

WYMONDHAM Magazine

ISSUE 67 | NOVEMBER 2022

High Street Treat!





JARROLL



*Linens • Housewares • Furniture • Carpets & Rugs • Curtains • Cookshop
Upholstery • Soft Furnishings • Beds • Mattresses • Lift & Rise Chairs*

JARROLL WYMONDHAM NEW FURNITURE COLLECTIONS

Discover many great savings instore now

MIDDLETON STREET • WYMONDHAM • 01953 603251 • JARROLL.CO.UK

CONTENTS

News

3

Lift the Winter Gloom on Lemon Day	4
Quiz Raises Funds for Community Centre	4
New Courses in NWCC	6
Writing for Wellbeing	7
The Future of Fairland Church Centre	7
Local Shop Expands Online	8
Fiver Fest Success	9
Conservation Work To Open Up The Oxford to Public	10
Methodist Church Memorial Service	11
Advance Tickets Required for Rugby Club Fireworks	11
Abbey Days Christmas Fair	11
Town Council Watch: Spoooooooooooooky Special	13

Features

16

Food: Autumn Pies	16
Know Your Numbers: Ewemove	17
High Street Treat: Halloween Photo Special	19
One Tough Month for Neville Cameron	20
A Shop Through Time... 2, Market Place	22
What's In a Photo? Poppy Day	25
How Can Mediation Help Me?	26

Community Groups

27

Star Throwers November Update	27
Murdered to Death Tickets On Sale	27
Lions Festive Update	27
Museum Hibernation and Wynterfest Opening	28
Rosie's RYLA Adventure	28
New Fundraiser for South Norfolk Radio	29
Helicopter Group Musical Performances	29
Photographic Society: Photo of the Month	30
Great Big Green Thanks	30
Nature Group November Indoor Meeting	30
Symphony Orchestra Autumn Concerts	31

Opinion

33

Moving to Uni: The Lowe Down	33
From My Perspective: Cllr Penny Hubble	34
Book Review: The Seven Husbands of Evelyn Hugo	35

Sport

36

New Boxing Gym	36
Focus On: Football at Robert Kett Primary	37
Winter Habits: The Town Trainer	38
Ted Cross Named Player of the Month	38
Skipper Picked for National RFU Role	39
Run the Wymondham 10k to Start the New Year	39

What's On?

40

From the Editors...

Welcome to a bumper November E-Edition of the magazine. Our fantastic volunteer contributors have put together a superb 42 pages of features and articles for you this month to keep you informed, educated and entertained.

There's plenty going on in and around town this month. There's fireworks, Lemon Day, the Abbey Days Christmas Fair and even a Bump2Baby sale.

Next month is another print edition covering December and January, so if you would like to contribute an article, the deadline to submit is 10th November, to give us enough time to produce and print the issue. Email news@wymondham-mag.co.uk.

December will be 100% advertiser funded once more, so if you'd like to reach 8500 homes in and around Wymondham in time for Christmas, there's still time to get your booking in. Go to wymondhammagazine.co.uk/advertise to learn more.

Enjoy the E-Edition!

Kim and Jimmy

We love FIREWORKS
 @ WYMONDHAM RUGBY CLUB

TICKETS AVAILABLE NOW
 ENTRY - £6. UNDER 12 - £4 AND UNDER 4 YEARS GO FREE
 LIMITED ONSITE PARKING - £5 PER CAR!
 FOOD VENDORS, BARS, FAIRGROUND, FIREWORKS & MUCH MORE

WWW.WYMONDHAMRFC.COM/CLUB-EVENTS
 FRIDAY 4TH NOVEMBER - 5PM ONWARDS AT WYMONDHAM RUGBY CLUB

ADVERTISE WITH US
wymondhammagazine.co.uk/advertise



LIFT THE WINTER GLOOM ON LEMON DAY

By Tony Vale

Residents and visitors to Wymondham are being encouraged to cast aside the doom and gloom of winter and enjoy a taste of Spring on Lemon Day, Saturday November 5th.

The town's annual celebration of all things Lemon (colour, flavour or fruit) will provide an opportunity for community groups, businesses and individuals to come together under a common theme.

There's an important message for dog walkers and cyclists, highlighting the need for them to wear something fluorescent as the clocks go back. The Farm Cafe at Centre Paws is offering a cupcake to any dog visiting there on Lemon Day, that is wearing a Hi Vis collar (of any colour).

There will also be a recognition of the Sunflower as a declared symbol of the day, with photographs of some of the winning entries in the Wymondham in Bloom Sunflower Growing Competition on display in

the library.

There's an Arts and Crafts event at Fairland Hall (10am - 1pm), supported by Morrisons and Wymondham Town Council, with funds raised going to the Mayor's chosen charities.

