rotary or would consider joining this organisation contact the contact the Club Secretary on 07733 002897 or find us online.

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MUSEUM CAPTURES COVID STORIES

Last year Wymondham Heritage Museum asked local residents for their experiences of the Covid-19 pandemic. How did they cope with lockdown, keeping in touch with family? How did they do their shopping? Were they comfortable wearing a face mask? What about local heroes who delivered food and medication to those sheltering?

The plan was to build an archive to record how people dealt with all the issues they faced and provide material for future displays in the museum.

Among the stories submitted was that of Christine Watts, who joined an army of volunteers making scrubs to support the NHS, hospitals, GP surgeries and care homes.

Oli Sparrow told how his family celebrated his daughter's first birthday in the garden (pictured) with her grandparents and a glass of socially distanced champagne - "Bubbly in the bubble" as he described it.

The museum is reissuing its appeal to the people of Wymondham and the surrounding area to contribute their Covid stories. It has joined forces with the City College in Norwich to work with student Olive Carrick who is developing a Covid-based project as part of her Media Studies course.

Says Olive: "I'm working with Wymondham Heritage Museum to create a short film documenting people's experiences of lockdown from an honest and open perspective. We are witnessing history in the making and living in a key time which will be talked and learnt for centuries to come. Everything from mental health decline and isolation to home schooling kids and cutting the family's hair, to finding hobbies and skills which you would have never had the time for pre-Covid."

In addition to contributing to Olive's course, the Museum can use her film in its gallery, on its website and social media platforms.

If you can help Olive with her project and to build the museum's archive please email your Covid story and photos to whm.info@wymondhamheritagemuseum.co.uk or write to Wymondham Heritage Museum, 10 The Bridewell, Norwich Road, Wymondham, NR18 0NS.



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SLOW THEATRE LOOKING FORWARD TO RETURN

To celebrate its 10 year anniversary, Slow Theatre Company hopes to return to Wymondham with its children and youth theatre company after Easter. Ongoing Covid situation permitting, their aim is to reopen and offer socially distanced activities every Saturday at North Wymondham Community Centre for 10 to 12 weeks, culminating in a summer performance written and performed by the company. You can register your interest in a class space by emailing Danny at classes@slowtheatrecompany.co.uk.

Slow Theatre Company is also currently raising funds to cover all participants whose families have seen their family income reduced through the lockdowns, and hope to have 100% free spaces for those that need one. Nearly £1,000 has been raised through their online weekly quiz, organised by Quizchief on Mondays at 8pm for ages 14+, and broadcast live on their pages on YouTube, Facebook and Twitch.

HEDGE AT HOME ANNIVERSARY

The Hedge at Home, by Rob Duhig, is coming up to its first anniversary, and to celebrate its bringing artists to Wymondham and beyond, Rob is planning two special programs with professional musicians from California, USA. Says Rob: "Viewers would not normally get to see these artists in the UK, so we are really pleased to be able to provide their UK debuts and grateful that they have chosen Wymondham's online music show. However, before that we will be promoting some home grown talent."

On Saturday 13th March the guest star will be Tom Jennings, a Norwich-based musician who is not only a great talent but somebody Rob first met when he was a toddler that he babysat for! Says Rob: "I lost contact with his family but due to some amazing coincidences I met Tom. His guitar playing is sublime and he is a real find. On Saturday 27th March, Michael McNevin will be the guest for the first of two celebration anniversary shows. Rob explains: "Michael McNevin's songs read like short stories, full of heart, humour, and a keen eye for detail. He was the winner of the Kernville New-Folk award in Texas, Performing Songwriter Magazine's "DIY Artist Of The Year", and seven-time grand finals "Song Of The Year" winner for West Coast Songwriters. Michael is based in California and also runs the famous Mudpuddle Shop. His followers are affectionately known as 'Mudpuddlers.'"

You can watch The Hedge at Home live on Facebook at 8pm at www.facebook.com/TheHedgeAtHome or after the show on YouTube. Rob can be contacted at thehedgeathome@gmx.co.uk.

Happy Valentines from Windmill House

Windmill House care home recently held a Valentines community event which saw its residents make Valentines hearts during craft group. Along with chocolate hearts donated by Yum Yums traditional sweet shop, the hearts were left in prominent places at landmarks in Wymondham for lucky recipients to find, such as the kissing gates at Wymondham Abbey, Tolls Meadow, next to the Market Cross, on town benches, outside The Green Dragon and the town sign.



They asked for the lucky recipients to send them photographs for residents to enjoy, as a way residents could be included in the local community.

Morrisons also kindly donated Valentines cakes, chocolates and hampers which were handed to staff and resident couples.

STATION TO RETURN TO FORMER GLORY

Wymondham station should be restored to its former glory thanks to two local volunteers, who have taken on care of the train station as part of Greater Anglia's Station Adoption scheme.

Brendan Gray, the owner of the Station Bistro, together with Mid Norfolk Railway member John Harwood, will look after the upkeep of the station to ensure a clean and friendly environment.

Brendan decided to adopt Wymondham station after being inspired by former restaurant owner David Turner, who won acclaim for the flowers and railway memorabilia that adorned the station. He told *Wymondham Magazine*: "I feel this is an important role as the station is the first thing many visitors to Wymondham see when arriving by train, and so it is essential to make a good first impression. I am looking forward to getting started and adding some colour to the station with floral arrangements."

It is a year since Brendan took over the Station Bistro from the previous owners. "It has obviously been a tough year and not ideal timing for me, but I like to think we have adapted fairly well with everything," says Brendan. "Our Burger Nights on Friday evenings have always been well supported and our Sunday Roasts are becoming more and more popular as word is spreading, which is great. We sold out of the Valentines afternoon tea package we did and are now working on our menu for our Mother's Day package. I am looking forward to opening the doors and welcoming everyone back as soon as it is safe to do so!"

Greater Anglia continues to work with Norfolk County Council on a scheme to improve access to the Cambridge-bound platform.



RAILWAY APPOINTS FIRST FULL TIME PERMANENT WAY SUPERVISOR

The Mid Norfolk Railway's (MNR) Trust Council has announced the appointment of Damian John as the railway's first full time Permanent Way Supervisor.

As the Permanent Way Supervisor, Damian (pictured) will work for the MNR's volunteer Permanent Way Manager and be responsible for the day-to-day maintenance of the railway's track system.



Charlie Robinson, Chairman of the Mid Norfolk Railway Preservation Trust, said: "We are delighted to welcome Damian to the railway as a full time staff member. His appointment is the last in this round of full time appointments that the railway's Trust Council has decided was needed to ensure the future development of the railway.

"Over the last 25 years the MNR railway has grown from a small band of pioneers to the million pound business that operates today. To maintain ongoing development of the railway we have decided requires a small number of full time staff to work with our large numbers of volunteers and provide continuity.

"The current COVID-19 situation is clearly a difficult time for all, but these new posts will maintain our progress and are in the interests of the long term future of the railway."

Prior to his new appointment, Damian has worked for several specialist railway contractors on Network Rail projects; most recently with the railway engineering infrastructure division of Essex based RCU Solutions. He began his railway career in 2001 as a Trackman working for Mowlem Railways, which included working on the construction of HS1 the new line that runs through Kent and London from the Channel Tunnel to London St Pancras station, before then spending time working with Keltbray Rail.

Speaking about his new role at the MNR, Damian said: "As the newly appointed Permanent Way Supervisor I feel privileged to be part of the ongoing planned works and upgrades at the Mid Norfolk Railway. This is a wonderful opportunity to ensure the longevity and continued history of this exciting rail system, and to work with such enthusiastic volunteers."

The MNR is always looking for more volunteers and anyone wishing to join the volunteer gangs that will be working with Damian, or the track walking team, is invited to contact Volunteer Co-ordinator Steve Tweed, email steve.tweed@mnr.org.uk for more details. Training will be given if needed.



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Jarrold Announces BIG Clear Out For Cancer

Jarrold has teamed up with local cancer charity Big C for a one-off online sale charity event named BIG Clear Out For Cancer, which launched on Wednesday 17th February and runs for three to four weeks.

Helga Clarke, Senior Marketing Manager at Jarrold, said: "During the pandemic, as we have been spending much more time at home, many of us have been tidying, cleaning and sorting the areas of our home and things we never normally have time for. Part of this has been having a huge clothing clear-out. At Jarrold, while our shops have been shut, we have sorted some hidden treasures and some great bargains across our most popular brands to sell through our website and so the idea of a charity closet clear-out came to fruition!

