

# WYMONDHAM Magazine

ISSUE 65 | SEPTEMBER 2022

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Inside

# They're Back!

Mid-Norfolk Railway Trains  
Return to Wymondham Abbey







  
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Ian MacDonald, MNR

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## From the Editors...

Welcome to the September edition of the magazine, the first print issue we've produced with no financial support from the Town Council. This month we're funded entirely by our fantastic advertisers - so we'd urge all our readers who enjoy and value this publication to consider their products and services and let them know where you saw their ad!

This month, we're pleased to introduce our brand-new local coupons. These offer you, the reader, exclusive discounts at businesses in and around Wymondham. From food and drink, to massages, pet grooming, hobbies and shopping, there are **10x vouchers** to look out for on these pages. Hunt them down. Cut them out. And enjoy yourself whilst supporting the local economy.

Your magazine contributors haven't let us down this September. In fact, we've got more articles than we could afford to publish over 32 pages. So check out our website [www.wymondhammagazine.co.uk](http://www.wymondhammagazine.co.uk) and social media throughout the month for even more stories.

Living nearish the Mid-Norfolk Railway, the honks and whistles of passing trains are normally the soundtrack to our summer, so we couldn't help celebrating their return with our front cover: They're Back! Enjoy the issue.

Kim and Jimmy

## In BRIEF:

### SUPPORT FOR GREAT BIG GREEN WEEK

Local playwriting group, Four by Four, is supporting The Great Big Green Week, being coordinated by Greening Wymondham. The selection of original plays to be performed at 7:30pm on Saturday 24 September at North Wymondham Community Centre, will have an environmental theme. One is a conversation between two trees. Tickets are £6.00 and can be booked in advance on 07851 370666 or via email: [tony@valemailuk](mailto:tony@valemailuk). Pay at the door (cash only).

### HARVEST CELEBRATIONS

Wymondham Methodist Church invites you to their weekend of Harvest celebrations on 17/18th September. On Saturday 17th the church will be open from 10:30am to 1:00pm for you to come and view the Harvest decorations and then enjoy refreshments in the Town Green Centre. On Sunday 18th there will be a service at 10:30am in the church followed by tea and coffee.

You are warmly invited to visit the church over the Harvest weekend.





# FUNDING BOOST FOR BECKET'S CHAPEL

By Judith Harwood

Wymondham's historic centre will be given a major boost by restoration of medieval Becket's Chapel.

This month Becket's Chapel will begin its journey of transformation into a major community hub and visitor centre in the heart of historic Wymondham following a successful fundraising campaign by the Norfolk Historic Buildings Trust (NHBT).

NHBT's proposal to restore Becket's Chapel began in 2014 when Judith Harwood, long time Wymondham resident and now Chair of NHBT, saw the need to restore the Grade I listed chapel as an important opportunity for revitalising the town centre. Working with the present owners of the Chapel, the Wymondham Old Grammar School Trust, and the long-term tenants, the Wymondham Arts Forum, she and her NHBT colleagues set about investigating the history and fabric of the Chapel and seeking funding. NHBT has a successful history of restoring some of Norfolk's most important historic buildings and was able to bring a wealth of specialist knowledge and expertise to the project. Early support from the nationally based Architectural Heritage Fund (AHF) enabled the viability case to be made for the

conservation and sustainable re-use of the Chapel.

Their support has continued with AHF and Historic England providing development funding, and more recently major grants: £400k from Historic England and £100k from AHF to enable the £625k first phase of the restoration project to commence this autumn. Other trusts including Norwich Freeman's Charity, the Pilgrim Trust, the Headley Trust and the Geoffrey Watling Charity have also made generous contributions to the project funding.

Wymondham Town Council has also lent its support for what will be a net zero approach to conservation, a first for a medieval building of this quality. It is anticipated that the Visitor Information Point will be relocated to the restored Chapel making it the focal point for visiting the historic town centre.

The first phase of the project will restore the chapel's fabric and should see it removed from the Heritage at Risk Register. The second, for which fundraising will commence this autumn, will provide the necessary resources to enable it to act as the hub of visitor activity with the Visitor Information Point, full disabled access and retail



Photos: The Architect Studio

and catering facilities with the help of a modern extension. Energy saving initiatives will be introduced throughout the project including insulation and underfloor heating and, we hope in the second phase, a ground source heat pump and solar panels incorporated into the design of the extension.

More information about NHBT and this project can be found on their website, [www.nhbt.org.uk](http://www.nhbt.org.uk)

## FIVER FEST TO RETURN

By Tracy Kenny

The Totally Locally Fiver Fest is returning to Wymondham, and this time we're teaming up with the Great Big Green Week to bring an even bigger celebration!

During the weeks of 24 September to 8 October, independently owned businesses in Wymondham will be offering great deals for only £5, to help you discover the value, expertise, and variety that you get when you buy from a local expert.

Wymondham first joined the national festival celebrating local independent shopping in February 2020. The campaign promotes the idea that if every adult in Wymondham spent just £5 a week in independently owned businesses, we would add £2.8 million of additional income to the local economy.

This means more jobs, a vibrant high street, higher house prices, and a great sense of community.

The offers highlight the contribution to the economy and the social support

that local shops and businesses bring, but it's also an opportunity for those businesses to say 'Thank you' to their loyal customers who have supported them through the pandemic.

Em Kuntze of Kett's Books helped to introduce the campaign to Wymondham. She said 'Over the last couple of years so many people have come to understand how important it is to have a strong high street. When hard times hit, people need to know where they live is strong. We've got through the lockdowns, but now new challenges loom. We need to keep the high street going so the people who we've got to know, the businesses that care about us, are all there when we need them. With Fiver Fest everybody can find a fiver, join in, and make a difference year-round.'

For any independent business wishing to participate in the Fiver Fest in Wymondham, please contact [totallylocallywym@kettbooks.co.uk](mailto:totallylocallywym@kettbooks.co.uk)



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# ROTARY CLUB RAISES MORE THAN £2,000 AT JAZZ PICNIC

By Philip Richardson

"Have been to previous ones and this is the best". This comment, from a member of the 1,500 strong audience at the Jazz Picnic on July 2nd, reflects both the popularity of the event with the people of Wymondham, and the great community spirit in evidence throughout the evening.

Despite thinning hair and their evident maturity, DixieMix, our regular band for many years, did not disappoint. By the end of the evening the grass in front of the band turned into an impromptu dance floor. As people left Becketswell field many commented how great it was to see whole families having a great time. And they showed their generosity by voluntarily contributing more than £2,000.

All costs of the event were met by generous sponsorship, so everything

that was donated will go to local charities chosen by the organisers, Wymondham Rotary Club. Other charities will benefit too. BREAK charity brought their coffee van, which did a roaring trade all evening. Wymondham Lions sold out of hot dogs and raised more than £300 for the charities they support.

The Wymondham Town Team, who had to cancel their celebrations for the Queen's Jubilee because of bad weather, brought the tombola they had planned for that event, while visitors from Reepham Rotary Club brought locally produced cards for sale to

support Ukrainian refugees who have found a place to stay in Norfolk.

Whilst the Rotary club organised the event it was greatly assisted by members of the Rotary Satellite group (who were responsible for the highly successful Food and Drinks Festival in the town during the previous week), by members of the Town Team and by individuals organised by Ian Hireson for their expertise in setting up the amplification system. The Town Council allowed Becketswell Meadow to be used free of charge for the event and also provided many of the gazebos for stallholders.



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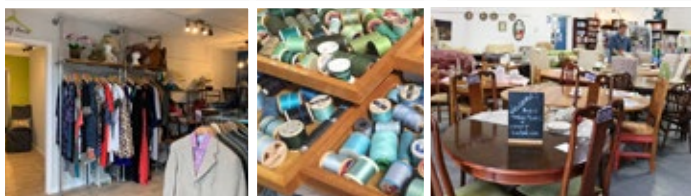
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## GREAT TURNOUT AT MUSIC ON THE MEADOW

By Joffy Garwood

On behalf of the whole football club firstly thank you to all who attended Music on the Meadow at WTFC in August. The turnout well exceeded our wildest dreams. We hope you enjoyed the day; we plan to make it an annual event going forward. Our aim is to reconnect with the people of Wymondham in a big way. All the feedback has been

exceptionally positive so thanks once more. Please look out for all our future events.

If you have any ideas for events that you would like to see happen, please let us know we welcome all feedback and ideas and or just want to hire our facility please contact us. [www.wymondhamtownfc.co.uk](http://www.wymondhamtownfc.co.uk)

## TOOL COLLECTION AT WYMONDHAM BAPTIST CHURCH

By Nicki Waterworth

On Saturday 17th September Wymondham Baptist Church is holding a collection day for Tools with a Mission (TWAM) from 10:00am to 4:00pm.

Tools with a Mission is a Christian charity that collects unwanted usable tools, refurbishes them, sorts them into trade tool kits and sends them to the developing world for livelihood creation.

Apart from keeping the old tools out of landfill, the newly refurbished tools give the recipients the means to generate their own income, create their own businesses and build a mindset of independence, not reliance.

How can you help us? Please bring your usable, not broken tools to

Wymondham Baptist Church on the 17th September. We will accept garden tools, sewing and knitting machines, carpenters', plumbers', motor mechanics' tools as well as power tools, electricians' and builders' tools. We also accept fully working IT equipment: desktop computers and laptops running a minimum of Microsoft Windows 7, tablets, switch routers and cables.