And if you enjoy singing and/or playing a musical instrument, you are welcome to Drop In and Zing at the adjacent Fairland Church Centre from 12 noon - 2pm.

You can get involved in Lemon Day by simply putting something yellow in your window if you live in the town or by wearing/carrying something yellow. There will also be an opportunity to sample some Lemon creations in the participating cafes.

Wymondham Lemon Day is a Wymondham Town Team coordinated event.

For more information text 07851 370666 or email tony@valemil.uk

LE WYMONDHAM DAY
Bringing the community together by means of all things Lemon

SAT 5TH NOVEMBER 2022

Fairland Hall, Fairland Hill: 10:00am - 1pm
Arts and Crafts. Raising funds for the Mayor's Charity fund.
Event Supported by Morrisons and Wymondham Town Council

Fairland Church Centre: 12 noon - 2pm
Drop In and Zing. Drop in music session

Also:

- Themed Shop window displays
- Meet Topsy Lily, the classic car
- Lemon Day specials in participating cafes
- Wear or carry something yellow to join in the fun

QUIZ RAISES FUNDS FOR NORTH WYMONDHAM COMMUNITY CENTRE

By Tony Vale

The amazing sum of £377 was raised as a result of the Quiz at North Wymondham Community Centre.

Quizmaster and hall trustee, Peter Davis, came up with a slightly different approach, with each of the 80 questions having multiple choice answers. He was supported by his family and members of the Committee.

North Wymondham Community Centre is charity owned and maintained and the funds raised will help with the upkeep of the building.

Shop local with...

Come & see us in store or contact us with your enquiry!

A. Appliance Centre
C. Wymondham

We Offer:

Sales... Of most domestic appliances
Servicing... Of many types of appliances & vacuum cleaners
Spares... Competitively priced for DIY repairs

Unit 17, Spur industrial Est,
Postmill Close, Wymondham,
NR18 0NL

Follow Us

01953 606688
acwymondham@gmail.com
www.acappliancecentre.co.uk



MONEY
PROPERTIES

The Local Name You Can Trust

CALL US ON 01953 423006

For Your FREE, No Obligation Valuation!

The Local Name You Can Trust!

OUR LATEST PROPERTIES



ADMIRALS WAY, HETHERSETT

Offers in Excess of £375,000



SHEFFIELD ROAD, WYMONDHAM

Offers in the Region of £275,000



THE LIZARD, WYMONDHAM

Offers In the Region Of £250,000



POPLE STREET, WYMONDHAM

Guide Price of £295,000

WWW.MONEYPROPERTIES.CO.UK

 01953 423006

 post@moneyproperties.co.uk

NEW COURSES IN NWCC

By **Ros Krieger**, WEA Branch Secretary

Wymondham WEA are now able to offer some short courses on Thursday mornings during November and December this year.

On Thursday November 10th the session will be "The Story of Communications: Now you're talking", looking at the development of communication from the earliest forms used by our ancestors to our modern, always connected society. The tutor is Angela Briggs, fee is £12.50 and the course reference is C2229282.

On Thursday December 1st and December 8th it will be "A Jolly Good Murder: The Rise of Crime as Entertainment in the Nineteenth Century". This two-session course explores the rise of crime as a form of entertainment during the nineteenth century. The tutor is Kate Jewell, fee is £25 and the course reference is C2229278.



WEA course participants

All sessions are from 10am to 12:30pm and are held at our regular venue, North Wymondham Community Centre, Lime Tree Avenue, NR18 0HH.

Advance booking for all courses is required. You can enrol either online via www.wea.org.uk or phone on 0300 303 3464. If you want more information please contact me by email or call 01953 600639. We do hope you will be able to join us.



This contributor made a financial contribution towards the production costs of Wymondham Magazine

NOT FOR PROFIT LAW

Community Interest Company

Not for Profit Law is a social enterprise founded by two local solicitors, **Laura van Ree** and **Trina Worden**, who have more than 30 years' experience between them. Prompted by their experiences of the Covid-19 pandemic, **Laura** and **Trina** have resolved to 'do law differently'. Through **Not for Profit Law** they offer expert legal advice at lower rates than traditional law firms, partnering with **Norfolk Community Foundation** to feed the profits they make back into the local community.

FREE WILL REVIEW

Changes in the law and tax system can mean that a will made just a few years ago might not perform as you expect. Laura and Trina will happily look at your will and make suggestions about potential changes that might benefit you. It may be that you don't need to do anything, but it is certainly worth checking!

FREE PROBATE ADVICE

There can be a lot to think about when someone dies, at what is almost certainly an emotional time. For that reason, Laura and Trina offer a free initial probate advice service to anyone who has lost a loved one or is dealing with an estate.