"We are delighted to partner with Big C for this initiative, donating £1 for every item sold to this much-loved local charity, as they too have suffered from not having their shops open."

Carole Slaughter, Head of Fundraising at Big C, said: "This is a fantastic, feel-good, fun initiative from Jarrold, which gives us all the chance for some retail therapy, which is exactly what we need at the moment, and the opportunity to score a bargain whilst raising much-needed funds for those in our community affected by cancer."

WYMONDHAM NOTEBOOK

By Cllr Robert Savage

Good to hear that Wymondham Town Council has set up a working group to move the proposed new cemetery for the town forward. It will be located off the B1172, next to Gonville Hall. If you do have any suggestions that you feel should be taken into account at the design stage, please send them to the Town Clerk at the Town Council Offices, Ketts Park, Harts Farm Road, Wymondham, NR18 0AT. All suggestions will be taken on board before any decision is made on the design of the final scheme and I will keep you updated on progress.

Tackling flooding locally

In December, there were a number of flooding incidents in Wymondham and a number of homes were flooded. Both Norfolk County Council and South Norfolk Council were involved in investigating the incidents and assisting the residents. In response to the problems caused by the floods, Norfolk County Council has set up a task force with a view to finding flood-prevention solutions. The group is chaired by Lord Dannatt and includes representatives from the District Council and other stakeholders such as the Environment Agency. They will report their findings in due course.

Converting street lights to LED

Over the past few years, Norfolk County Council, South Norfolk Council and Wymondham Town Council have proceeded to upgrade the street lights under their control to LED technology, resulting in a reduction of CO2 emissions locally and an energy saving of 70%. Wymondham Town Council completed its conversion of street lights to LED two years ago, whilst NCC and SNC are continuing their investment programmes.

Ash dieback disease

Norfolk County Council is calling for national funding to help manage the effects of ash dieback. Expert studies now suggest that by 2023 half of all the 168,000 roadside ash trees in Norfolk will have advanced decline. The majority of those ash trees are privately owned, with just 20,200 owned by the County Council. It is estimated that the cost of carrying out tree safety work, key biodiversity enhancement projects, strategic habitat restoration, awareness raising among landowners, inspecting and reporting, will be £1 million over the next two years.

Carbon reduction plans unveiled

Wide-ranging plans to reduce the County Council's carbon emissions from 11.6 million tonnes per year to zero by 2030 have been unveiled.

Tree planting, support for green transport and the use of the Burlingham Estate to demonstrate environmental good practice are among the measures being taken by Norfolk County Council.

Last year, the Council adopted an environment policy. An update report to the Council's Cabinet reveals a series of measures are underway, including:

- Plans to plant one million trees over five years, working with

partners, communities and landowners

- A £1.5 million investment in active travel, including cycling and walking
- Development of plans to demonstrate environmental best practice on the County Council's Burlingham Estate
- Work with Norwich City Council and UK Power Networks on on-street electric car charging points
- Further work to install LED street lights across Norfolk

Promoted by Christopher Kemp on behalf of Robert Savage, both of 8 Damgate Street, Wymondham, Norfolk NR18 0BQ.

Lent greetings from The Abbey

The Vicar is very keen that people feel welcome and that the Abbey grounds continue to support people's wellbeing through the pandemic. Come and see... walk, meditate, and pray. It is lovely to see people of all ages and lots of lovely dogs enjoying time in the grounds.



Lent is the time Christians around the world prepare for the great Mystery of the Resurrection and the joyful celebration of Easter. In the grounds you will find display panels on the trees which are for meditative, prayerful reflection. They are called the Stations of the Cross. Prayers and descriptions are on the website as well as suggested prayer at each station. They are a helpful way to reflect on your own spiritual life, the nobility of your innermost being that finds expression in love and creativity and peace and calls each of us into union with something greater than our smaller sense of individuality. Information about the artist and the prayer significance of the panels is also on the website and accessible through Facebook links.

In the large windows there is an emerging scene; from winter starkness through to Easter spring and new life. We have been adding outside lights month by month and February's addition have now been purchased and put up.

Children are suffering from not seeing their friends and from too much screen time.... What they need is more time outside, and so to add to the spirals a willow dome is going in now. As it develops, leaves it will be another sign of hope and new life.

The Saturday Pop-Up café and the shop will be back as soon as that is allowed. In the meanwhile, check out the Abbey website where you will find all kinds of ideas and information, and links to the Sunday livestreamed service.

The Abbey is here to serve this community - hope to see you soon.

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TRUSTED LAW MARKS FIRST WYMONDHAM ANNIVERSARY

Trusted Law is marking one year since it moved its offices from Norwich to Wymondham.

Founder Natalie Chapman explains: "Even though we have been in business for nearly eight years now, I made the decision to close our Norwich office and move it to my hometown in Wymondham at the end of 2019. I have lived in Wymondham for nearly six years and my twins attend one of the local primary schools, so it made sense to have our office here too!

"We moved everything into our new office in Back Lane on the last day before Christmas break. After a well-deserved rest, we spent the first week in January 2020 (including our little people!) building furniture, figuring our desk positions, networking cables and unpacking boxes, and we were pleased with the open plan space we had created. We added a few more finishing touches, including our first signs, and planned for our open day on Friday 28th February 2020.



"The open day was a huge success and we welcomed approximately 50 people throughout the day - some were clients, some business contacts, and some local business owners. We were very excited to start building a local presence, supporting our residents and building some good business relationships. What we were not expecting was to close our doors less than one month later - our first ever national lockdown!

"Our whole business was structured around meeting our clients face to face, mostly in the comfort and privacy of their own homes, so we had to adjust very quickly. Within one week everything was set up for telephone and video call appointments, and the team were fully trained ready to see, hear and help our clients.

"With all our advisors having young children we were facing the joys of juggling work with home schooling. In the end, our clients and business contacts became comfortable with seeing our children in the background during our appointments and on occasion having full conversations with them.

"As with most small businesses it has not been the easiest 12 months, and we have had to make difficult decisions and changes to our business structure. However, we have had incredibly supportive clients and business contacts which has helped us to continue. Whilst I was not expecting another lockdown at the start of 2021, we are looking forward to opening the office up again and we may even have another open day!"



REMEMBERING 'MR WYMONDHAM'

A tribute to Gavin Wilkinson from William H Brown - by Pete Ward, William H Brown Senior Area Director

Our great friend and colleague Gavin Wilkinson sadly passed away in January. Gavin was Residential Sales Manager for William H Brown estate agency in Wymondham, and worked for the business for over 20 years. It is a tragic loss for all of us who knew him and our hearts and deepest condolences go out to his family.

Gavin joined William H Brown in 1998, it was his first 'proper job' and he quickly worked his way up to manager level. For a period he worked supporting a number of our branches in the surrounding area, but soon came back to the Wymondham branch and where he had earned the name 'Mr Wymondham'!

'Mr Wymondham' seems fitting for Gavin - Wymondham was

where he lived, based his work, and where his heart was. So many people knew him, and he helped so many local people move house. Moving house is one of the most stressful things you will do but Gavin always conducted business and served customers with a big smile, offering the greatest help. Nothing was too much trouble for Gavin when helping people.



Gavin will be dearly missed, not just by those colleagues within the William H Brown Wymondham office but by those across our wider business. He was well liked by everyone, had such a kind heart and was like family to his colleagues.

Rest in peace our Mr Wymondham

A JustGiving page has been set up in Gavin's name with all donations going to the Norfolk & Norfolk NHS Covid Fund at the request of Gavin's family: www.justgiving.com/crowdfunding/gavin-wilkinson

SPECIAL FEATURES FOR RADIO WYMONDHAM

"One of the problems we've had as a result of lockdown is that Radio Wymondham has become far less visible to the local community we're supposed to be serving," says Anthony Woods, Chair and Station Manager of Radio Wymondham, the not-for-profit Community Interest Company that runs the online station, found at www.radiowymondham.com.

"Now though, the Government-backed Audio Content Fund has made available some of its specially-commissioned series and features to community radio stations, focussing, in general terms, on issues around combatting loneliness during this Covid winter and spring."