Thank you in advance for your help and we look forward to seeing you and your unwanted tools on the 17th September. For more information, please contact our church office on 01953 606520.



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Passengers board at Wymondham Abbey station  
Photos: Mid-Norfolk Railway

# THEY'RE BACK! MID-NORFOLK RAILWAY TRAINS RETURN TO WYMONDHAM ABBEY STATION



By Peter Singlehurst

Wymondham once again has two operational railway stations. The public can now catch a train from the Mid-Norfolk Railway's Wymondham Abbey Station north to Dereham, following a longer than planned line closure due to engineering issues on a section of the track that have now been resolved.

The trains will be a mix of heritage diesel hauled trains, steam hauled, or Diesel Multiple Units depending on the timetable and the weather. Steam hauled services are planned for weekends but will not be run however if the weather remains hot and the surrounding line side is still dry and parched due to the risk of lineside fires.

During hot weather periods the Class 47 number 47580 "County of Essex" in its special Queen's Platinum Jubilee livery is likely to be used if the railway's resident BR Standard Class 4 Tank engine 80078 is unable to run.

Charlie Robinson, the Chairman of the Railway, said: "We know our passengers will be disappointed by the non-running of our steam engines but we, like all major heritage railways, have made the decision that we are not prepared to take the risk of causing a line side fire due to a spark from a steam engine. There have been two fires near our line that we are aware of so far. Both were due to non-railway

related causes, but the risk is very much there."

Amongst the tourist and train enthusiasts travelling on one train recently was Mary Stolorthy from Toftwood, Dereham, she said: "I like to use the train to get to Wymondham to visit my daughter Michelle, it has been disappointing not to use the train this year as I normally travel several times a year. I could take the bus, but I have to change and this is nicer and so it is good it is back, I just have to make sure I catch the last train back!"

The railway is aware that many locals and visitors to the town enjoy a walk around the area of the station, but request that everyone takes care when trains are running. The railway has provided a viewing area next to the level crossing and the public are encouraged to use this facility.

Full details of the Mid-Norfolk Railway's timetable is available on the railway's website [www.midnorfolkrailway.co.uk](http://www.midnorfolkrailway.co.uk). The railway is also running its popular Breckland Fryer Fish and Chip trains and also the Afternoon Tea Trains, details again on the website. Likewise, the very popular "Children Go Free" promotion is still running.

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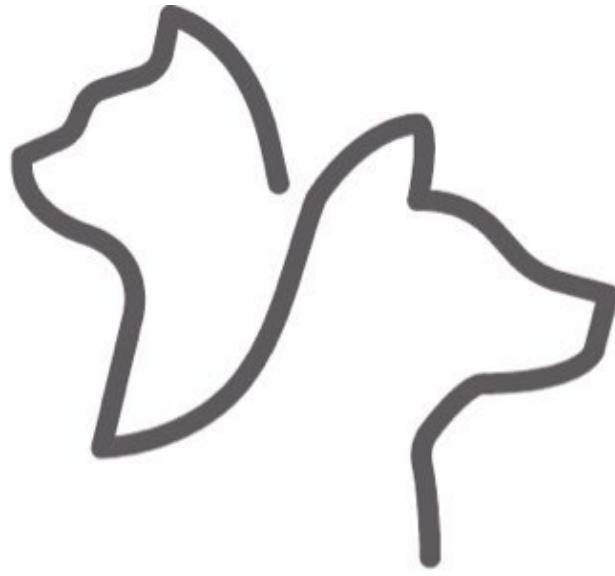
Mary from Dereham rides in style to meet her daughter in Wymondham

## In BRIEF:

### COUNTRYSIDERS ARE BACK

Countrysiders will relaunch the week commencing 12th September 2022. Meetings are run by volunteers but overseen by the County Office. Meetings will be fortnightly starting at 7 pm and finishing at 8.30 pm. Countrysiders is fun, practical and informative. There is a wide variety of meetings to suit everyone aged 10-16. For more information: please call the YFC office on: 01603 748931, Email: [office@norfolkyfc.co.uk](mailto:office@norfolkyfc.co.uk) or Visit: [www.norfolkyfc.co.uk](http://www.norfolkyfc.co.uk)





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# “WHY BEING A HEADTEACHER IS ONE OF THE BEST JOBS IN THE WORLD!”



Advertorial

By Cara Fahy

I have been privileged to be the Headteacher at Robert Kett Primary School since April 2020. I fell in love with the school the day I visited, which was actually Christmas lunch day - a filled lunch hall of smiling children helped me make the decision to apply for the job!

## WHAT I LOVE MOST ABOUT MY JOB:

- The Robert Kett TEAM - we are all united as a family to provide the best we can for the children of our school. For me it is the 'WE' not 'I'.

- Every day is so different and at times unpredictable but equally so rewarding!
- I have the responsibility to empower and lead others.
- Leading assemblies is one of the highlights of my day! Celebrating pupil success and seeing their beaming smiles when presented with their spotlight certificate is simply the best!
- Greeting pupils and their families as they enter the school gates is one of the most important parts of my job and no matter the weather - sun, hail and even snow, our Senior Leaders

are on the gate! We love to welcome our school community and we are also so lucky to be greeted with fabulous happy 'good mornings' from our school community.

- I have even dressed up as a pupil and joined classes for the day to view learning through the eyes of a child.

*Cara Fahy*

Proud Headteacher of Robert Kett Primary School



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# A SHOP THROUGH

## From Saddlers

By Sarah Standley

**T**he hot summer of 2022 has brought a new tenant to 3 Market Street, which we all remember with fondness as being Peter Parke butchers until his retirement in October 2020 after 72 years in the trade. The owner of The Enchanted Willow, Nicky O'Grady, has taken over the shop, having moved from next door with her floristry business.

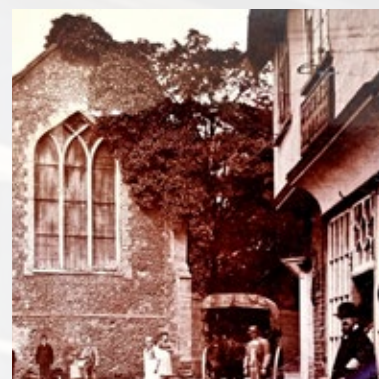
The property itself is a Grade II listed building. It's timber framed and dates back to the late 16th century with its earliest section being at the rear. The double leaf panelled doors are from the late 17th century as is the central roundel with radial glazing above. The building has examples of mullioned windows and has a jettied first floor. It is well worth studying the variety of features this fine building has retained over the last 400 years.

The building was known as 'the oldest house in the trade' in the late 19th century when Robert Wright, a saddler and harness maker occupied it and ran an ironmongery, oil and general stores.

In 1841 Robert Wright, age 30 was a harness maker in the Market Place with his wife Martha and young sons Robert age 6 and Thomas aged 6 months. Sadly Martha passed away in 1848. By 1851 Robert was still at the Market Place as a saddler employing two men. His eldest son Robert, had started to follow in his fathers footsteps as a saddler's apprentice whilst Thomas was 10.

The 1861 census shows that Robert had married again. By now Robert and his family had moved to 3 Market Street where he was listed as a harness maker as well as a farmer of 40 acres of land employing 5 men.

But what of Robert junior? He married Ann Day in Norwich in 1854 and by 1861 they were living in Middlesex with one son and two daughters but Ann passed away in 1870 when they were in St Pancras, now leaving Robert with four sons and two daughters. He remarried the following year to Elizabeth Wall.



Back in Wymondham in 1871 Robert Wright senior at 60 years was still a harness maker in Market Street and wife Maria was 55. Robert now employed just 2 men. However he died by 1873 which was possibly the reason behind the younger Robert's return to the Market Street family home and business by 1881. Along with wife Elizabeth he had a step son, a brush turner apprentice and step daughter plus three sons and two



H TIME...

## s to Butchers and Florists

daughters all at school, a house full indeed! He was a carrier and oil seller from the premises.

During the 1880s, Robert changed occupation and became a market gardener and florist. In 1891 he and Elizabeth were joined in the Market Street shop by two of their sons. John was a bootmaker clicker and Thomas, a groom and stable lad. Their daughters Amelia and Elizabeth were both employed in the local brush factories.

It's unclear when or why Robert and Elizabeth vacated 3 Market Street, but by the turn of the 20th century it had become a busy butchery run by Thomas Cross whose family had been butchers in the town since around 1780. Butchery was a trade which would be central to the building's identity for the next 120 years.

Over the years the Cross family lived and worked in much of Wymondham including Damgate in the mid 1800s. By 1861 young Tom Cross aged 15 had already entered the butcher's trade alongside his brother John William age 14. Tom had several siblings including little Jeremiah (then 3 and a half years old) who would take over Tom's business in time.

By 1871 the Cross's were located in Fairland Street and 1881 saw the Cross family at the Dog and Duck pub in Market Street where they also had a butcher's. This is now Reno Refills.

1891 saw Tom now married and he and wife Catherine were

living next to the White Hart. Over the next decade he acquired the old saddlery at 3 Market Street and he opened his own butchers, where they also lived with their daughter Violet Maud age 9 in 1901.

The 1911 census shows Tom, his wife, and daughter Violet 'Maude' (now aged 19 working as a dressmaker) living there along with Tom's sisters Emma, Adelaide and brother Jeremiah.