Also advising on **Powers of Attorney**, **Court of Protection** and **Trusts**.

We aim to be flexible, offering meetings online, in offices in Norwich or at your home. Evening and weekend appointments are available on request.



Proudly donating our profits to

Norfolk
Community
Foundation

01603 555440

enquiries@notforprofitlaw.co.uk

www.notforprofitlaw.co.uk





Donna M Poole

PROFESSIONAL BALLROOM &
LATIN AMERICAN DANCE INSTRUCTOR

Available for -

WEEKLY CLASSES, PRIVATE LESSONS, PRACTICE
SESSIONS, DANCES, WEDDING FIRST DANCE
CHOREOGRAPHY, TEAM BUILDING EVENTS, PARTIES

Whatever your age, level or rhythmical interpretation,
you WILL have lots of fun, meet new friends and get
a little bit of exercise at the same time.

WEEKLY CLASSES IN WICKLEWOOD

01953 607 474 or 07766 751 545

www.ballroomdancingwithdonna.co.uk

email: donna_poole@sky.com

WRITING FOR WELLBEING



By Lyn Hazleton

Did you know expressive writing that comes from within ourselves, that is written solely for ourselves, has been shown to calm emotions and help still the mind? This form of writing encourages feelings of compassion, meaning we become kinder to ourselves and to others.

Join Lyn Hazleton each week in a series of five therapeutic writing workshops where she will gently guide you through a series of creative prompts designed to inspire and encourage you to find the real you that resides within.

Each week will have a different theme and the emphasis will be on enabling feelings of wellbeing and relaxation.

Reading out written

responses will be invited but there will be no obligation whatsoever to share. All you will need to bring is a notebook (or paper) and a pen.

These workshops will run for five consecutive weeks beginning on Monday 21st November at 11am for one hour in Wymondham Library and are open to anyone aged 18 and above. The cost is £25 for all 5 sessions. You can book your place by contacting Lyn directly at lyn.hazleton@btinternet.com or mobile 07719 736600.

Lyn Hazleton is a writer, a qualified psychotherapeutic counsellor, an artist and a committed yoga practitioner. She has over 10 years experience working with people in a therapeutic setting.



THE FUTURE OF FAIRLAND CHURCH CENTRE

By Trevor Brown

With declining membership the Fairland United Reformed Church Elders have concluded it does not have a viable long term future as a Church and with the support of its Eastern Synod is seeking to become a Social Enterprise.

Whereas the Church is rapidly declining the public use of our facilities continues to grow and is used by many organisations in the field of Mental Health; Social Care; several choirs; mother and baby support groups; yoga classes, a dementia cafe and a community cinema. Our facilities are totally accessible for those with mobility difficulties. At present about 300 persons use the buildings each week.



Therefore the loss of the Church facilities would have a devastating impact on Wymondham and the local community.

The key characteristic of a Social Enterprise is Social Ownership by the local community - governance and ownership structures are based on participation by stakeholder groups (e.g. employees; users; clients and the local community)

We are now seeking funding from a variety of sources to enable this to become a reality with a target period of two years to achieve this goal. If you can help with our fundraising efforts please get in touch via email: trevor-brown@btinternet.com





Elementals owners Samantha and Gary Wootton

LOCAL SHOP EXPANDS ONLINE

By Gary Wootton

Given the current economic challenges, business success stories are few and far between but Elementals Magickal Emporium are launching their online shop almost exactly 2 years from when they opened their shop in Market Street, Wymondham.

Co-Owner, Samantha Wootton says, "Deciding to open a retail shop in the middle of a global crisis was a huge gamble, but the pandemic had a devastating impact on my then current business, so we decided it was time for a complete change."

Husband and co-owner Gary Wootton added "Like any adversity we face in life, you have to look for the positives. The unexpected upside for us was that we now had an opportunity to build a business that reflected our lifestyle. We never would have made that step without the impact that the pandemic had on us"

Pigeonholing Elementals is not easy, it's not your typical high street store. They sell "products for the mind, body and soul" which include crystals, tinctures, oils, candles and wellbeing products, but visit the shop and you'll also find dragons, witches and even Viking shields and Mead!

"There are a lot of different products on our shelves" says Samantha, "we've built wholesale relationships with over 100 different suppliers because we want to buy from small independent UK based businesses as much as possible".

Like many bricks and mortar businesses, Elementals have now looked to the wider opportunity that trading online can bring. Samantha explains, "we didn't want to go online without first establishing a retail presence, both for credibility, and also we prefer the personal experience that only a retail shop can provide. However we have to be realistic, and the costs and uncertainty of retailing are a worry, so we have to look to expand to help ensure the future of the business."