Anthony continues: "We've already begun airing a series of spots called 'Homeschool Helpers', hosted by TV's Helen Skelton, on our daily #BreakfastBriefing show (8am to gam), with hints and tips for parents who are feeling the pressure, and we'll soon be broadcasting 'I Have a Dream', a series of short features focussing on young adults and those in the creative industries, so hard-hit currently, along with 'The Wellness Workout' - though that series will be looking more at workouts for the mind rather than the Joe Wickes-style of physical workout. There's also 'House Rules' that will highlight issues and negative thoughts that might be going through the minds of our listeners with short, sharp, practical tips, all with an underlying message of positivity.

"And we've a special hour-long arts and creativity-focussed programme at 6pm on International Women's Day, Monday

8th March, just before my own show," adds fellow Radio Wymondham Director Sophie Garrod. "Its called 'Lightening Birds', responding to the 2021 International Women's Day theme of 'Choose to Challenge'. Thirty female artists from around the UK are each making a two-minute, original piece from their own homes. Each will have heard only the piece that comes before hers - and won't hear the others until the actual broadcast," says Sophie, who hosts her own show, 'The Sophie Sessions', every Monday at 7pm.



Valentine's winners

Sophie Garrod was the brains behind the station's Valentines competition last month. "Couples were asked to submit a picture and big thanks go to our all our amazing finalists - Adrian and Lindsey, Chris and Rebecca and John and Nicola, and of course to our winners Chris and Laura (pictured)! They gathered 196 likes for their entry on our Radio Wymondham Facebook page to win themselves a £25 gift token," says Sophie. "The competition brought extra awareness of the radio station and we increased our listenership too, with more than 950 tuning in. And Chris and Laura even got their own song request played by Peter during his Sunday afternoon special Valentines Day edition of 'On A Wym' as well!"

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**Office opening hours:
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Message from the Mayor

How Covid-19 affected the Town Council

In March 2020 life as we knew it changed forever. 11 months on and we are still experiencing a far from normal lifestyle as we find ourselves deep into another lockdown and uncertainty as to when lockdown measures will be lifted.

If I had said to any of you this time last year that we would all be wearing masks / face coverings throughout most of 2020 and into 2021, staying two metres apart from each other and washing our hands 20 or 30 times per day, you would have thought that I may have just woken from a very weird dream.

Some of us may have lost loved ones to this terrible disease and some of us may have lost our livelihoods. I do not believe there can be one of us that has not been affected in some way by coronavirus.

The Town Council was very concerned by the fast-evolving situation as of March 2020, where we had to prepare a strategy to enable the council to continue to function during such unprecedented times. This meant that we had to have contingency plans in place for all eventualities. A leaflet drop was done to all residents providing details of the South Norfolk Help Hub, who were co-ordinating volunteer groups and food parcels for vulnerable people that were shielding. The Town Council offices were closed and all office staff were working from home, with the ground staff furloughed. As chairman of the council, I maintained regular contact with the town clerk via telephone so that we could do any essential business remotely.

Although all of this was completely alien to us, we managed to get through the first lockdown and staff were then able to return to work over a period of weeks. One thing that did not stop was the grass growing! This gave the ground staff plenty to do when they returned from furlough leave.

With regard to being Mayor of Wymondham I have had very few official engagements to attend and most of those that I have attended have been virtual, via a live video link (Zoom).

Although the number of official engagements has reduced significantly, I did remain Mayor for a second term of office, which will continue until May 2021 - but my diary is still void of official engagements. No civic functions to attend, no fetes to open and no care homes to visit, and this is likely to be the case for the foreseeable future. The Town Council did relocate to new offices at Ketts Park and these are a vast improvement upon our previous offices in Middleton Street. The unfortunate side to this is that we have been unable to hold a single meeting in the new building yet! Covid-19 has made it impossible to use the council chamber.

Ironically the other side of my post as Mayor, and indeed being a District Councillor, has seen an extremely busy year, attending numerous Zoom meetings and chairing several meetings on many different topics. Many of these have been related to Covid-19, involving responses to issues raised by South Norfolk Council. The Town Council has issued over £2,000 in grants to help Wymondham charities and organisations to assist people during the pandemic. In times of crisis, it is truly amazing how we all pull together and help each other.

July 4th 2020 was the day Wymondham high street reopened following the first lockdown. The Town Council had decided to hold the Friday market with the public toilets being opened. Reopening the town in general provided a different challenge; to open the high street, encourage people to return to the shops, but give them confidence to make them feel safe. In collaboration between the Town Council, South Norfolk Council, and local stakeholders a plan was discussed, although the proposals were not unanimously agreed. The first day was fraught with drama and confusion as the town was effectively pedestrianised between 10am and 4pm with restricted routes to car parks and the reversal of the Back Lane one way system! Confusion reigned and shop keepers were not happy. Walking through the town I heard several cries from business owners asking what I was going to do about this?

They were on their knees, having little or no trade since March 23rd and then being subjected to a significant drop in footfall because people were not visiting the town in sufficient numbers. A meeting was convened outside so that we could socially distance and reach a compromise. This we did and the result was a one way system along the Market Place with planters and seating to allow people to sit outside and enjoy the pubs and cafes al fresco during the summer. Back Lane was returned to its original direction of flow and signage was installed around the town. Hand sanitisers were installed to allow people to feel safe, and these have been topped up regularly. The revised system appeared to work, people returned, shops were busier and there was vibrancy in the town as people set about their business. Unfortunately, some businesses have found it difficult since the town reopened especially as many more people have turned to the internet during lockdown, purchasing items from online retailers. We know some have had no option but to close, but on the positive side the perseverance of the proprietors of The White Hart has now given us a much-needed town centre Post Office again, so well done to them.

I believe that many of the safety measures initiated by the response to Covid-19 will be here to stay for a long time, and could even become part of everyday life. Will Perspex screens at shop counters stay in place? Will face masks become a fashion accessory? Will hand sanitiser stations remain?

To update on a few other items; the Wymondham Neighbourhood Plan is progressing with the third meeting scheduled for spring 2021. This will however have to be held via Zoom due to the lockdown measures. We believe that we have a good cross-section of people involved in the plan, including myself and three other town councillors. We will publish updates on the Town Council website as the process evolves and hope that we can develop an excellent plan that will outline the strategy for Wymondham for the next 15 to 20 years.

We also hope to develop a Facebook page for the Town Council over the coming months, and to continue with a quarterly magazine publication.

This time last year although we did not know it, we were fast approaching the first lockdown. As we see light at the end of the tunnel let us all be strong, help each other and eventually we will re-emerge into some form of normality!

Cllr Kevin Hurn

By-elections - could you be a councillor?

Following recent resignations, the Town Council now has three vacancies as follows:

- North Wymondham Ward - 2 vacancies
- Central Wymondham Ward - 1 vacancy

Could you be a councillor? Parish and town councils are the most local level of government in England. They are independent bodies with responsibility for representing all residents in the parish, running many local services, commenting on planning applications and long-term development issues, and collecting money for their budget through the 'precept' as part of council tax. They also have wide-ranging powers to become involved in

further activities that contribute towards the improvement of the environment and quality of life in the parish.

All town councillors are residents who have volunteered and been elected by residents who are on the electoral role for the specified wards. They are unpaid and normally serve a four-year term. In this instance the term is until May 2023. The by-elections are currently scheduled for Thursday 6th May 2021 at the same time as the County Council and Police & Crime Commissioner elections.

Any interested resident can decide to stand as a town councillor. You do not need to have experience of local government or state a political allegiance but do need to be nominated by two other ward residents and submit a nomination form to South Norfolk Council by 4.00pm on Thursday 8th April. To find out more, have a look at the National Association of Local Councils website (www.nalc.gov.uk); contact the Norfolk County Association of Parish and Town Councils on 01603 664869 or enquiries@ncaptc.gov.uk; or contact the Town Clerk on 603302.

Who are your councillors?

As a result of the elections in May 2019, the following have been elected to serve until the next Local Government elections in May 2023 (May 2021 for County Councillors), representing Wymondham on the county (NCC), district (SNC) and/or town councils.