Thomas was succeeded in the butcher's trade by his brother Jeremiah 'Jerry' Cross by 1933 before Tom died in 1935.



Butchers shops then were very different to now with the owners taking pride in creating stunning displays of fresh beef, pork, lamb, sausages and poultry, often hanging sides and birds outside at the front, something which today would not be tolerated by Health and Safety officers and the public too! The Cross family had their own slaughterhouse at the rear so they could offer fresh meat at all times. Tubby Fulcher recalled to local historians Anne and Adrian Hoare how all the meat was on display in the shop and at the windows and if the meat started

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to smell it was thrown away and Jerry Cross stood by with a fly swatter at hand!

Following Jerry Cross's retirement the property became empty. Jerry died in 1943. With the butchers shop empty In World War Two, the army requisitioned the site for use as a gas decontamination centre.

Thomas 'Tom' Henry Parke hailed from Suffolk; was born in Fressingfield and lived in Mendham and Halesworth as a butcher. For a while Tom came to Wymondham in the late 1920s and had a butchers shop in part of the former George and Dragon Inn which had closed in 1928, in the Market Place (where Nationwide now is). The old inn was then called Southdown House. Tom and his family returned to Suffolk in the mid 1930s. In the war Tom returned to Norfolk and purchased Sutton Farm on London Road and in 1947 Tom acquired 3 Market Street, Wymondham. He removed the plaster cladding to reveal the original timber frame we are so familiar with today.

Tom opened his shop as a fishmongers with the intention of selling fish and chips as well, but this was never fulfilled. For a time he had a dry cleaners there too until his butchers licence came through. Tom's son Peter started his long career in the butchery trade in 1948 working alongside his father and his mother Christine who sold the fresh fish. Once Peter completed his National Service and left the army in the early 1950s he returned to the business and the rest as they say is history!

Following Tom's death on 8 February 1967 Peter took over the business and his mother, Christine continued to sell wet fish until the mid 1980s. Peter sold the famous Cromer

Crabs in the summer season, which proved very popular with the race to get a crab for tea before they sold out. In winter a must have was Peter's home made pork cheese and dripping. Other popular sidelines were local strawberries and of course his selection of home cooked meats and his famous ham.

Peter as a young man enjoyed playing table tennis in his free time at the Queen's Head. He reared beef cattle at Sutton to sell in the shop. However he stopped this, his daughter Jayne said, as 'he became too fond of the animals.' Peter met his future wife Yvonne at a dance, she lived in Hethersett and would walk past the shop on her way to work at Daniel's Nurseries at Northfield. Peter would wait outside the shop for her when she got off the bus. Peter and Yvonne had 3 daughters Jill Jayne and Anne who along with Yvonne were all involved in the business. The passing of Michael Cornwell in 2010 who had worked for Peter for 30 years was



especially sad for all.

In 2014 Peter reached 80 years of age and to celebrate the occasion having not taken a holiday since his honeymoon to Clacton on Sea in 1957, Peter's family arranged a surprise open-top bus ride to the Market Place where he was greeted by family, friends and customers. Once the festivities were over the press asked Peter what his plans were for the rest of the day and he said 'Well I'd better get back to work, I've got customers coming in and a shop to look after.'

With very few days off, Peter went to the shop every day even Sundays to check things over and spent especially long days there in the build up to Christmas prepping orders of turkeys, beef, geese, chickens, ham and of course his sausages - the best for miles.

Peter, a gentleman by nature, always gave a friendly wave as you walked past, asking about the football score, asking after the family and for any general news in the town. He admitted he loved the social side of his

work, meeting and speaking with his customers, which was the main reason he kept open for so long. Peter made children feel so lucky by always making sure they were given a little piece of ham and they loved it.

The 31st of October 2020 was a sad day for Wymondham, with the retirement of Peter Parke and closure of his premises following the Coronavirus pandemic with Peter feeling the time was right for him to finally put his feet up. Peter was inundated with best wishes for the future and for a well deserved and happy retirement with many greetings cards and presents after serving the town for 72 years.

In June 2022, the premises had new life breathed into it when Nicky O'Grady moved her florists shop The Enchanted Willow to the old saddlers and butchers. Nicky originally opened her business next door in March 2020 just as the country went into lockdown. This summer Nicky took the opportunity to expand her business to include

fruit and vegetables and a selection of locally made bakes and to move into one of Wymondham's oldest and most attractive buildings, bursting with history. Following in Robert Wright junior's footsteps as a florist and with fruit and vegetable sales and Nicky's stunning floral displays and enthusiasm for her craft, 3 Market Street has a wonderful future ahead of it.







# INFORMATION IS KEY

## Advertorial

By [Rebecca Mills](#), EweMove Wymondham

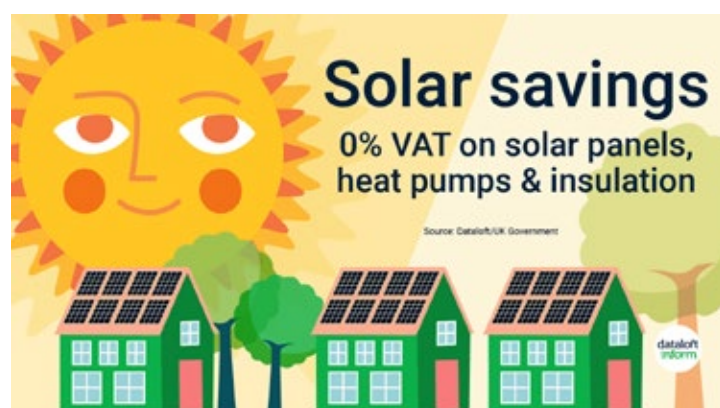
**S**ome things never change! Here we are in August facing heatwaves, when it seems like only yesterday that Storm Ewenice visited. This year's weather is certainly pushing us out of our comfort zone. OR is this the new norm? What about new norms in the property industry? Let's take a look...

In February 2022, a three-stage material information disclosure plan got underway, headed by the National Trading Standards Estate and Letting Agency Team, to set a new tone for transparent marketing within property sales and lettings. These welcomed changes covered **Tenure**, **Council Tax Band** and **Price / Rent**. By disclosing this information, consumers (buyers and tenants) are enabled to make informed decisions regarding financial factors. I consider information to be key to any successful sale and tenancy. Not offering this information outright makes no sense, and conducting a viewing without this knowledge is simply unprofessional. Note that 'Price on Application' i.e. POA is now considered a misleading omission, and the length of lease and related expenses must be disclosed. Admittedly, nothing here changes for me, but consumers certainly have reason for appreciation.

Next on the list is **Completion Dates**. Habitually, sellers and buyers alike have aimed for a Friday completion. Personally, I love Mondays, but society conditions us to look forward to the weekend. So, it may surprise you to know that recent surveys show that Fridays have made up less than 35% of completions – a

fact that conveyancers, solicitors and other related suppliers will be grateful for! You may also be interested to know that Wednesdays are the cheapest moving day by up to 20%. Before assuming a Friday completion, consider your options. The benefits of agreeing Monday - Thursday include increased availability from removal companies, a lesser backlog of transactions for legal and financial parties, not to mention the back-up of following working days to quickly resolve any problems. It's advisable to avoid the last Friday of a month, bank holiday weekends, and note that August is the busiest month for completions in the East of England.

Highlighted by environmental needs and most recently, cost of living inflation, **EPC Ratings** are very much in the spotlight. The energy efficiency of a home is having a higher impact on property values than ever before with 1 in 10 movers actively searching for green homes. In the East of England, improving a rating from D to A/B has a median price increase of £7880.00. Regarding the rental market, a survey by the platform Lettingaproperty in November 2021 showed that 52% of renters would be willing to pay 10% more for a greener home. Despite the changes to daily expenses, this figure is unlikely to have lowered due to the overall demand within the rental sector.



I hope you have found this interesting, and helpful. I absolutely loved hearing your feedback on my previous articles and look forward to speaking with more and more of EWE moving forward.

If you're moving house soon, remember to pack the kettle last!

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Visit: [www.ewemove.com/wymondham](http://www.ewemove.com/wymondham)





# WHAT'S IN A PHOTO?

## Trad Jazz at The Old Women's Institute Hall

By Philip Yaxley



Wymondham young trad (traditional) jazz fans had a great time at the old Women's Institute Hall on Norwich Road in September 1960 when the popular Kenny Ball and his Jazzmen were entertaining. Along with the likes of Acker Bilk and Chris Barber, Ball was at the forefront of the country's jazz revival in the early 1960s.

Many older Wymondham folk will recognize those in the main picture, which has been sent to me by Mike Lister, who came from the town but had a career in the navy and now lives near Portsmouth. From left to right they are Bronco Wilson, Mike Whitlam, David Poll, Mike Lister sporting dark glasses, Ann Osborne (later Mike's wife), unknown, David Macro and Billy Goffin. Another picture sent to me by ex-Wymondhamite Doug Fulcher, who now lives in Norwich, shows trumpet player Kenny Ball with his arm round local girl Jill Beck, who was elected Miss Wymondham in a beauty contest in 1962.