"We thought building an online store would be easy after everything we'd been through with the shop, but we were wrong. The more we looked into the options, the more we got confused and the costs just kept going up. Then, we heard about a scheme that South Norfolk Council had instigated to provide assistance to shops like ours wanting to go online. We got in touch with the council and found that they had appointed a Norwich based digital company to provide training on how to build an online store."

"Happily, we were approved from a shortlist of potential businesses for the scheme "South Norfolk E-Commerce Platform Build Programme". We met with Nathan from Quickfire Digital who provided ground-up training that enabled us to build our own online store!"

"The whole process was straightforward and the information we gained has been invaluable, we wouldn't be ready to go live now had we not been able to benefit from this scheme."

So, thanks to a council initiative and local business collaboration, on the 17th October Elementals Magickal Emporium's new online store opened for business, so if you can't drop in in person, be sure to check out their amazing products online and treat yourself to a little bit of magick!

<https://elementalsmagickalemporium.com/>





From
£895*
for a fully fitted electric garage door.

Gotta get a Garolla.



WHAT'S INCLUDED WITH EVERY DOOR:

- EXPERT MEASURING & FITTING
- 2 REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- FREE DISPOSAL OF YOUR OLD DOOR
- AVAILABLE IN 21 COLOURS

GAROLLA
ROLLER SHUTTER DOORS



www.garolla.co.uk

Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space.

Give us a call today and we'll come and measure up completely **FREE** of charge.

CALL US TODAY ON:
01593 240 031

MOBILE:
07537 149 128

LINES OPEN 7 DAYS A WEEK

*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override.

FIVER FEST SUCCESS

By Tracy Kenny

In September, 25 local independent businesses joined Wymondham's fifth Fiver Fest. Because it's been going since right before the first lockdown, people get excited when they hear it's coming, and they get their £5 notes ready to go out and look for the bargains.

It's part of a national organisation, and in Wymondham we usually join in twice a year. The Fiver Fest gives independent businesses a chance to work together as one festival, using our collective power to encourage people into our town centres. The £5 bargains woo people into the town, to discover or rediscover how great our shops are, and what a great experience it is just to be in Wymondham! And every smile, every dog biscuit offered, every time a name is remembered, it shows that the little guys have something special that the online giants and supermarkets can't compete with.

In Kett's Books we kept it extra local, and offered pocket walking guides to Norfolk, Suffolk and Cambridgeshire marked down to £5. They'd sold out in the first week! So we got some more in, because we loved seeing them make people happy. We know that Reno Refills and Hemstocks Jewellers both sold out of their offers as well. So in terms of happy customers, it was a great success!

The support we have for Fiver Fest goes beyond those businesses that make an offer – for instance Aristocuts and Premier Travel really support the campaign. It's just tricky to find a £5 offer, when you're selling holidays and hairstyling! But we encourage the town to use all the independent businesses, not just those who have an offer.

Because spending just £5 a week with an independent can actually boost our local economy by millions. Most things can be picked up in the supermarket, but if you take an extra ten minutes and come into town, you're benefiting people who live here, and investing in our ability to look after each other. Do you want your money to go to a corporate giant, or to someone who will clock out to run your elderly mum home if she has a funny turn?

With FiverFest we're not waiting for the government or some big organisation to do something, we are cracking on and doing it ourselves. So thank you Wymondham for making it happen, by buying our £5 offers. And thank you for sticking with us year-round. Support your local high street, and it will be here for you, your family, and the generations to come.



Dog Grooming Services and Pet Spa

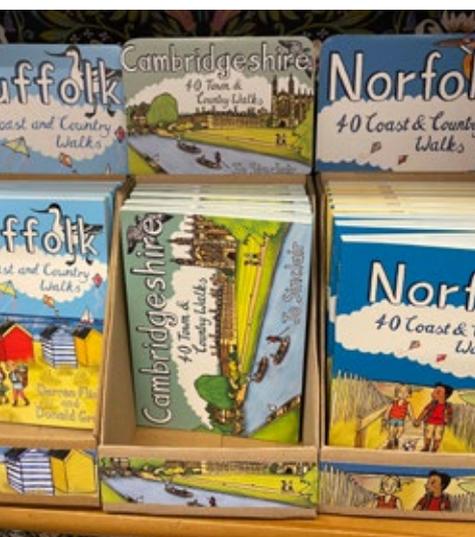
- ⊕ Specialist dog grooming services in the centre of Wymondham.
- ⊕ iPET Level 3 dog groomer.
- ⊕ Level 2 canine first aider.
- ⊕ All grooming services by appointment only.
- ⊕ Opening Hours
Weds 9am to 5.30pm
Thurs 9am to 5.30pm
Fri 9am to 5.30pm
Sat 9am to 5.30pm
- ⊕ Please give me a call or email me to arrange a suitable day and time to give your dog some TLC.