Central

Mr R Savage	Kingston, 6 Park Lane, NR18 9BG	01953 603722	rsavage@s-norfolk.gov.uk	WTC, SNC
Mr K Hurn	10 Sheffield Road, NR18 0LX	01953 798492	kevin.hurn.kh@gmail.com	WTC, SNC
Mr I Flatt	48 Orchard Way, NR18 0NY	01953 603398	ianorchardflatt@hotmail.com	WTC
Mr P Travis	33 Damgate Street, NR18 0BG	01953 601777	pete@petegreen.co.uk	WTC
WTC VACANCY				

East

Mr P Broome	14 Bramble Way, NR18 0UN	01953 600829	pbroome.309@gmail.com	WTC
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North

Mrs Y Astley	142 Norwich Road, NR18 0UX	01953 600852	yvette.astley72@gmail.com	WTC
Mr A Holden	31 Ashleigh Gardens, NR18 0EX	01953 857316	tholden88@yahoo.com	WTC, SNC
Mr J Hornby	9 Papillon Road, NR18 0WD	01953 600300	cllrhornby@gmail.com	SNC
Miss P Hubble	11 Petunia Court, NR18 0FR	01953 604113	pennylibdem@gmail.com	WTC

WTC VACANCY x 2

South

Mr J Halls	2 Chapel Loke, Spooner Row, NR18 9LS	01953 600720	julian.halls@talktalk.net	WTC, SNC
Mrs A James	62 Wood Avens Way, NR18 0XP	01953 605554	annettelibdem@gmail.com	WTC
Mrs S Nuri	15 Silfield Avenue, NR18 9BD	01953 601108	suzannelibdem@gmail.com	WTC, SNC

County councillors

Wymondham

Mr J F Mooney	2 Orchard Way, NR18 9NX	01953 604482	joe.mooney.cllr@norfolk.gov.uk
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Forehoe

Mr C Foulger	4 High Banks, Wymondham, NR18 0UZ	07745 163169	colin.foulger.cllr@norfolk.gov.uk
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EVERY GRAVE TELLS A STORY...

From a Facebook post by Peter Steward of the Hethersett Herald

A number of days ago I featured some interesting gravestones in Wymondham Abbey and my cousin Belinda, who shares my obsession for all things history, decided to do some research into the Howes family of Wymondham and it soon became interesting.

Belinda is the graveyard equivalent of a rampant Sherlock Holmes. In fact she makes the Baker Street sleuth look like a detective graduate who is wet behind the ears (and probably a bit wet in other places as well). Mind you I don't think she does cocaine or play the violin, although she does occasionally sport some rather strange looking headgear.



Belinda likes researching and I like writing. So here are our findings and some storylines regarding Walter Howes [whose grave can be found near the main Abbey doors] which I hope you enjoy...

Walter was born in Wymondham on 18th October 1845, which was a Saturday (I told you we were obsessive). His parents were James Howes and Susannah (nee Todd). Walter was the fourth child of eight (four boys and four girls).

In the 1841 census the family (obviously without Walter who had yet to be born) was living in Damgate Street and James was a weaver. Ten years later the family were still living in Damgate Street and Walter was listed as a scholar.

By 1861, the family had moved to Church Street and Walter was a 14-year-old shoemaker, and this is where it becomes interesting. Wymondham at the time was awash with ale houses and pubs. James was listed as a worsted weaver and publican. It looks as if he was licensee of The Goat Public House, which was next door to another pub - The Rose and Crown.

James was licensee from 1856 to 1865. But things didn't go swimmingly and we are told that "Following an objection to the licence renewal on Friday, 8th September, 1865, Messrs Crawshay and Youngs informed the bench that it was their intention to remove Mr Howes on 6th January, 1866." As a consequence a licence was granted for just six months.

The next licensee didn't fare much better - James Skipper was

fined "for permitting drunkenness in his house at two o'clock in the morning of Tuesday, 22nd June 1869." Two months later the licence was renewed but with a caution. As for The Goat Public House. Well it started its life in 1794 and closed in 1926.

But back to James Howes. Sadly he didn't live long and prosper after leaving the pub. By 1871 both he and his wife had died and Walter had moved away. He was living as a shoe and boot maker with the Cook family in Old Market Plain, Lowestoft, Suffolk. But Walter's time in Lowestoft was short. He died on 17th, January, 1872, in Dukes Head Street, Lowestoft. He was unmarried and just 26-years-of-age. Present at the death was F. Howes, who may have been his older brother Frederick. The cause of death is given as apoplexy which could have been a stroke or fit of some kind.

Walter was buried in Wymondham Abbey on 21st January 1872, which was a Sunday. A Frederick Howes is listed as licensee of The White Horse Pub from 1879 to 1886 - could this have been James' son and Walter's brother?

Think of Wymondham today with a handful of pubs for a population of 14,000 plus. In 1622 there were 33 alehouses and, in 1747, 39 alehouses for a population of 3,213. By my maths that means one alehouse to every 82.38 people and if you've ever seen .38 of a person I would like to know! Over the years many of the alehouses were closed as demand dropped and many became redundant and unable to pay their way.

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In brief...

TEMPORARY ROAD CLOSURE

A section of Browick Road will be closed from Monday 1st March for around six weeks to allow for improvements to the pavement. The closed stretch is between the junction with Ayton Road and the B1172 (Harts Farm Road).

CO-OP COMING TO WYMONDHAM

Co-op has confirmed it will be opening a new store on Silfield Road, on the site of the current Mr Overalls (which will be relocating to Wymondham Business Park). It is expected to create around 15 jobs and will hopefully open in the autumn.



METHODIST CHURCH VIDEO STREAMING

Wymondham Methodist Church meets on Sunday morning at 10.30am on Zoom, and all are welcome. You can also join by telephone if you would like to hear the service but not use a computer. In addition, 'Thought for the Week' is a 10- to 15-minute video which goes out every Sunday morning on YouTube at www.youtube.com/channel/UCIXB5UpkTV7o8Xfh27Gox8w, and on their Facebook Page are daily prayers, service sheets to use at home and links to the video service at www.facebook.com/HMWMethodistChurches, or search for Hethersett, Morley and Wymondham Methodist Churches.

To be added to the mailing list and keep up to date each week with what's going on in the church, contact tgc.2016@outlook.com.

BAPTIST CHURCH ON ZOOM

Wymondham Baptist Church is holding its weekly Sunday worship on Zoom at 10.30am, led by pastor Paul Smith. For more details visit www.wymondhambaptist.org, email office@wymondhambaptist.org or call 01953 606520. The website includes a Thought for the Week which comes out each Sunday.

LIVE MEDITATION

Paul Barratt of 2b@1 Hypnotherapy is running free live Mindfulness Meditation Sessions on Facebook every two weeks on a Thursday from 6.30pm to 7.30pm. The dates for this month are Thursday 11th and Thursday 25th March. For details visit www.facebook.com/2bat1Hypnotherapy

DRESSING UP FOR COMIC RELIEF

Next time you're in town keep an eye out for seven-year-old Lucas Cooke, who together with mum Caroline devised the idea of a Dressing Up Challenge for Comic Relief. Starting on 19th February and finishing on Friday 19th March (Red Nose Day), Lucas is aiming to walk round Wymondham in a different costume each day, to help raise awareness and a smile. Says Caroline: "We are currently five days in and have already hit our target of £200. We have been so overwhelmed by everyone's generosity and by their kind words."

To donate, visit www.justgiving.com/fundraising/carolinec-rednoseday21 or pop a few coins in their tub!



WIN!

We are offering two prizes this month courtesy of photographer Gavin Bickerton-Jones, a Getty photo contributor with an LRPS distinction from the Royal Photographic Society and a member of Wymondham Photographic Society (www.gbjphotography.co.uk).

One lucky winner will receive a copy of Gavin's new book 'Surrounded by Barn Owls', a 56-page photographic study of wild barn owls, showing different aspects of their behaviour using pictures from Gavin's vast collection. The book educates the reader on the best places to see barn owls and what to look for, along with tips on how to take your own owl photographs.



Another reader will receive an owl print, printed onto artboard and using a 'dispersion' technique in photoshop to reveal some of the photo in a smoky way.



To be in with a chance of winning, email news@wymondham-mag.co.uk with your answer to the following question:

How many species of owl are native to the UK?

The two winners will be drawn at random on Wednesday 24th March and announced in April's digital issue, out on Friday 26th March.

WHERE TO WALK?

A daily walk in the great outdoors is one of the few things we are able to enjoy safely at the moment, so we've raided our archives of walking articles to highlight some itineraries to help you vary your exercise while remaining close to home...