John Knights took over the Cross Keys pub in 1958

and went on to promote Friday evening jazz dances at the old WI Hall on Norwich Road, the front of which can be seen in another photo, while in February 1961 the Wymondham and Attleborough Jazz Club was formed and met at Attleborough's London Tavern. At its height it boasted 800 members. In May 1961 the club helped to stage an all-nighter at the WI Hall with four bands taking turns on the stage. It finished at 7.30am the next day and caused a furore among some residents of Norwich Road. It was the talk of the town, and I could have written a book on it!

In September 1965 the WI Hall closed and was subsequently demolished for housing, being replaced by the Central Hall, which opened in December the same year. Like other jazz bands at the time Kenny Ball and his Jazzmen enjoyed success in the charts, but as an enduring pop form trad could not compete with rock 'n' roll – but for a short period jazz fans always had a ball at the WI Hall!



Wymondham's Jill Beck with Kenny Ball  
Photo credit: Doug Fulcher



The front of the WI Hall, which once stood at Norwich Road



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# DEALING WITH PROBATE WHEN SOMEONE DIES WITHOUT A WILL

By [Alisha Rogers](#), Private Client Executive

**A**lthough many understand the importance of planning for their future, there are many occasions where a family member may die without a will.

## DYING INTESTATE

When someone dies without having a valid will, it is called **dying intestate**. This means the estate will be determined by rules of intestacy. This will also occur if a person does have a will but no beneficiaries are named.

The assets, including any property, money, and possessions, will be sold or transferred, and liabilities will be settled. The leftover balance will then be paid to the beneficiaries. This is known as **Administering the Estate**.

Once administered, the estate will be distributed in accordance with the legislation. This means that if someone dies without a will, the law will determine who receives and in what share. This means that in many probate cases where there is no will, unmarried or unregistered partners, stepchildren, and stepbrothers and sisters will not inherit anything.

An application must be made to the court before the legal administration of the Estate can begin. The intestacy rules that determine who gets what can be complex and the family tree will need to be clearly understood. Due to these difficulties, cases of probate without a will can have a greater risk of mistakes in the identification of who administers and benefits from the Estate. Estate administrators could be personally liable for any loss resulting from a breach of their duty.

It is thus highly advised that probate cases without a valid will are dealt with by specialist probate solicitors.



## RULES OF INTESTACY

As described above, the rules of intestacy can be strict and complicated and do not allow for modern family relationships. Below are some simple examples of how an estate may be divided in straight forward situations.

- If the person who died was married or in a civil partnership with no children, all of their estate will go to their partner.
- If the person who died was married or in a civil partnership with children, the first £270,000 of their estate will go to their partner together with all the deceased's personal chattels. Anything over this will be divided between the partner and the children. The partner will receive 50% and the children will receive 50% divided between them.

Examples with modern family relationships:

- If the person who died was not married or in a civil partnership but was living with their partner, the partner will not be entitled to receive anything.
- If the person who died was not married or in a civil partnership but did have children, the whole estate will go to them. If there are no children, the estate will instead go to parents, siblings, or other relatives.

If you would like to discuss any points in this article further or are looking for independent advice when administering an estate without a will, please contact Spire Solicitors LLP on 01953 606351. We can also assist with writing a will to ensure your wishes for your family and assets are honoured upon your passing.

## SHIPPING CONTAINER SHOP AT STAR THROWERS

By Sara White

In Spring 2022, Star Throwers were the proud recipients of a 40ft shipping container, kindly donated by Pilgrims Food. Since this time, the Star Throwers team have been working hard to refit and convert the container into a new charity shop retail outlet at our main centre (30 Melton Road, Wymondham). We will soon be opening and providing our customers with something a 'little extra' to our main shop in Middleton Street, including small pieces of furniture and electrical items for sale, in addition to other pre-loved and new items. Please watch this space or follow us on social media @starthrowers to see the regular updates and the launch date.



## GARDEN CLUB AUTUMN PREVIEW

By Andy Speller

Wymondham Garden Club autumn programme begins on September 19th with a talk on Clematis by the owner of highly regarded Thorncroft Clematis nursery, Peter Gooch.

There are so many different sorts of Clematis – from winter flowering through to summer and autumn, there's bound to be lots to stir the interest to Wymondham gardeners.

After low rainfall (drought) and a summer of heat, time to start thinking of what plants could replace those which didn't survive the summer months! In October the club, holds a short AGM followed by a plant sale. An opportunity to buy and try growing something new perhaps?

As autumn turns to winter, it's time to talk about soils in November – no1, no2 or no3? The famous John Innes numbers. A talk on the John Innes institute from a lady in the know – Anne Edwards, who has worked there for many years.

Finally in December, the club is looking forward to holding its regular Christmas social once more when the programme lined up for 2023 will also be revealed.

Dates for all Wymondham Garden Club events are listed in the Wymondham Magazine and on the Facebook "Wymondham Garden Club" page. Printed programmes are available at club meetings. For further information about the club contact [wymondhamgardenclub@gmail.com](mailto:wymondhamgardenclub@gmail.com)

## MORE COMMUNITY GROUP UPDATES ONLINE:

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## GET CRAFTY WITH BIG C

By Antonia Gray



Did you know that as well as a large selection of furniture, craft supplies, soft furnishings, books, bric-a-brac and a high-end boutique, your Big C Wymondham shop also runs craft sessions?

Whether you're interested in Fair Isle knitting for beginners, crocheting or cable knitting, there are a wide variety of workshops on offer this autumn. There is a suggested donation of £5 per workshop, which will go directly towards supporting local people affected by cancer. To book your place, give the team a call on 01953 603320.

Book lovers take note - the bookshop upstairs has

just been revamped and is well worth a visit. Sit awhile and take time choosing your next read or pop along and ask the team for recommendations.

If you're able to spare a few hours a week, the Big C team is always looking for volunteers too. No experience is necessary, just a can-do attitude and a willingness to get involved. To find out more please get in touch with [people@big-c.co.uk](mailto:people@big-c.co.uk) or visit [www.big-c.co.uk/volunteer](http://www.big-c.co.uk/volunteer) for further information.

Donations can be dropped off between 10am-3pm (Tuesday to Saturday). For free collection of larger items, please call 01953 603320.



# CLIPPING COLLECTION DONATED

By Neil Haverson

For more than 30 years, local historians and stalwarts of Wymondham Heritage Museum, Adrian and Anne Hoare have amassed dozens of press cuttings. From the 1980s to the present day, they have been meticulously collated in five volumes. The collection is a memory of the town and charts the history of the museum from its opening in The Bridewell in 1996. It includes documents detailing exhibitions and promotions staged at the museum over the decades.

Adrian and Anne joined the museum's committee in 1996 with Adrian being chairman for 12 years. They continued serving on the committee until 2015 with Adrian then taking on the management of the steward's rota until he finally retired.

At their home they have a vast library of information on Wymondham, its history, and its people. They have decided to slim down their archive and have donated their cuttings collection to the museum.

Says Adrian: "We feel that the Museum is the safest and most appropriate place for this record to be kept."

Anne adds: "We would like them to be available for the people of Wymondham and visitors to the museum to enjoy."

Dip into any one of the folders and there will be something to grab your interest. In volume one is a report of the handover of the Bridewell to the Preservation Trust which paved the way for the Heritage Museum.

In 2001, a cutting reveals that, having been open at The Bridewell for just five years, the museum was joint winner of the Berry Saviour award for the county's best tourist attraction with a picture of a proud Adrian Hoare receiving the trophy.

Leafing through the other folders gives an insight into the displays that have graced the gallery and corridors of The Bridewell over the years. Some of the exhibitions have become permanent. These include the Brushroom, telling the story of one of the past major industries in the town, and the spooky dungeon where visitors can experience what it was like to be incarcerated in Wymondham's House of Correction.

Some displays were forerunners of current exhibitions. In 2014 the 90th anniversary of the outbreak of the First World War was commemorated. On show at present is a display staged for the 100th anniversary of the ending of the war.

The town's Regal Cinema was showcased in 2004. Currently, following a donation of artefacts and memorabilia from the late Michael Armstrong, the Regal is once again celebrated in an exhibition in the main gallery.

The original recreated 1930s grocery shop is featured. This has since been dismantled and replaced with a refurbished store plus an ironmonger's that once stood on Town Green.

The collection is a record of how the attraction has evolved and will serve as a tribute to the work and dedication of Adrian and Anne Hoare.

"Wymondham Heritage Museum is open daily 1pm-4pm, with the Tearoom open Monday to Friday. For more information go to [www.thewhm.org.uk](http://www.thewhm.org.uk)



Anne and Adrian Hoare with their clipping collection  
Photos: Neil Haverson



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## THE GREAT BIG GREEN WEEK



By Ann Rostron

The UK's biggest ever celebration of community action to tackle climate change and protect nature, The Great Big Green Week is on Saturday 24 September to Sunday 2 October. Wymondham is joining this national event for the first time this year.

The Great Big Green Week has 9 days of events to encourage people to act locally to tackle the climate change crisis. Tens of thousands of people all over the country will be celebrating the heartfelt, brave and everyday actions being taken to stand up for nature, protect green spaces and fight climate change.

We are seeing the impacts of extreme weather events caused by the heating climate on people and places that we love, both here and abroad. The time is now to do everything we can to protect them. Climate change is the biggest fight of our lifetime. We must show the Government that we want them to deliver on the promises they made last year at COP 22 in Glasgow. We must protect the planet now and for future generations.