• 07852 978631 • gabriellaclarke0302@gmail.com •

1 Town Green, Wymondham
Norfolk, NR18 0PN

[thegroomingstudio1](https://www.instagram.com/thegroomingstudio1) The Grooming Studio



NEW CONSERVATION WORK WILL OPEN UP THE OXFORD TO THE PUBLIC

By Ann Roberts

Additional funding means that Wymondham's Lizard Charity has begun to realise its plans to open up land they manage, known as The Oxford, so more people can enjoy the countryside that exists on their doorstep.

Not sure where The Oxford is? Its 32 acres lay to the east of the Lizard Pastures from which it is now separated by the A11. It is bounded by the Silfield Nature Reserve to the west, the disused Wymondham to Forncett railway line to the north, open fields to the east and Right Up Lane to the south. It forms part of the approximately 45 acres of open land the Lizard Charity manages as 'a piece of informal, natural countryside for the general benefit and enjoyment of the people of Wymondham'.

Plans have been in place for a while now to further open up The Oxford for the benefit of residents and visitors. Conservation work has finally started thanks to funding from South Norfolk Council via the Greater Norwich Growth Board through the Infrastructure Investment Fund.

Lizard Charity Trustee Ann Roberts, who has been working closely with the various agencies involved, says "In addition to the work on the Oxford we are excited that work is also being carried out on the Silfield Nature Reserve, which is owned by National Highways. The work on both sites means there will be heavy equipment at times clearing ground and several new bridges and culverts will be going in from now until the end of the year. The Lizard Charity is working closely with the Norfolk Wildlife Trust, South Norfolk Council and National Highways to complete this work."

There are regular Lizard workdays, run with help from the Norwich Fringe Project and Greening Wymondham, where volunteers learn to hedge-lay, undertake planting and more. New volunteers are very welcome. The next session is Tuesday 15th November; meet at 9.30 by the black gate at the end of The Lizard. Trustee Jeannie Harris says "Work continues until 2.30-3.00 pm but you do not have to stay for all of it! Wear warm clothes, waterproofs and gloves. Tea, coffee and biscuits are provided but bring your own lunch."

You can find out more about the Lizard and the Oxford on the website www.thelizardwymondham.co.uk or email TheClerk@TheLizardWymondham.co.uk



 **CATS AT HOME**
Cat Grooming Specialist

07808 590881

Open now!

Cat Grooming Services & Pet Spa

1 Town Green
Wymondham
NR18 0PN

MAKE AN APPOINTMENT
Our prices start from only £35!

07808 590881
info@catsathomeuk.com
www.catsathomeuk.com

METHODIST CHURCH MEMORIAL SERVICE

Wymondham Methodist Church is again holding a Memorial Service for anyone to attend who wants to remember a loved one or loved ones – whenever they have died or wherever the funeral took place.

If you have had a funeral of a loved one during the past year, either in a Church, or in a Crematorium then this is a specific, and warm, invitation to attend on the afternoon of Sunday November 6th at 3pm. The service will be in the Church and there will be an opportunity to light a candle or candles, and to have the names of those you would like remembered read out.

There will be coffee or tea afterwards in the adjoining Town Green Centre. If you cannot attend but would like a name read out, do contact us in advance with the request. (stephen.cullis@methodist.org.uk or mary.p.cousins@outlook.com)

ADVANCE TICKETS REQUIRED FOR RUGBY CLUB FIREWORKS

By Andy Thomson

The organisers of one of Norfolk's biggest Bonfire Night fireworks displays are asking everyone who wants to attend to buy their tickets in advance.

More than 5,000 people turned out for last year's display at Wymondham Rugby Club, filling the ground to capacity.

Plans for this year's event - on Friday 4th November - include a bigger fireworks display, a spectacular fire show in the build-up, more on-site catering and a bigger funfair with more rides for children.

"It's become a massive event in the town and last year after lockdown so many people turned up we just couldn't get everyone in," said organiser Dan Cane.

"So, this time we're asking for people's help to keep the queues to a minimum. Please buy your tickets in advance - and please don't leave it until the last minute to turn up!"

The gates at the club's Barnard Fields ground off Bray Drive open at 5pm. There will be a fairground, food vendors, bars and concessions before the fireworks start around 8pm.

Tickets cost £6 for adults and teenagers, £4 for under-12s and children under four are free.

Go to: <https://www.tickettailor.com/events/wymondhamrugby/759702>

Onsite parking must be booked ahead at £5, though organisers are encouraging people to leave their cars behind if they can.

Dan said: "We've got space for plenty of cars but that inevitably means a lot of traffic builds up on local roads - the best advice is, if you can walk or share a ride, then please do."