HERITAGE TRAIL

The Wymondham Heritage Trail launched in June 2018. Using a free app, walkers are guided around the town and can learn more about events from the past through virtual reality and augmented reality experiences. The trail takes about an hour and starts from the Market Cross - make sure you download the 'Wym Trails' app before you begin (you'll need a phone or tablet enabled with 4G). Look out for the pawprints on the ground to guide you - and make sure you have turned the sound up on your device to hear the pings telling you there's something to see! There are two trails - one for adults that combines virtual reality, augmented reality and video to tell stories of Wymondham's history, and one for children that features Henry Hare and a treasure hunt. They can both be run in parallel so all the family can take part together.



Start your walk from the Market Cross, walking down Fairland Street, crossing the B1172 and turning right onto London Road. Take a left turn onto the public footpath and then bear right into Tolls Meadow. Cross over the bridge, walk up the path, exit via the steps and turn left onto Cemetery Lane. Before you get to the station, bear round to the right and loop through the cemetery. You will walk past a flint chapel (divided by an arch into a Nonconformist chapel on one side and a Church of England chapel on the other) designed by Edward Boardman in 1882, and then along the higher path through an avenue of Scots Pine trees.

Leave the cemetery and turn left onto Cemetery Lane. Go back across the B1172 and continue into Whitehorse Street. Cross Damgate Bridge and turn right into Friarscroft Lane, before heading left up Chandler's Hill, continuing onto Brewery Lane. Turn left at the T-junction onto Friarscroft Lane and left again at Fairland Street to your starting point.

the simple beauty of the meadows and valleys through which the river winds. The path is marked by circular signs depicting the river and the Abbey.

A good place to enjoy a section of the trail starts just past the allotments on Chapel Lane, where there is a small parking area on the left immediately over the bridge (after which the road forks to Wicklewood and Crownthorpe). The path is easy to follow (although depending on the weather can be muddy). You will pass along the Tiffey river, cross over the Mid Norfolk Railway Line and head through the meadows, with the Abbey tower just visible ahead of you through the trees. The trail emerges at the car park of the Abbey Halt station. >



TOLLS MEADOW

Tolls Meadow is an important local nature reserve, described by Norfolk County Council as "a species rich, wet meadow. It is mown, raked by hand and cleared of scrub so that nettles and brambles do not overwhelm delicate wild flowers with their associated insect and bird life."

TIFFEY VALLEY

The river Tiffey begins life at Hethel, flowing through Wymondham north-eastwards until it eventually joins the Yare. The Tiffey Trails project was set up in 2005 by the Wymondham Arts Forum, and now provides a network of footpaths enabling visitors to enjoy



KIMBERLEY HALL

This walk follows another part of the Tiffey Trail, up to the 18th Century Kimberley Hall. It starts from Chapel Bridge at the end of Tuttles Lane - where a paved track away from the road leads past the allotments and joins a footpath following the line of the Mid-Norfolk Railway. The path crosses under the railway and then passes through several meadows.

When you cross a small bridge over a stream into a field with a path to the right, and a ford over the Tiffey to your left, turn right but bear off to the left *before* you get to the metal gate, keeping the hedge on your right. Follow the track through several fields, roughly following the line of the river. Eventually, you will pass through a hedge on the left into a grassy field. Follow the margin to the right, and you will end up at a tree-lined avenue - turn left, head down the track and follow the curve to the left.



At a farm track T-junction, you can turn right to Kimberley Hall. Built in 1712, it is now an elegant events venue as well as a family home, and sits within a 'Capability' Brown landscape that is home to Norfolk's best collection of ancient oak trees. Note however that down the hill a little past the hall the footpath comes to a sudden stop, and you will need to back-track. The left hand path at the T-junction loops back to the field by the avenue, passing the former walled gardens of the hall then almost doubling back on itself to the left before a bridge. You will have to re-trace your steps from the avenue back to Chapel Bridge (approximately two and a half miles from the hall).

SILFIELD RESERVE

Sitting as it does in immediate proximity to the busy A11, Silfield Reserve (pictured right) may not be the most quiet place to visit, but it is surprisingly peaceful. When the A11 bypass was being developed in the mid 1990s, it became apparent

that a nature reserve would need to be created to provide habitat for local great crested newts. The reserve is now home to many species, including newts, frogs, toads, butterflies and 15 species of dragonfly, as well as abundant birdlife.

Park at the end of Burnthouse Lane (a dead-end for vehicles), from where several paths can be chosen, including one that crosses the A11 and heads back towards Wymondham via Rightup Lane. To access the reserve however, take the gate into the fields on the right. You can head straight on into open grassland, bisected by the river Tiffey, or you can turn left into the fenced reserve (dogs on lead in this bit in order to protect resident wildlife).

CENTRE PAWS

This easy walk is perfect for dog lovers! Start from Tuttles Lane, where a good track at the junction with Melton Road leads through fields towards a small woodland. On the left is Paws For Play, a fully-fenced two-acre field that can be hired out to dog owners who want a safe space for their pets to train and exercise.

Continue on the track past Paws For Play, and follow it all the way until you reach a lane, ignoring an earlier turn down a field margin to the left, as this is where you will come out later. At Youngmans Road, turn left and head past Wood Farm Vets. When you reach the Barnham Broom road, turn left again and a short distance on the left is the entrance to Barnard's Farm. It is here that Centre Paws - described as a 'canine business hub' - was launched in 2018 by David and Kathryn Cross. At the bottom of the drive, pass through a metal gate signed as the Centre Paws Farm Walk and head across the grass field to the top right corner.



Turn left and follow the tree line before passing into the next field, eventually rejoining the previous track and retracing your steps to Tuttles Lane.

KETTS PARK WOOD

Ketts Park is situated on Harts Farm Road. This walk follows the woodland trail created with help from The Forestry Commission, Greening Wymondham and the Norwich Fringe Project. Track the edges of the playing fields around to the right. Crossing over the paved path leading between Harts Farm and the industrial estate, you will see the entrance to woodland.

You will pass Moot Hill, although currently you can only glimpse the rising tree-covered ground to the right. A scheduled ancient monument, Moot Hill is believed to be the site of a large, medieval ringwork. According to Norfolk Heritage Explorer: "The ringwork, which is located in an isolated part of the Stanfield estate, is thought by some to have been built by the D'Albinis between 1088 and 1139. The feature measures approximately 150m by 130m, with a large bank and water-filled ditch; the internal area also appears to be filled with irregular water-filled pits or ponds. It is thought that a gold ring of Katherine Bigot, wife of Roger Fitz-Ortet who held Stanfield Manor in AD 1306, was also recovered from this area."

You can see the location of the circle - right alongside the A11 - clearly using the Google Maps satellite viewer.

The walk continues around the other side of the playing fields and back to the car park, where if you are lucky a small coffee van may supply you with hot drinks!



Restoration BY THE RAILWAY

Hidden away at the end of Strayground Lane, a dilapidated set of Victorian railway cottages currently makes a melancholy sight. Their dirty blue paintwork and ramshackle lean-tos hide what once would have been an attractive red-brick terrace of three, dating from the mid-1800s and built to house workers on the Norwich to Cambridge line, which runs alongside. Happily, the cottages will soon be restored to their former glory thanks to new owners, a local family with a passion for their history.

The Hadfields – James, Yvette, Holly and Sidney – have lived in Wymondham for 15 years, and acquired the property in October 2020. Its previous resident was Edward (Eddie) George Clarke, who bought it from the British Railways Board for £600 in June 1967 and lived there until recently, with nothing more than a toilet, a kitchen sink, some lights and a TV.



James, who works in Cambridge for AstraZeneca, was familiar with the cottages thanks to his daily commute. "I'd been going past the houses every day seeing them fall into disrepair and wondering who owned them," says James. "I used to see Eddie (although I never knew him

personally) occasionally from the train tending to sheep or working on the farm. We had also walked past the property several times as Strayground Lane is a lovely walk, which a lot of our friends have discovered for the first time since we bought the houses. When they came up on Purple Bricks, we saw the sign by the turn into the road that leads to the recycling centre, and I knew we had to take a look."

Two of the cottages had been knocked through into one to provide Eddie's home, and each room currently sports damp yet formerly vibrant retro wallpaper and lino. The other cottage

(number 2') has remained virtually unchanged since the 1800s.