Greening Wymondham is joining forces with Totally Locally and Fiver Fest to encourage traders and businesses to celebrate all the green and environmentally friendly things that they do. We hope their window displays will turn the town centre green!

There will be lots of other events taking place during the week to show what we are doing and how much our Town can offer with its close connection to the countryside. The week kicks off with a Litter Pick on Saturday 24th Sept (starting from the Baptist Church). Eco plays at the North Wymondham Community Centre and Take it for Free all over the town where our unwanted items can be recycled to new homes. Browick Community Orchard Project and Toll's Meadow Nature Reserve will welcome guests. Through the week there will be a variety of walks showing connections to nature and the countryside. Roots Café at the Baptist Church will welcome visitors with a display on their inspiring Eco Church project and a GBGW Display.

What we would really like is to get everyone talking about what we can do to protect the environment. Whatever action we take, however small, they all add up.

See the full list of events on our website

[www.greeningwymondham.org](http://www.greeningwymondham.org) and in "What's On" at the end of the Magazine.

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## VIVAVOICES CHOIRS SING OUT FOR CANCER

Article and photo by Graeme Hopson

VivaVoices community choirs in Wymondham, Bury St Edmunds, Stowmarket and Newmarket raised £1222 for the cancer charities Big C and Cancer Campaign in Suffolk in their summer concerts. The choirs sang a mix of pop, rock, musicals and easy listening songs from the decades to audiences across Norfolk and Suffolk.

Choir leader, Graeme Hopson, said "Many of our members have loved ones whose lives have been affected by cancer, and over the years we have sadly lost some of our members to the disease, so these two charities are very close to our hearts."

Ethan Beckett from Big C added,

"We are so grateful for your support which will enable us to be there for anyone affected by cancer. From one-to-one sessions to support groups and from health and fitness programmes to our support line, every note you've sung and every penny you've raised, has made a huge difference."

Wymondham VivaVoices meets weekly on Wednesdays, 7.30-9.00pm, at Fairland United Reformed Church, with rehearsals starting 21st September. All welcome, no audition or need to read music. For more details visit [www.vivavoices.com](http://www.vivavoices.com) or call 01284 700286.



# YOUR RADIO STATION NEEDS YOU!

By David Mann



If you've ever wanted to be a radio presenter, maybe believing that you could become the next 'big name' on the airwaves, or are simply thinking you'd like to share your enthusiasm for music with others, then how about joining the volunteer team at South Norfolk Radio, your local community radio station?

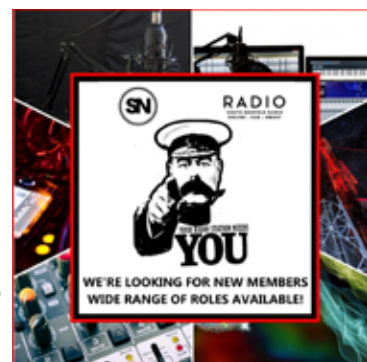
"We are always looking for new talent to join us" says Anthony Woods, Chair of the not-for-profit Community Interest Company that runs the station. "We're a friendly bunch, and we can offer opportunities to help us across various fields, including organising outside events, looking after our social media, general administration and to be in at the beginning of our planned educational programme, working closely with local schools. And of course, if you've always wanted to present a radio show, we can help you fulfil your ambitions!" Anthony says. "We'll provide all the training you need on our studio system, and we can now even offer you the opportunity to pre-record shows from the comfort of your own home with the software package we provide. Of course, as an OFCOM regulated station, broadcasting locally on DAB in Norwich and much of South Norfolk, as well as being available for streaming through our own website on [snradio.uk](http://snradio.uk), on many web-based radio streaming services and through Smart Speakers, there are certain broadcasting rules that we have to follow, and we cover this important aspect as part of an initial induction and welcome to the station" Anthony says.

"We're particularly keen to attract some additional female volunteer presenters" continues Anthony, "and there are opportunities for all ages too - our youngest show host started broadcasting when he was just seven, so he's now well 'over the hill' at eleven!"

Anthony says that the station is also keen to attract support by way of additional local advertisers. "There are no printing costs with radio advertising and as well as offering some extremely attractively-priced opportunities for advertising and sponsorship, including across our website, we'll provide a professionally produced audio advertisement for your product or business" explains Anthony. "Your local business is promoted to local listeners, and your support helps the volunteer-run station to stay on air, catering for the needs of local people."

And radio advertising works too. The station recently ran a campaign for Field Archery club Broadland Bowmen who were looking for a new location for their activities. "The advertisement was heard on SNR and the club have now contacted us to say how grateful they are that it's resulted in them being offered a suitable new location" Anthony explains. "So it's a double win with local radio advertising, for your business and for ours."

For further information on joining South Norfolk Radio as a volunteer or for information on advertising opportunities with the station, email [aj@snradio.uk](mailto:aj@snradio.uk) or check out the links on the website at [www.snradio.uk](http://www.snradio.uk). You'll also find a full programme schedule there too.



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# COMING OUT AS DISABLED: WHY IT MATTERS

By Joe Barrett

Living with a disability can be a lonely experience, especially where that is an 'invisible disability' like Autism. I'd know because I am Autistic and live with ADHD and PTSD; but also faced significant isolation throughout the pandemic. I didn't choose these labels for my collection of characteristics/traits, caused by innate neurological differences, and trauma, but I do choose how I live with them.

About 18 months ago, I moved to Wymondham and have chosen to be open about these parts of myself, choosing to trust that people will be accommodating. For the most part, people have, which has enabled me to dig myself out of the hole that I was in. That's not to say that I am no longer disabled—I still have numerous issues day to day and will do until the day I die—but it is enough for me to feel that my life is worthwhile and one that I would like to continue living.

The reason I think it is important to 'come out' as disabled, is that when I have tried to engage with society under a false pretence that I am not disabled, it has left me repeatedly burnt out

and depressed because of the strain it places on me. So, here I am, an openly disabled man living in Wymondham, happy to be part of a welcoming Town that has a very supportive community, rather than choosing to be 'fine' by hiding myself away and avoiding the feelings of shame that can arise from my inability to do certain things that are considered 'normal' in the colloquial sense.

Feeling cut-off can cause people to become even more cut-off, as it forms an unhealthy feedback loop, which is why I think there is a real need for those who are already involved in the community to consider how they might involve more people like me, who are prone to isolation. Involving people who live with disabilities will not only support us but support you too. Being disabled has taught me to be resourceful, creative, and adaptive. I've had to learn these skills to survive, but the skills are transferable, and can be incredibly useful in the day to day.

Those who live different lives, will have different ways of life; and that's true regardless of disability. It's a part of what it is to be organic, to be natural:

to be human. Individuality is key to the survival of the collective, as it helps us adapt to change in our environment, something we are experiencing at unprecedented pace. Different times require differing minds, so let's celebrate the facts and work together to support one another in overcoming the issues of our time.

By creating more environments where we can be open about disability and differences, we can strengthen our community, reduce burnout and avoid groupthink; all while doing some good.

What's not to like?



## NOT FOR PROFIT LAW Community Interest Company

Not for Profit Law is a social enterprise founded by two local solicitors, Laura van Ree and Trina Worden, who have more than 30 years' experience between them. Prompted by their experiences of the Covid-19 pandemic, Laura and Trina have resolved to 'do law differently'. Through Not for Profit Law they offer expert legal advice at lower rates than traditional law firms, partnering with Norfolk Community Foundation to feed the profits they make back into the local community.

### FREE WILL REVIEW

Changes in the law and tax system can mean that a will made just a few years ago might not perform as you expect. Laura and Trina will happily look at your will and make suggestions about potential changes that might benefit you. It may be that you don't need to do anything, but it is certainly worth checking!

### FREE PROBATE ADVICE

There can be a lot to think about when someone dies, at what is almost certainly an emotional time. For that reason, Laura and Trina offer a free initial probate advice service to anyone who has lost a loved one or is dealing with an estate.

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# TRAVEL DIARIES



THE  
LOWE  
DOWN



With Freddy Lowe

**B**ack in late 2021, I attended an online university interview and was interviewed by four academics. One of these academics I was particularly excited to meet because I had discovered that he was an activist for a cause I admired. Meeting him online did not disappoint. Not only was he very charismatic, but he said some words on our subject which made a very strong impression. Fast forward to July 2022: I am on a cycling holiday in France and finally decided to email him, just to tell him how fantastic I thought he was both for his activism and his comments in the interview. He responds within days (with some very kind words) and that appears to be that.

Fast forward another week: I am in Madrid with my sister (we are interrailing), and we are queuing outside a cinema in the evening. A man approaches with his family and joins the queue directly behind us. I stare.

"No...it can't be...surely not..."

I lean over to my sister. "He is the absolute spitting image..."

This splendid academic was interrailing with his family at the same time as us, with our schedules converging in the same country, queuing up outside the same tiny cinema, on the same evening we were there, in time to stand directly behind me and my sister...mere days after replying to my spontaneous email.

It's fair to say that one learns lots of things when travelling. One thing I learned was the true significance of the phrase "small world"!

I was to learn my second memorable lesson in Switzerland, a

stop en route from Lyon to Milan. Fast forward again two weeks later: we are at the Franco-Swiss border, upon which stands a very beautiful mountain called Mont Salève. It's 1230m high (for context, Snowdon is roughly 1000) and it is oft recommended for the gorgeous views of Geneva afforded at the summit. My sister and I spent the morning climbing it and it was very worth it: the views were indeed stunning.