ABBEY DAYS CHRISTMAS FAIR

By Julie Briggs

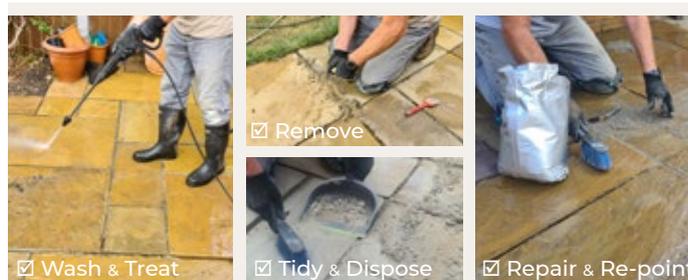
Abbey Days are here again in Wymondham this winter as the historic Abbey gears up for yet another of its much loved Christmas Fairs for the town and visitors to enjoy on Saturday 26th November, 10am to 4pm.

While adults browse more than 50 stalls, and enjoy live music inside the Abbey from The Browns, Baroness & the Bear, and Anto Morra, children can be entertained at the fun-packed magic show and animal balloon making session in the Abbey Hall with Mr Sam the Magic Man. Children will also be able to join Baking For Wellbeing to make and decorate yummy Christmas Gingerbread. For more information, and to book tickets for the children's show, visit www.clearcompany.org.uk/abbeychristmasfair/ Entry to the Abbey Fair is free.



NORFOLK PATIO RESTORATIONS

Before you replace your patio,
ask us about renovating it



07941 783065

W Y M O N D H A M

Winterfest



FUN FAIR

SANTA'S GROTTO

Live Music

The Walks

Spangle Steel Drums

New Buckenham Silver Band

Christmas Market

Made In Wymondham Market

Park & Ride

Sunday 4th Dec 2022

12 noon to 5pm





TOWN COUNCIL WATCH



SPOOOOOOOOOOOKY SPECIAL

By Jimmy Young

October 4th, and after a month which the country had spent observing minute's silences, Wymondham Town Council took things to a whole new level, by bringing us 1 hour and 47 minutes of silence on their YouTube stream of the month's full council session. A technical gremlin in the system meant no audio on their official stream made it onto the video.

Undeterred, Town Council Watch lit some candles, formed a circle and managed to make contact with the other side - using one of the councillors' Facebook live streams. Here are the messages we received.

RESPECT. JUST A LITTLE BIT

In the meeting's updates section, we found out just how enthusiastically the recently universally-adopted civility pledge has been embraced by the council's elected members and permanent staff. A question from Cllr Richard Elliott (Con) revealed just two councillors had taken up the offer of civility and respect training so far, himself and Cllr Kathryn Cross (Con). And no staff members.

One wonders what they're afraid of.

NO BLOOD FROM THE STONE FOR NWCC

First on the agenda was a grant application from North Wymondham Community Centre (NWCC) to create a community garden at the hall. The cost of the project was put at £5.7k, with NWCC asking for £2.8k from Town Council.

The proposal wasn't particularly popular in the room and was ultimately rejected.

Cllr Kim Carsok (Con) cited a notable lack of volunteer involvement in the plans for what was to be a community garden. Cllr Tony Holden (Con) thought the quote excessive. For Cllr Annette James (Lib Dem), it was a case of the wrong scheme at the wrong time. A proposal for something like a kitchen upgrade to help feed residents in an

expected difficult winter would be more welcome. And Cllr Julian Halls (Lib Dem) set a high bar for all future charity grant applicants, bemoaning the lack of an itemised breakdown of expenditure for the scheme: "We haven't got, according to the rules, a breakdown, so I'm concerned about making a decision with the absolute minimum of information."

Quite a few nails in that coffin then.

SCREAM IF YOU WANT TO GO SLOWER

Next, the Town Council voted to take an official position on the Norfolk County Council's Norwich Western Link Road consultation, which impacts a number of roads in and around Wymondham, with expected additional traffic and measures to mitigate that.

A short debate saw the council agree to support the road scheme in general, support reduction of speed limits on affected roads in our area, oppose the suggestion to prohibit traffic along Barnham Broom Road / Low Road, request permanent speed awareness machines on Barnham Broom Road, Tuttle Lane, Melton Road and Chapel Lane, and request a directional priority sign on Carleton Forehoe bridge.

Well. If you can think of a funny Halloween-based quip about all that, you can have the column. The devil's in the detail in this job.

CHRISTMAS TREE... ERM... OF DOOM!

As we learnt last month, the erection-putting up of Christmas trees can be fraught with potential for schoolboy innuendo. So Town Council Watch will forgive Mayor Kevin Hurn (Con) for feeling his way carefully through his update on a quote to install a permanent Christmas tree holder in the centre of Market Place: "The pole that the erm... The erm...", he fumbled. "I don't know what to call it really, haha, erm tree, erm base, tree base".