It was the location that first attracted the Hadfields to the property. Says James: "It is a wonderful site, being situated very close to town but with a feeling that you are in the middle of the country. You soon get used to the trains! Additionally, the acre plot is going to allow us to build a bit of a smallholding and grow more veg and chickens than we can in our current garden."

James – who enjoys a project and spent the first lockdown building a homemade sauna – has been asked by many friends if he planned on knocking the cottages down. However, the intention is to turn them into two homes, living in the large 'number 3' cottage and renting out number 2.

"This will hopefully take us just over a year. The planning application is in (South Norfolk: 2021/0086) and we have a local builder on board. We'd like to make this as low-impact as possible with respect to energy use. As such, we'll be insulating the property very well, installing new efficient windows, and will put in a solar-electric run Air Source Heat Pump and Heat Recovery system. This should keep our bills low and reduce our long-term impact on the environment," James explains.



"It is rare to find a property in this state so that is exciting by itself. Each of us has different thoughts on what is most exciting – I'm already enjoying all the technical details that can be considered in the renovation! Longer term, the development of a smallholding is going to be fun but I'm most excited about trying my hand at building a micro-brewery!"

Sadly there were no barn finds in the outhouses, which include a Nissen hut and the original two-toilet privy that once served all three cottages as well as the neighbouring crossing keeper's bungalow.

"Unfortunately there was no 1960s Lotus Elan, no Brough Superior! There is a lovely bread oven

in number 2 which we hope we will be able to restore as a pizza oven. Both of the remaining Victorian outhouse extensions still contain the original copper wash tubs that were heated by a fire underneath. We have found lots of rusty old tools; and there were about 12 barns, sheds, kennels, aviaries, chicken shed, etc., built from scraps of wood and wiggly >



> tin that had to be taken down before we got a proper look at the site - Eddie never threw anything away!"

James is extensively researching the history of the cottages and is committed to recording it for posterity. The family has also set up an online blog (<https://1845renovation.wordpress.com/>) and Instagram page (@1845renovation) so that people can follow the work as it progresses.

The Norwich and Brandon Railway company was granted powers to build a line between Norwich and the small town of Brandon on 10th May 1844. The 63 miles of the Cambridge to Norwich route was originally estimated to cost £1,126,695.

The Norwich and Brandon Railway was the second railway in Norfolk after the Yarmouth and Norwich Railway. The two companies merged just before opening the line on 30th July 1845 to become the Norfolk Railway company, which was itself amalgamated into the Great Eastern Railway in 1862. This operated the main London Liverpool Street to Norwich line and the London-Cambridge-Norwich route the railway cottages stand beside today.

The line was built by Messrs Grissell & Peto, and the engineers were Robert Stephenson (son of George "The Rocket" Stephenson) and George Parker Bidder. Building work commenced at Wymondham on 17th May 1844, and finished on 1st July 1845. Originally the line terminated just outside Norwich until the Trowse swing bridge opened in December 1845. The first through services from London via Cambridge to Norwich Thorpe station started on 15th December 1845.



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Tales from the POTTING SHED

Hello Ole Partners. My gardening tips this month are focused on how to prune roses.

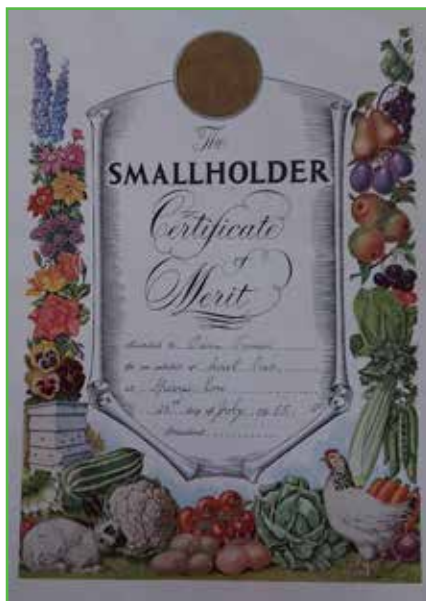
- Bush roses. Remove diseased and very old growth with clean disinfected pruners and cut back to a healthy outward pointing bud. Be bold with remaining shoots and cut them back to an outward pointing bud too.
- Lightly fork the soil around each bush and work in a small amount of high potash based fertilizer.
- Climbing/rambler roses. Best way with these is to cut away from any supports and carefully fan the plant stems out on the ground. Select three or four of the strongest stems and tie back to the support, discard the rest. After three weeks remove any inward pointing buds from these stems to encourage air circulation and encourage stronger outward facing flowers.
- Discarded stems can be cut in to 15" (38 cm) lengths to grow new plants from. Press the bases in hormone rooting powder. Dig a trench in the garden and place the stems in it so that they are 4" (10 cm) apart and have 4" (10 cm) showing above the ground. Pack the soil in tightly around them.
- Watch these shoots carefully and cut off any flower buds to encourage root formation. Keep clear of greenfly. Next year you can dig them up and replant or give them away.

My favourite rose for scent is the traditional English variety Gertrude Jekyll. I love the scent of sweet peas too and this month I thought I would tell you a bit about my days growing flowers and produce to enter in competitions. In the 1950s local flower and produce shows were very popular. Spooner Row had an annual show in late July and I used to put my roses and

sweet peas forward for judging along with vegetables from my garden. Many Wymondham people went to the same show, so there was always a heavy entry. My biggest problem was getting all my entries there on my bicycle and, inevitably, some exhibits were damaged along the way. In 1955 I won four awards there: first and second for roses, second for onions, first for my sweet peas and a Smallholder's Certificate of Merit. I am very proud of that. Annette found it when she cleared my old home.

I well remember my old friend Walter coming to see me one year, when I was not going to compete, to ask me to give him things to show as his. Cheating, really, I suppose. Well, I gave him a lettuce, cauliflower, cabbage and a few other things. He won five first prizes! Much to my annoyance he kept ALL the prize money for himself, didn't give me so much as a penny. I thought to myself "I shan't never give him anything again". And I didn't.

Another show I used to enter was at Winfarthing. Local farmer Sidney Cole employed a professionally qualified gardener and was quite sure at one particular show that he would beat me as a result of this clever intervention. I took first prize again. Goes to show that 'proper' gardeners don't necessarily know as much as us amateurs.



Many families had a good sized garden and veg plot or access to an allotment. Growing their own veg was something men used to do when they came home from work. It was a cost-effective way of supplementing the food on the table and a way to relax too.

I'm right proud of the fact that when I bought my Bunwell house in 1958 for £1,500 I also managed to secure an extra 1.25 acres of land for just another £100! At the time people told me I was daft to pay that amount of money for it but, given current land prices, I doubt they would be laughing now – it proved to be a very good investment. I grew all sorts of vegetables over the years to eat myself and sell from my roadside stall, and I grew chrysanthemums to sell to local florists and the public on that land. The chickens I kept in the orchard part of it paid their way with their eggs and the apples went to make cider as I've told you before. It more than paid back my initial expenditure.

Of course, you ate what was local and in season then, not much was available that was exotic or out of season. Food miles wasn't a term I was familiar with neither. And home grown definitely tastes better than some of that watery rubbish you get shipped in from abroad. There's a reason why British strawberries are tastier and best eaten in the summer!

These days, all them new homes are sold with postage stamp sized patches that I don't know how house builders dare call a garden, but I suppose times and needs have changed. After all this time in lockdown though I expect many people have discovered how good it can be to get out in your own garden so perhaps we will see a resurgence in 'grow your own' as a result. I do hope so.

Until next time, moined 'ow yer go.

Owen

Robert Kett Court resident Owen James, 95, is a true 'Broad Norfolk' speaking character. Once a resident of Bunwell Street, he now runs a residents' gardening club with help from his town councillor daughter Annette.

An update from



Star Throwers

Holistic Cancer Support Charity

By Victoria Pigg, www.starthrowers.org.uk

We are delighted to have been accepted for the next round of the Aviva Community Fund. We have launched a project which aims to fund 12 months of free counselling sessions for cancer patients and carers, including bereavement counselling.