We then got the cable car down the mountain and caught our train to Lucerne. Or rather, we intended to get the cable car down and catch the train to Lucerne, only to discover the cable car disassembled and covered in scaffolding, and us standing outside the gate to the building site wondering what to do next. The creaking of the builders' crane serenaded us as we trudged away.

In short, here are the lessons one learns atop that mountain:

If you rely on a mode of paid transport, double check the vehicle will be in one piece.

Most attempts to hitchhike on a mountain summit will fail. They will be the emptiest looking roads you've ever seen in your life (beyond perhaps the occasional kindly traveller who is going the opposite way but "will pick you up once I've finished my tour"!)

Your heart will no doubt sink at the prospect of retracing all 2 and a half hours' worth of steps back down the mountain, but don't worry! Google Maps will guide you to the 30-minute walking route: the steeper, rockier cliff-face path down the other side. The strange thing was that it turned out to be superb fun. When you're scrambling bum-

and-feet down a steep surface with no water, following some hilariously tragic hitchhiking attempts, the adrenaline kicks in and you genuinely have more fun than you had going up. Swiss mountain hikers that day would have heard our A Capella rendition of Mamma Mia's "Lay All Your Love On Me" through the trees (anything to keep the spirits up).

Of course, any summer – whether spent travelling abroad or lying in bed at home (very underrated!) – is incomplete without some guilty-pleasure reading. (Side note: I often remember an away-from-home trip by the book I was reading. To this day I strongly associate a 2019 travel-sick ferry ride with a reread of Stephen King's *IT*.) My travel reading has ranged from H. Rider Haggard's *She* (possibly the only adventure book where the characters would have done better to stay at home), to T.M. Logan's thriller *29 Seconds* which I cannot recommend enough. Logan is a natural storyteller, succeeding in creating the ultimate page-turner. The story follows protagonist Sarah, a victim of her boss's misogynistic tyranny, who suffers to breaking point and eventually does something quite terrible. The themes are highly feminist (Logan clearly exposes endemic injustice exploited by those in positions of power) and yet the book never becomes a two-dimensional diatribe. Rather, Logan effortlessly wins our sympathy for Sarah through fine, evocative writing. It surpassed all expectations and is possibly one of the few books honestly deserving of the praise "you won't be able to put it down".



## Guest Column

## FROM MY PERSPECTIVE



By Cllr Richard Elliott

**O**ne of the very best things about serving your local community as an elected Town Councillor is helping to make a positive difference; making life better for our town's residents, businesses, and voluntary organisations. It may be something quite small like providing funds for a community group or a more substantial project like improvements to infrastructure. There are fourteen unpaid Town Councillors elected to serve all parts of the town.

The Council decision making process is theoretically simple - it starts by listening to community views, then determining priorities and finally working together with fellow councillors to make decisions about allocating resources to do things that will improve our town. That's what we try and achieve at Wymondham Town Council. Before items come to Council meetings, the councillors are provided with information and advised by the paid staff of the Council, the Clerk and his team, who are then responsible for implementing in a timely fashion the decisions made by the Council.

Of course, as councillors, just like family members or work colleagues, we don't always agree on every item that comes before us. But at Council meetings we try and ensure there is healthy, informed debate, allowing all views to be properly, seriously and professionally aired before coming to a decision. Members of the public can attend most meetings of the Council so it is particularly important that your councillors and the paid staff of the Council show mutual respect and display high standards of conduct.

According to the National Association of Local Councils (NALC), "It is evident most councillors and paid staff in local councils want to maintain the highest standards of conduct at their council, but unfortunately there are sometimes examples of poor behaviour and a lack of respect which can not only undermine the work of a council but also cause concern to councillors, staff and members of the community."

"In councils where councillors, the clerk, and staff work in harmony, considerable benefits are provided for the local community and there are many excellent examples of this. Unfortunately, there has sometimes been a lack of civility and respect in some councils, leading to bullying and harassment. Although this is in the minority it is nonetheless significant and can have a serious detrimental impact on the well-being of those involved, the functionality and finances of the council, as well as the local community."

There is no place for bullying, harassment, and intimidation in any aspect of life and this is especially true in local councils. NALC recognises how important civility and respect is to the running of successful councils and have recently produced valuable guidance and a pledge for those councils who want to 'walk the talk.' Signing up to the Civility and Respect Pledge is one of the ways a council can demonstrate that it is committed to standing up to poor behaviour across the work of the council, and to demonstrate positive changes which support civil and respectful conduct.

Wymondham Town Council has an opportunity to commit to this pledge. To ensure that working between councillors and staff is both civil and respectful. To ensure that communication to and from the Council with members of the public also follows these same principles and more than that to commit its staff and councillors to training and ongoing development.

My hope is that Wymondham Town Council (its councillors, Clerk and staff), following a respectful and civilised debate, embrace this opportunity in full.

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# NEW SEASON CELEBRATIONS AT RUGBY CLUB

By Andy Thomson



September brings the start of a new rugby season and players from under six to the wrong side of 50 are ready for kick off down at Barnard Fields.

Membership of Wymondham Rugby club has grown to more than 1,500 since the move to the club's new home in 2018.

And the club is celebrating the opening weekend of the season with an open invitation for people to come down to see what's on offer.

There's the traditional beer festival with more than 40 ales and ciders along with a gin bar, street food and live music. It starts on Friday evening, 2nd September, when the club's senior women's squad, The Wasps, will be hosting West Norfolk from 7:30pm.

On Saturday 3rd September, senior league fixtures start with home games for the 2nd

XV against Beccles at 12pm and the 1st XV kick off their season against West Norfolk at 3pm.

The senior men's squad have been back in training since the end of June, regularly attracting 30 to 40 players at sessions. A tough warmup game against Diss last month was won 27-15 and lead coach Tom Armes says his players are ready for the campaign ahead.

"There's a lot of focus and ambition in the squad and that's coming from the players. Last year after lockdown everyone was so de-conditioned but that's completely changed now.

"We've worked on our fitness levels that cost us games last season and we want to get back to playing exciting, expansive rugby. If we put on a show for the spectators then we're going to enjoy that too and that's going to push us on."

This summer Wymondham celebrated its first senior England cap when former Youth player Tommy Freeman starred in Eddie Jones' winning test team in Australia.

And the first Sunday in September is when Wymondham's Youth and Minis squads return - and the club is laying on a free funday from 11:00 with giant inflatables and kids' entertainment.



"We have the biggest set-up for young players in the county," said Dominic Parravani, co-director of the Minis.

"Youth and Minis rugby is such a big part of the club now and it gives the sport a real family atmosphere. If you're thinking about getting your son or daughter involved, just come down on Sunday and take a look.

"We've got a great lineup of coaches and it's a fantastic and really friendly sport for kids."

Finally, Tommy Freeman wasn't the only player to win an England jersey this summer - Wymondham's Andy Verney, Neil Davies and Iain Grisewood helped the England Men's over 50s team win the European Touch Rugby Championships in Nottingham.

Tickets for the club's beer festival cost £8 for Friday and £10 for Saturday and can be bought at [www.wymondhamrfc.com/club-events](http://www.wymondhamrfc.com/club-events).





# GYMING KIM AND JIM

**S**o, when you get asked by Wymondham Magazine Editor & Town Councillor Kim Carsok, whether you would be interested in writing a regular column for the local magazine, of course you have to say yes, not only to support a local business but also to share your knowledge for others. But there was one condition, Kim had to come and have a training session with me! Let's see how she got on...

10 minutes out of town at the amazing Morley Village Hall, where my private studio is based. I was ready and waiting. The windows open, the sun shining in and the customary Mariah Carey CD playing on in the background. The bonus of this venue is it has such incredibly beautiful outdoor spaces, so you can come along and walk around the grounds, cycle there in

around 30 minutes or have your own mini workout outside on the grass - it truly is a little gem.

Well, Kim didn't fancy coming

alone so she roped in her other half Jimmy. After filling in a few forms a week or so before, the rest was down to me. I kept it a secret what we were going to do as I didn't want them to get too nervous or anxious, after all when you do something new like visiting a gym or starting Personal Training, it can be daunting, but my job is to try and dispel that and make sure it's fun!

Once Jimmy had disclosed 37 different types of injuries, in the hope of getting by as a spectator, I quickly put that aside and focused on the job in hand, mainly dusting off my skin tight lycra unitard and matching headband, ready to try and look the part at least.

We started off with a brief warm up of a few minutes on the air bike and the rowing machine to get the heart rate up, the muscles warm and the joints ready for our monster effort.

As this was only a taster session, it wasn't too structured but we made sure we worked all of the body. Lots of repetitions on the battle ropes which both took to like a duck to water, considering they were new to them. Scarily Kim had a very natural whipping action, which she made look far too natural. Then it was on to some squats and lunges to firm up the bottom half

## THE TOWN TRAINER

With **Paul Jewiss**



and some core work to help tighten up those six packs. We did a variety of exercises on machines, with equipment and some just using bodyweight. The joy of exercise is that the options are endless and with equipment it is so versatile.

Now, being honest and not biased, like most of my clients, Kim and Jim were much fitter than they thought they were or led me to believe, which is always a great find. We had lots of fun and plenty of mini breaks to catch our breath and re-hydrate. Jim made a habit of 'accidentally' spilling his water down his t-shirt to make out he was sweating due to working hard. But between us, I saw through that, you can't trick the trickster right? But for the Instagram pictures, it will look extremely impressive!