Don't let me make you nervous guys.

Then it was over to Cllr Peter Broome (Con) to probe further, who leant forward with what this column suspects was more than a knowing smile on his face to question the Mayor about the tube diameter and the size of the tree it can accept.

Alright Peter. I write the jokes here.

The discussion concluded that the Clerk should use his £10k(!) discretionary spending limit to accept the quote of £1800 for the installation.

"We saved Christmas!" laughed Richard Elliott. "At least that doesn't make me the Grinch" quipped Kevin Hurn.

The Clerk continued taking notes without looking up.

MAINTAINING THE KETT'S PARK HAUNTED FOREST

Up next, the council approved a further year of funding for the Norwich Fringe Project to continue leading on the maintenance of the woodland on the north side of Kett's Park. The professionally-run body carries out tree management work themselves and also provides guidance and equipment to volunteers from Greening Wymondham, who had spoken articulately in favour of the proposal during the public participation section.

If you go down to the woods today... expect it to be well maintained.

“ WE'LL SOON HAVE THE TOWN COUNCIL DECORATING SHOP WINDOWS FOR THE BUSINESSES. ”

A JOB TO DIE FOR

Next, the council needed to elect a representative to the Norfolk

Association of Local Councils, a body which a google search reveals "provides specialist information, advice and training to parish and town councils" and "speaks with a strong collective voice, representing members' corporate interests through the National body to government".

So there you are.

Mayor Kevin Hurn asked the chamber for volunteers.

Deathly silence.

Until Cllr Robert Savage (Con) asked whether it might be appropriate for the Mayor to represent the council.

Backatcha.

The Mayor duly agreed to take on the role *with all the enthusiasm of someone nominated to walk the plank.*

“ YOU’VE ACCUSED US OF BEING UNPROFESSIONAL!

TOIL AND TROUBLE

The cauldron threatened to simmer over on the issue of personnel and how the council treats its staff and reviews their job performance. A proposal to switch a behind-closed-doors working group into a full committee that meets regularly in public was rejected, after a prickly debate.

Vocally against were the councillors currently serving on the working group.

In the debate, Cllr Suzanne Nuri-Nixon (Lib Dem) fancied having her pumpkin pie and eating it, simultaneously decrying the increased time demands the move would have on councillors who were mere humble volunteers doing their best, while later also taking offence at the idea of outside professional HR advice being taken: "You've accused us of being unprofessional".

Alright. Don't take it personnel-ly.

"Wouldn't this be something for the new council to decide on?", she then suggested, referring to local elections to take place seven months after October's meeting.

Just 85% the way through a four year term and already declaring themselves a zombie council?

Meanwhile Cllr Robert Savage (Con) was concerned about the wellbeing of the council's highest-ranking employee, Trevor Gurney (Clerk), and his potential subjugation to a panel of councillors for performance reviews: "I don't see a committee being involved as being anything other than bullying and intimidation".

Scrutiny of power-wielding, unelected permanent staff by elected councillors? It sends a shiver down your spine.

Arguing in favour of the move were a group of councillors not currently on the working group.

Cllr Kim Carsok spoke of staff wages taking up around a third of the council's budget and thus being deserving of a proper committee to oversee it. She felt it was also an area that brought the biggest legal risk to the council if things ever went awry.

For Tony Holden, it was the council's duty of care to people in its employment that warranted dedicating more time towards. As an example, he asked the Clerk if a recently-departed staff member had been offered an exit interview. After initially refusing to respond, an answer was eventually squeezed out: "[the employee] was offered an exit interview and declined."

Awks. No bad blood there clearly.

A narrow vote saw the working group remain and no committee set up.

THE GHOST OF CHRISTMAS LIGHTS FUTURE

The last item of business was to set up a "Time and Task" group to look at the topic of Christmas lights in the town centre for 2023 onwards. The current lights are owned and put up by the Town Team group of volunteers. Long-term Light Up Wymondham stalwart and organiser Doug Hodges is soon to hang up his icicles for good, plus many of the lights have seen better days. Depending on the group's conclusion, the move could eventually see the Town Council taking on some responsibility for the yuletide illuminations.

An idea seemingly beyond the pale for Cllr Robert Savage: "suddenly everything seems to be devolving onto the town council as opposed to businesses taking ownership of their contribution into the festive atmosphere within the town" he lamented. In a further fit of unbridled pro-business Conservatism he added: "We'll soon have the town council decorating shop windows for the businesses."

If you own a local shop and your display is in need of spruce up, Mr Savage's phone number and email are available on the Town Council website. No job too large or small.