We want to raise £3,700 and we need your help - visit our project page to find out more. All Aviva employees have a free £25 pledge - please share this with them to support our services: www.avivacommunityfund.co.uk/counsellingforcancer



Our support is free of charge and open to all those affected by cancer. To register as a new patient or to book an online or phone appointment with our nurse please call 01953 423304, email us or visit our website to fill in our simple online form: www.starthrowers.org.uk/about-us/contact-us

Whilst our charity shop in Wymondham is closed due to the latest lockdown restrictions, please take a look at our Star Throwers eBay shop, we have a huge selection of items available and new items added regularly: www.ebay.co.uk/str/starthrowers. We are also adding several 'click and collect' items to our Facebook page: facebook.com/StarThrowers and items in our shop window are also for sale - all are available to collect from our centre in Wymondham.

Star Throwers Skydive Day 2021

Are you looking for a new challenge in 2021? Our annual Skydive Day will take place on Sunday 27th June - raise a minimum of £315 (and pay a deposit of £50) and your skydive will be FREE! Contact us if you would like to take part and if you are unable to make this date, you can book to skydive at other dates throughout the year.

To find out more about how Star Throwers supports people affected by cancer visit www.starthrowers.org.uk, email info@starthrowers.org.uk or call 01953 423304.

BOOK REVIEW

Strangers On A Train By Patricia Highsmith



In 1951, Alfred Hitchcock directed and produced a film called *Strangers on a Train*, only a year after the novel of the same name by Patricia Highsmith had been published. The film maintains a high-on-unheard-of 98% approval rating on review aggregator Rotten Tomatoes, and - despite mixed contemporary reviews and Highsmith's originally popular opinion declining over time - is now widely considered one of Hitchcock's best. The novel retains its status as a widely-read classic of the 'suspense' genre and has

seen multiple adaptations and influences on popular culture since its publication. Hitchcock's film, likewise, continues to entertain to this day and quite rightly earns its status as a classic.

Nobody could call Patricia Highsmith's *Strangers on a Train* anything less than popular. This could partly be attributed to its simple yet deliciously wicked premise. Two men meet on a train. One, a decent and well-meaning architect named Guy Haines, the other a seemingly charming but psychopathic playboy named Charles Anthony Bruno. It slowly transpires that both men have people in their life they would rather be rid of (as we all do). The conversation then descends into this chilling folie à deux: "Hey! Cheeses, what an idea! We murder for each other, see? I kill your wife and you kill my father! We meet on a train, see, and nobody knows we know each other! Perfect alibis! Catch?"

Guy Haines shrugs him off, making the fatal assumption that Bruno is joking. A story of tragedy, isolation, psychological manipulation, and crippling guilt ensues.

Patricia Highsmith is at the height of what she does best in this novel: examination of psychology and the darker side of human nature. Charles Anthony Bruno is a phenomenally drawn villain, and every step he takes to entwine Guy in his web of entrapment feels as if it is entwining the reader with it. Two themes dominate this novel: the first, that one's nemesis is often one's equal. The second, the theory that everyone - even the best of us - has it in them to commit murder. It is simply our willpower that prevents us from doing so, and when that willpower is slowly broken down, we are done for. Bruno is presented as the personification of Guy's inner dark side that secretly yearns for somebody's death, despite our sense of human morals preventing most of us from carrying out those wishes. The novel ends with a passage claiming that, "Any man can be broken down. I could break you down. Given the same circumstances, I could break you down and make you kill someone. It might take different methods... but it could be done." Such ideas will be very familiar to Agatha Christie fans, or anybody studying Shakespeare's Othello in school.

A comment to fans of Hitchcock's version considering reading the source material: the screenwriter did more or less rewrite the second half. You won't find any out-of-control-merry-go-rounds in Highsmith's novel (watch the film!) Regardless, this book is the result of a truly brilliant story in the hands of a truly brilliant author.

BUSINESS SPOTLIGHT

Reno Refills

Market Street, Wymondham



Building a reputation in Wymondham as a 'green' retailer has kept local businessman Chris White busy for over a decade. Stepping away from a scientific career to pursue an idea about refilling glass bottles seemed very natural for somebody with a head for problem solving and who enjoyed drinking wine. Having refilled tens of thousands of wine bottles and now with plenty else available he is pleased that the business continues to grow as we emerge from the pandemic...

Reno Refills has become the place to go for more environmentally friendly shopping in Wymondham. Chris is "keen to provide customers with choices to help support local producers, to reduce their carbon footprint and to enjoy a more sustainable way of life."

Reno stocks a large organic range of foods and wines, local cheeses, whole foods and natural goods. The shop now offers food supplements and traditional remedies to complement the increasing number of dietary changes which many people have made recently.

"Our shop is a double fronted Tudor premises at 15-17 Market Street, near Damgate Street. We have a small dedicated team of six employees so there's always a member of staff available for advice or to help with

specialist requests. We enjoy offering a varied service including preparing bespoke gift packages and sourcing unusual food and drinks. Recently we've worked with other local businesses to share resources and reduce waste."

Chris recalls: "One of my neighbours used to take a regular trip to the recycling centre in Wymondham with their empty wine bottles and I joked how easy it would be if they could just be refilled. It wasn't long afterwards in 2009 that the business was established with only one product, a French red wine which I imported then bottled locally, providing one of the first refill opportunities in the UK."

The idea of reducing waste and packaging was popular and as the number of customers increased so expanded the range of wines and 2014 saw the opening of the current premises

in Market Street. "Since then we have continued to source more and more goods to offer for refill and now have hundreds of products saving waste on wines, spirits, foods and home and body care items.

"This last 12 months the Covid pandemic challenged us in ways we never expected, so adapting quickly has been essential for us to continue serving customers safely." A counter service operates at the door during the most stringent lockdown conditions and the business also delivers throughout Wymondham and surrounding villages. "Our customers led the way in contacting us to request deliveries. We now take orders by phone and email and our new website offers a chance to browse our products and order online for delivery or collection.



"We've seen the light at the end of the tunnel become nearer, and brighter, in recent weeks. All of our team are thankful to have been able to serve so many people during these turbulent times and look forward to the time being right to see everybody out shopping and enjoying Wymondham again."

Reno Refills can be contacted by phone on 01953 425995 / 603738 or email info@renorefills.co.uk. Images by Saskia Kerr

THE WITNESSING OF WILLS DURING A GLOBAL PANDEMIC

Written by Elizabeth Atkinson, Private Client Executive at Spire Solicitors LLP

To be legally valid, a Will has to be signed by the Will-maker in the presence of two witnesses. The witnesses, who are also required to sign the Will, must be over the age of 18 years, have full mental capacity and must not be a beneficiary of the Estate.

In the midst of a further lockdown, where the safety of both our staff and clients alike is paramount, it is advised that Wills are signed in the presence of witnesses from a safe distance, by using appropriate personal protective equipment, separate pens, adhering to social distancing rules, etc.

A further option involves having Wills witnessed through a window with the witnesses having a clear view or sight of the Will-maker at the time at which the Will is signed. In such a case, the Will-maker and the witnesses must ensure that they remain safe at all times during the process and that strict adherence to the Covid regulations applies.

Alternatively, there is the option of having a Will signed via video link which allows either a two-way or three-way link with the Will-maker and the witnesses. During the process, the Will-maker must ensure that the two witnesses can see him or her, that all parties can see each other and that all can witness each other's actions. It is important that the witnesses can see that it is a Will that the Will-maker is signing and that they can clearly observe the signing of the Will. If the witnesses

are unknown to the Will-maker, confirmation of their identity should be requested and shown during the video call.

As soon as the Will itself has been signed by the Will-maker, it is important that the Will is taken or sent to the witnesses as soon as possible, ideally within 24 hours. Once the Will has been received by the Witnesses, they must contact the Will-maker by video link, in order that they can witness the Will in the presence of the Will-maker. Once both witnesses have signed in the presence of the Will-maker via video link, the Will becomes legally bound. It is also advised that the Will signing process is recorded, if possible, where video-witnessing is used.

Due to the complexity and potential issues surrounding the Will signing process which can result in the invalidation of a Will, we strongly advise that you contact a qualified legal professional for legal advice and guidance in this regard.

If you would like to discuss any points in this article further, or would like to prepare a Will, please contact Spire Solicitors LLP on 01953 606351.



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From my perspective

By Councillor Suzanne Nuri-Nixon

With so many elections in recent times, we can be forgiven for thinking people are suffering from election fatigue. That and the relentless media coverage of Brexit (which was sadly overtaken by something arguably even worse, the Covid pandemic) would make you believe that there was no other news happening anywhere in the world, with the possible exception of Trump's antics in the United States.