Were Kim and Jim athletes? No, but they had a great foundation of fitness and as a coach, my job is to find, harness and develop that inner athlete we all have. And what I mean by that is not to coach you so you can run a marathon or swim the channel, unless you want to, but just to help you become the best version of yourself. Well done guys, hopefully we will see you again!



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# ARCHERS APPROACH 10TH BIRTHDAY

By Pete Hill

What a fantastic Archery Club Wymondham has. With the pressure of growing fuel and food prices all seems a little dismal in and around us right now. A recent Radio 4 article suggested that the first thing to go from the 'things I'd like to do list' is sport and recreation - our leisure; not good for either our physical or mental health.

You can be part of something beautiful, get outdoors (or indoors), get some exercise, be around some lovely people and it does not cost the earth. Have you thought of Archery?

Wymondham Archers is run entirely by volunteers and is going to be ten years old in January 2023. We believe it is a rainbow for the many Archers who are members. It was put together by a cohort of people who gathered around a table in the Green Dragon Pub back in 2012. We have gone from strength to strength since then; reaching out to hundreds of people.

Wymondham Archers is now

a huge archery club - outside of Universities we are the fourth largest in the UK. Our demographics are as wide as our reach with people travelling from all over the County, from Great Yarmouth, North Norfolk, South Norfolk, Breckland, Broadland. Some of our Archers travel up from Cambridgeshire simply to shoot at Wymondham Archers. We work hard to encourage everyone into the sport. We are always grateful to Wymondham Rugby Football Club for the use of the space that we share with them, on our permanent outdoor archery range - an unlikely partnership in sport but one that is so very productive.

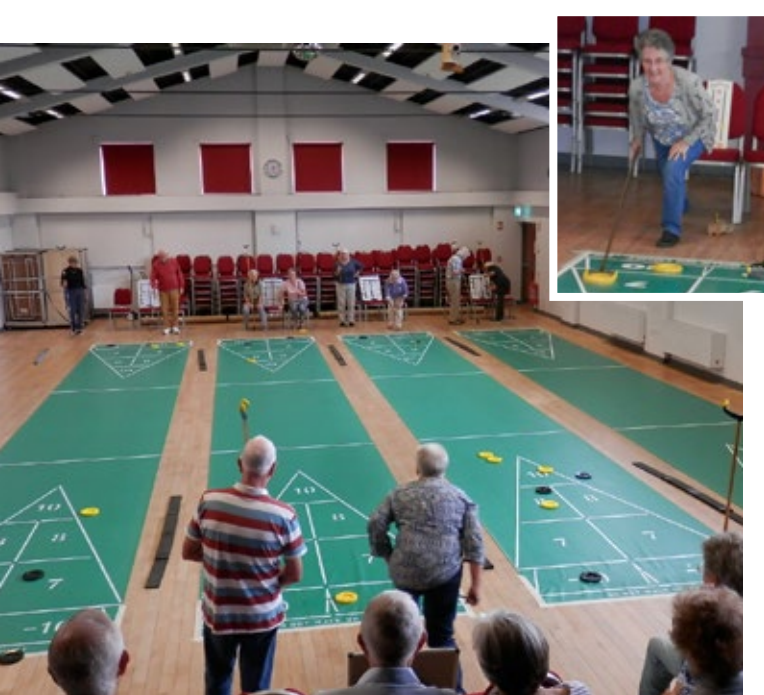
Our annual Charity Event, this year was once again spent with our efforts to Shoot to the Moon. 70 of our Archers took part in this event raising over £2,000 for Nelson's Journey. It is quite something to be able to launch our arrows as far as we can across the 34 acre site, watching them fly in the



knowledge that we are helping kids in Norfolk work through tragic times.

We host one of the biggest archery tournaments in the county with archers attending from far and wide in the UK. Our outdoor tournament this year was a World Record Status event supporting those archers seeking to get recognised on the national stage. Our indoor tournaments that we hold yearly are also very busy and hugely successful.

Our thriving archery club is always looking for new members and we look forward to you signing up. More info and contact details at [www.wymondhamarchers.co.uk](http://www.wymondhamarchers.co.uk)



# GET INTO SHUFFLEBOARD

By Pete Davis

It's never too late to try something new! If you are keen to make some new friends and take some gentle exercise you could do far worse than give shuffleboard a try. It's an intriguing, tactical sport that becomes addictive very quickly.

Wymondham Shuffleboard Club meets every second Friday at Central Hall and always welcomes new players. This month's sessions are on 9th & 23rd September. You

need no special equipment and no previous experience. We will happily set up an extended or special session to get newcomers up to speed, although in practice new players can very quickly be integrated with everyone else. Just give Pete and Lesley Davis a call on 01953 605064 for more information.



## Friday 2nd September

Meet, Make and Mardle  
10am-12pm, Big C Furniture and Craft Shop  
Free to attend, just bring along your latest craft project. Make friends and have a mardle.  
[www.facebook.com/bigcwymondham](http://www.facebook.com/bigcwymondham)

Norwich Western Link Road Consultation  
12-8pm, Barnham Broom Village Hall

Ex Services Bingo Night  
7pm doors open, eyes down 8pm, Wymondham Ex Services Social Club  
For inquiries, please contact [exserviceswymondham@btconnect.com](mailto:exserviceswymondham@btconnect.com)

Rugby Club Beer Festival  
(2 - 3 September)  
[www.wymondhamrnfcc.co.uk/club-events](http://www.wymondhamrnfcc.co.uk/club-events)

## Saturday 3rd September

Vintage & Antiques Market  
9am-1pm, Market Place  
[www.wymondhamtowncouncil.org](http://www.wymondhamtowncouncil.org)

Drag Bingo  
7pm-10pm, Wymondham Town FC, Kings Head Meadow  
[www.wymondhamtownnfc.co.uk](http://www.wymondhamtownnfc.co.uk)

Viktori live band performance  
8pm, Wymondham Ex Services Social Club  
Tickets £2 on door (free for members).  
For enquiries, please contact [exserviceswymondham@btconnect.com](mailto:exserviceswymondham@btconnect.com)

## Sunday 4th September

Family Sunday Funday  
Wymondham Rugby Club, 11am-4pm,  
Free entry

WTFC Quiz Night  
7:30pm, Wymondham Town FC, Entry £1  
[www.wymondhamtownnfc.co.uk](http://www.wymondhamtownnfc.co.uk)

## Tuesday 6th September

Full Town Council Meeting  
7pm, WTC Kett's Park Office  
Public welcome  
[www.wymondhamtowncouncil.org](http://www.wymondhamtowncouncil.org)

Wymondham Photographic Society Members evening "Welcome Back"  
8pm to 10pm, Dell Bowls Club  
[www.wymondham-ps.org.uk](http://www.wymondham-ps.org.uk)

## Wednesday 7th September

Arts Society Painting Demo by Anthony Osler  
7:15pm, Roman Catholic Church Hall  
[www.wymondhamart.org](http://www.wymondhamart.org)

## Thursday 8th September

Wymondham Nature Group, Claylands Wilder Connection  
7:30, Town Green Centre  
All welcome - admission £2 - further details from Ann Carpenter on [01508 488337](tel:01508488337)

## Friday 9th September

Meet, Make and Mardle  
10am-12pm, Big C Furniture and Craft Shop  
Free to attend, just bring along your latest craft project. Make friends and have a mardle.  
[www.facebook.com/bigcwymondham](http://www.facebook.com/bigcwymondham)

WTFC Bingo night  
7pm doors open, eyes down 8pm, Wymondham Town FC  
[www.wymondhamtownnfc.co.uk](http://www.wymondhamtownnfc.co.uk)

Shuffleboard Club  
Wymondham Central Hall  
New participants call ahead on [01953 605064](tel:01953605064)

## Monday 12th September

Young Farmers New Members Day  
7:30pm, Wymondham Dell Bowls Club  
[www.norfolkyc.co.uk](http://www.norfolkyc.co.uk)

## Tuesday 13th September

Wymondham Photographic Society  
8pm to 10pm, Dell Bowls Club  
Prints, mounting and general preparation  
[www.wymondham-ps.org.uk](http://www.wymondham-ps.org.uk)

## Friday 16th September

Meet, Make and Mardle  
10am-12pm, Big C Furniture and Craft Shop  
Free to attend, just bring along your latest craft project. Make friends and have a mardle.  
[www.facebook.com/bigcwymondham](http://www.facebook.com/bigcwymondham)

## Saturday 17th September

Psychic Night with Paul Bannister  
6:30pm doors open, starts at 7:30pm, Wymondham Town FC  
Entry £10.00  
[www.wymondhamtownnfc.co.uk](http://www.wymondhamtownnfc.co.uk)

Tools with a Mission Collection Day  
10am-4pm, Wymondham Baptist Church  
[www.wymondhambaptist.org](http://www.wymondhambaptist.org)

Harvest Celebrations  
10:30am-1pm, Methodist Church  
Also on Sunday following service  
[wymondhammethodistchurch.com](http://wymondhammethodistchurch.com)

## Sunday 18th September

Sensational 70's Charity Show  
2pm arrival for 2:30pm performance, Hethersett Village Hall, Back Lane,

Hethersett  
Tickets £15, Cons £12.50  
Norman/Helen-[01953 600563](tel:01953600563)  
[www.ticketsource.co.uk/wymondham-helicopter-group](http://www.ticketsource.co.uk/wymondham-helicopter-group)

WTFC Quiz Night  
7:30pm, Wymondham Town FC  
Entry £1, all welcome  
[www.wymondhamtownnfc.co.uk](http://www.wymondhamtownnfc.co.uk)

## Monday 19th September

Wymondham Garden Club - Clematis (planting, pruning & care)  
7:30pm, Town Green Centre, Members Free, guests £4.  
Talk by Thorncroft Clematis nursery owner Peter Skeggs Gooch. Show Table - Dahlias (decorative, pompon, cactus); Onions/shallots; Herbs in a Jar Club Table - A favourite from my Garden. Cookery Table - Tea Loaf (club recipe)  
For further information about the club contact [wymondhamgardenclub@gmail.com](mailto:wymondhamgardenclub@gmail.com)

## Tuesday 20th September

LEET Committee Town Council Meeting  
7pm, WTC Kett's Park Office  
Public welcome, topics include leisure, environment, enterprise and tourism.  
[www.wymondhamtowncouncil.org](http://www.wymondhamtowncouncil.org)

Wymondham Photographic Society  
Open DPI competition - Round 1  
8pm-10pm, Dell Bowls Club  
[www.wymondham-ps.org.uk](http://www.wymondham-ps.org.uk)

## Thursday 22nd September

Heritage Society Talk  
Fairland Hall, 7:30pm  
Meetings are free to members, visitors £2  
[www.wymondhamheritagemuseum.co.uk](http://www.wymondhamheritagemuseum.co.uk)

## Friday 23rd September

Meet, Make and Mardle  
10am-12pm, Big C Furniture and Craft Shop  
Free to attend, just bring along your latest craft project. Make friends and have a mardle.  
[www.facebook.com/bigcwymondham](http://www.facebook.com/bigcwymondham)

Shuffleboard Club  
Wymondham Central Hall  
New participants call ahead on [01953 605064](tel:01953605064)

WTFC Bingo Night  
7pm doors open, 8pm eyes down, Wymondham Town FC, Kings Head Meadow  
[www.wymondhamtownnfc.co.uk](http://www.wymondhamtownnfc.co.uk)

## Saturday 24th September

Great Big Green Week - LITTER PICK  
10am-12pm, Baptist Church Hall



Town Litter Pick organised by Greening Wymondham. Volunteers needed, help tidy up our town. Litter Pickers & Bags provided. Refreshments available afterwards.

Four by Four- Selection of Plays  
7:30pm, North Wymondham  
Community Centre  
£6.00 (Includes refreshments)  
Advance booking by text: [07851 370666](tel:07851370666)

Great Big Green Week - LAUNCH  
10am-1pm, Baptist Church Hall,  
Queen Street  
Community Action to Tackle Climate  
Change & Protect Nature. Find out what  
it's all about & how you can help to  
make a difference.

Great Big Green Week - BOOK  
DISPLAYS  
Kett's Books & Wymondham Library will  
have displays throughout the month of  
September showing books on climate  
change, reducing your carbon footprint,  
protecting nature and more.

### Sunday 25th September

Great Big Green Week - TAKE IT FOR  
FREE  
10am-3pm, multiple locations  
Rather than go to landfill, recycle. Like  
a garage sale only it's for free. Leave  
any unwanted items in your driveway or  
front garden for others to take away for  
free. Please remove all items that have  
not been collected. To take part: Text  
your address to [07851 370666](tel:07851370666) to be  
included in a list of participants which  
will be posted on social media.

Charity Rock & Roll Dance  
2pm, Mill Lane, Wreningham  
Village Hall  
Tickets £15, Cons £12.50 For questions  
call Norman & Helen on [01953 600563](tel:01953600563)  
[www.ticketsource.co.uk/wymondham-helicopter-group](http://www.ticketsource.co.uk/wymondham-helicopter-group)

Great Big Green Week - GREEN  
SPACES: ORCHARD PROJECT  
2pm-4pm, Browick Rd Recreation  
Ground (Browick Rd entrance)  
Find out about the Community Orchard,  
what's been happening and plans for  
the future. Project leaders will be on  
hand to explain.

Great Big Green Week - GREEN  
SPACES: TOLL'S MEADOW  
2pm-4pm, Toll's Meadow

With Wymondham Nature Group  
(Wyng), Toll's Meadow warden and  
local volunteers, explaining about flora  
& fauna conservation on this valuable  
community resource.

### Monday 26th September

Great Big Green Week - ECO CAFÉ  
COFFEE MORNING  
10am-1pm, Root's Café, Baptist church,  
Queen Street  
GBGW Info display together with Eco  
Church project display. Find out about  
community action on climate change,  
recycling & protecting nature.

Great Big Green Week -  
WYMONDHAM WALKERS  
7pm, Market Cross  
Relaxed evening stroll (approx. 1 hour),  
join local group "Wymondham Walkers"  
on a nature walk in the town.

### Tuesday 27th September

Great Big Green Week - GUIDED WALK  
OF LIZARD & OXFORD COMMON.  
10am, Meet at Car park by Lizard  
Rail Bridge just past Railway pub off  
Station Rd.  
Guided Walk, approx. 2 miles. Visiting  
the Lizard and Oxford Common, to view  
conservation work. Wear stout shoes.

Wymondham Photographic Society  
Guest speaker (via Zoom) :  
Paul Richards "Colourful India"  
8pm-10pm, Dell Bowls Club  
[www.wymondham-ps.org.uk](http://www.wymondham-ps.org.uk)

### Wednesday 28th September

Great Big Green Week - WYMONDHAM  
GROWING TOGETHER  
12pm, Beside White Hart pub garden,  
Back Lane  
Come and find out about the  
community "Vegepod" with autumn  
seedling planting for winter harvesting  
with Greening Wymondham and  
Wymondham in Bloom volunteers.

### Thursday 29th September

Great Big Green Week -  
COUNTRY RAMBLE  
10am, Meet at Market Cross  
Walk into the countryside with  
local walkers via Toll's Meadow and  
Strayground Lane, approx. 3 miles/2  
hour leisurely ramble. Wear stout shoes.

Great Big Green Week - BAT WALK  
6:30pm, Meet Market Cross

Norfolk & Norwich Bat Group volunteers  
lead a walk in search of Bats via the  
Abbey, Becketswell & Damgate.  
Families are welcome. Approx 1 hr talk  
& walk.

### Friday 30th September

Great Big Green Week - ECO CAFÉ  
COFFEE MORNING  
10am-1pm, Root's Café, Baptist church,  
Queen Street  
GBGW Info display together with Eco  
Church project display. Find out about  
community action on climate change,  
recycling & protecting nature.

Meet, Make and Mardle  
10am-12pm, Big C Furniture and  
Craft Shop  
Free to attend, just bring along your  
latest craft project. Make friends and  
have a mardle.  
[www.facebook.com/bigcwymondham](http://www.facebook.com/bigcwymondham)

## SUNDAY CHURCH SERVICES

Alive Church 10.30am, Central Hall  
[www.alivechurch.org.uk/wymondham](http://www.alivechurch.org.uk/wymondham)

Baptist Church 10.30am and online  
[www.wymondhambaptist.org.uk](http://www.wymondhambaptist.org.uk)

Hope Community Church 9.30am &  
11.30am  
[www.hopecommunitychurch.co.uk](http://www.hopecommunitychurch.co.uk)

Methodist Church 10.30am  
[www.wymondhammethodistchurch.com](http://www.wymondhammethodistchurch.com)

RC Church 8.30am and 10am  
[www.wymondhamrcchurch.org.uk](http://www.wymondhamrcchurch.org.uk)

Wymondham Abbey 11am  
[www.wymondhamabbey.org.uk](http://www.wymondhamabbey.org.uk)

## MARKETS

### Charter Market

Every Friday  
8am to 2.30pm Market Place

### Farmers' Market

Third Saturday  
(17th September)  
9am to 1pm, Market Place  
[www.wymondhamtowncouncil.org](http://www.wymondhamtowncouncil.org)  
[01953 603 302](tel:01953603302)

## WYMONDHAM Magazine

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# WHY HOMEOWNERS SELL WITH EWEMOVE WYMONDHAM

**101%**  
OF THEIR ASKING  
PRICE ACHIEVED\*

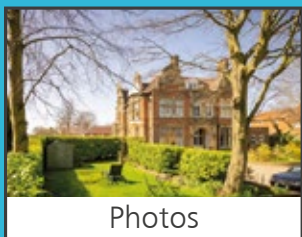
**0% DOWN-**  
VALUATION  
RATE

## THEY BENEFIT FROM A HAPPY SALE GUARANTEE

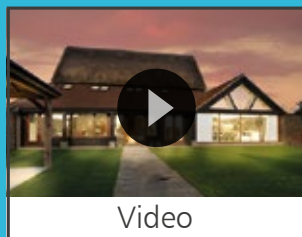


No Minimum Contract Term  
No Cancellation Fee  
No Sale - No Fee

## AND ALL THIS



Photos



Video



Drone Work



3D Floorplans

\*Average - Stats from Ewureka! Property Management System (From May 2020 to August 2022)

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**EweMoveWymondham.co.uk**

EweMove respects any existing sole agency agreement already in place with another agent.