So me telling you that there are more elections in May is probably not welcome news. However, these local elections are as vital to our democracy as any General Election and have already been postponed from last year due to Covid. Local politics is politics at its most basic and is where local people can actually make a huge difference in how we live our lives.

Local councillors set your council tax, are responsible for house building, education and children services, social services, street lighting, local economy support, environmental services (including yes, dog poo bins), libraries and much more.

The elections on Thursday 6th May will give you the chance to vote for new County Councillors and a new Norfolk Police and Crime Commissioner. And here in Wymondham, you will also be able to vote for three Town Councillors following vacancies in January.

With so much uncertainty whether the May elections this year would go ahead, it is with some relief that the government indicated they would and appropriate measures are now being put in place to ensure safe, Covid secure voting can occur. But for those still anxious about going out to vote in person, you can still apply for a postal vote form (see the link below) and save yourself a trip to the Polling Station.

However Covid has affected the way we all campaign so knocking on doors, attending events and generally trying to meet people in person is currently not permitted. So we are looking at more creative ways to reach our voters and though there are additional costs involved, we are keen to get our message across somehow.

From a personal viewpoint, I'm proud to be standing in the County election. So as well as my regular work as Town and District councillor, I have been preparing leaflets which we hope to get delivered soon.

It's very easy to dismiss local elections and turnout is usually low compared to General Elections. However as I said, local politics arguably affect us more. You have a right to say who you want to govern and only by voting can you influence local services and amenities which affect you and your family.

For a postal vote, go to www.gov.uk/government/publications/apply-for-a-postal-vote. Postal vote forms should then be sent to Electoral Services, South Norfolk District Council, Thorpe Lodge, 1 Yarmouth Road, Thorpe St Andrew, Norwich NR7 0DU.

What's in a photo?

WYMONDHAM DANCING CLUB IN THE ROARING TWENTIES AND ITS VICARAGE ROOM HOME

By Philip Yaxley



The Vicarage Room in Church Street, seen here early last century covered in snow, was the home of the Wymondham Dancing Club in the Roaring Twenties. It was the Jazz Age of the flapper with the Charleston and other "modern dances" all the rage – 100 years before Strictly! The club was organized by James Underwood and his wife Connie, who ran a men's hairdressers and confectionery shop respectively in Middleton Street. The club hired a dancing teacher, Evelyn Merriken-Smith, from Norwich.



The club's annual celebration dance in 1923-1924 (pictured) was attended by many more of the town's Bright Young Things, including my Aunt Molly (third from left in the third row). This photo may not have been taken in The Vicarage Room, the Dancing Club's normal home, but on this special occasion the group may have been posing in the Picture House in Town Green. Mr. A.E. Orton, the cinema's manager at the time, is first left on the fourth row.

The Vicarage Room, once colloquially known as The Tin Tabernacle, was used for meetings, exhibitions, plays, socials, whist drives, Sunday School and the Abbey Youth Club. During the First World War in November 1914 a Red Cross (Voluntary Aid Detachment) Hospital was opened in the room and during the Second World War the Civil Defence and the military used it. It was demolished and in May 1970 the Abbey Hall was opened on the site.

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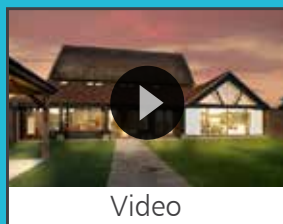


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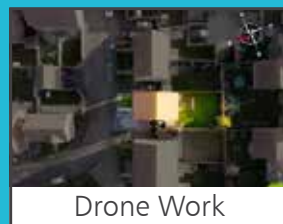
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WHAT'S ON?

Saturday 27th February

The Hedge At Home
8pm, by Rob Duhig, with guest Gerry del Guercio (from London)
www.facebook.com/thehedgeathome

Sunday 28th February

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 1st March

Free Online Art Class
10am, via Zoom. By Norfolk Libraries
kirstyoleary@outlook.com

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Wednesday 3rd March

Free Online Art Class
10am, via Zoom. By Norfolk Libraries
kirstyoleary@outlook.com

Sunday 7th March

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Total Forgiveness: Realistic?' by Neil Starling
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 8th March

Online Quiz
8pm, by Slow Theatre Company. Live on

YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Thursday 11th March

Mindfulness Meditation Session
6.30pm, by 2b@1 Hypnotherapy. Live via Facebook
www.facebook.com/2bat1Hypnotherapy

Read My Mind - #TimeToTalk about reading for men's wellbeing
7pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

Saturday 13th March

The Hedge At Home
8pm, by Rob Duhig, with guest Tom Jennings (from Norwich)
www.facebook.com/thehedgeathome

Sunday 14th March

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Total Forgiveness: Father forgive them' by Paul Smith
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 15th March

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Sunday 21st March

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Total Forgiveness: Blessing your enemies' by Paul Smith
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 22nd March

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Thursday 25th March

Mindfulness Meditation Session
6.30pm, by 2b@1 Hypnotherapy. Live via Facebook
www.facebook.com/2bat1Hypnotherapy

Read My Mind - #TimeToTalk about reading for men's wellbeing
7pm, via Facebook. By Norfolk Libraries
www.facebook.com/NorfolkLibrariesUK

From subterranean Norwich to highland Wymondham by Matt Williams - talk for Wymondham Heritage Society
7.30pm, via Zoom
www.wymondhamheritagemuseum.co.uk



MARKETS

Every Friday

Charter Market
8am to 5pm, Market Place
01953 603302

Third Saturday
(20th March)

Farmers' Market
9am to 1pm, Market Place
01953 603302

WHAT'S ON, continued...

Saturday 27th March

The Hedge At Home
8pm, by Rob Duhig, with guest Michael McNevin (from California)
www.facebook.com/thehedgeathome

Sunday 28th March

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Total Forgiveness: When we are unfairly accused' by Paul Smith
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 29th March

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Wednesday 31st March

Online Book Club - 'The Closer You Get' by Mary Torjussen
8pm, via Zoom. By Norfolk Libraries
libraries.iconnect@norfolk.gov.uk

Norfolk Libraries online

Every day

Virtual Just A Cuppa
10.30am, via Zoom
libraries.iconnect@norfolk.gov.uk

Tuesdays

Bounce And Rhyme
10am, via Zoom
libraries.iconnect@norfolk.gov.uk

Just A Cuppa (Babies & Toddlers)
11am, via Zoom
libraries.iconnect@norfolk.gov.uk

Reading Friends
2pm, 6pm & 7pm, via Zoom
libraries.iconnect@norfolk.gov.uk

Shut Up and Write
4pm, via Zoom. For young people aged 13-16
www.facebook.com/events/356479102243391/

Young Reading Friends
4.30pm, via Zoom. For young people aged 13-16
libraries.iconnect@norfolk.gov.uk

Wednesdays

Just A Cuppa
10.30am, via Zoom
libraries.iconnect@norfolk.gov.uk

Digital Health Hub
12.30pm, via Zoom
libraries.iconnect@norfolk.gov.uk

Knit And Knatter
2pm, via Zoom
libraries.iconnect@norfolk.gov.uk

Thursdays

Just A Cuppa (Bumps & Babies)
11am, via Zoom
libraries.iconnect@norfolk.gov.uk

Fridays

Drop In And Craft
3pm, via Facebook
www.facebook.com/NorfolkLibrariesUK

To include your event date (online or 'in person') for free, email the details to news@wymondham-mag.co.uk



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Star Throwers

Holistic Cancer Support Charity

Star Throwers provides individual support for people affected by cancer. We have adapted a range of services which we are now able to provide remotely.

Cancer Information Sessions

These sessions help patients understand their cancer diagnosis, treatment options and explore the possibilities of clinical trials.

Counselling

Talking therapy, including bereavement counselling.

Fatigue Management

Help and support to manage your energy levels.

Nutrition Support

Talks, one-to-one consultations and group Q&A sessions on cancer nutrition.

Writing For Wellbeing

Therapeutic writing group for all via zoom.

Reiki

Relaxing wellbeing therapy and a friendly chat.

Yoga

Online 90 minute yoga sessions available for all abilities.

To access our support or to find out more about our free services please contact us:

www.starthrowers.org.uk

01953 423304

info@starthrowers.org.uk

Registered Charity No. 1162237