Cllr Kathryn Cross offered up a speedy rebuttal: "I think one of the biggest complaints we get as a Town Council is what do we do for the businesses? And I think this is one thing we can do to bring people into the town and support our businesses."

For Cllr Nuri-Nixon, this was another

topic too important to resolve today, suggesting again that it be left to the next council instead.

With elections every four years, Town Council Watch wonders whether the next council shouldn't then leave it for the one after that to decide, just to be on the safe side.

Tony Holden quipped that it might be an idea to get the ball rolling early, given the pace of other projects the council has tried to deliver before.

The vote saw the proposal adopted.

QUEEN ELIZABETH GARDENS

On the topic of slow-moving projects, in the new 'questions to chairs' section, an idea was mooted to change the name for the delayed "Jubilee Garden" project at Chandlers Hill to "Queen Elizabeth Garden". The room seemed generally in favour and it was resolved to propose the idea formally at the next Leisure, Environment, Enterprise and Tourism committee.

OH, THE HORROR

And that was that for another month. The councillors took to their carriages and headed into the dark and windy night. A flash of lightning. The horses startled. Igor slammed the castle door shut and bolted it tight. Goodnight, whatever you are.

Wymondham Methodist Church

Open Door

Refreshments and Conversation

All are welcome

Colouring ★ Jigsaws ★ Crosswords

Word Search ★ Sudoku

IN THE TOWN GREEN CENTRE
EVERY TUESDAY
10AM - 12 NOON



Robert Kett Primary School

You're welcome!

Do you have a child starting Reception class in September 2023?

At Robert Kett we offer a caring environment and aim to give your child the very best start to their education. We believe it is the early years of a child's education that lay the foundations for life.

We are a dedicated team of staff, governors, parents and families; united together to strive for the best in everything we do!

We provide a safe, happy, caring environment, which celebrates diversity and encourages us all to: discover, achieve, excel. This is delivered through an enriched broad and balanced curriculum, which allows everyone, regardless of background, to feel success through irresistible learning.

Drop in and see us in action

-  Tuesday 8th November
9.15-10.15am or 1.30-2.30pm
-  Thursday 10th November
9.15-10.15am or 1.30-2.30pm
-  Monday 14th November 9.15-10.15am
-  Wednesday 16th November
9.15-10.15am or 1.30-2.30pm

or pop in for a School tour

-  Wednesday 9th November 5.30-6.30pm
-  Monday 14th November 6-7pm

You have to decide by January 2023 and we are here to help!

T | 01953 603405 E | office@robertkett.net

W | www.robertkett.net

Achieving Together

November is my absolute favourite month for food. Not only because of the abundance of apples and winter squash and the like but because of Thanksgiving. Thanksgiving is all about the feast! Oh, and football and parades. There are many family photos of me sitting on the floor in front of the TV watching Macy's Thanksgiving Day Parade waiting for Santa on the last float. To me, this meant Christmas was nearly here!

I have so many fond memories of Thanksgiving days filled with food, family, and guests. My father was in the military, so we moved around a lot. Sometimes we'd be living in the US, other times overseas for the holidays, but never in proper cold weather areas. We lived in deserts, and on tropical islands, and occasionally we'd be home in southern Georgia. If we were in the States we would try and spend the holiday with family. If we were overseas, we would invariably have a gaggle of very young single airmen (my dad was their First Sergeant) to spend time with our family. Once we all had dinner at the chow hall on base – nice to have no cleaning up, but typically no leftovers!

If you remember from last month's article, my mother was from the south and my father from the north. In homage to my parents, I've made a pie for each of them: pumpkin for Dad and sweet potato for my Mom. I love most pies, but for me, sweet potato is the best. Actually, I prefer just about any pie over pumpkin. Pumpkin to me has no taste whereas sweet potatoes are loaded with yum and the ingredients are much cheaper to buy. Butternut squash makes a very good pie as well. Pumpkin and butternut are both winter squashes so if you use butternut squash follow the same recipe I used for pumpkin.

I combine my own spices in a small jar to use whenever I want that autumn taste. Of course, you can adjust this to your liking.

- 1/2 tsp ground cinnamon
- 1/4 tsp ground ginger
- 1/8 tsp ground allspice
- 1/8 tsp ground nutmeg
- = 1 tsp mixed spice



Food autumn pies

By **Susie Lastinger**

Method (Pumpkin)

Combine pumpkin, salt, evaporated milk and eggs and mix well. Add sugar, spices and vanilla. Pour into the pie shell and bake at 200c for 15 minutes then turn the oven down to 180c for 35 to 40 minutes until the centre is set. Serve with cream, whipped or pouring. Creme fraiche is nice too.

Ingredients (Pumpkin)

- 1 uncooked 9-inch pastry shell
- 1 1/2 cups of cooked pureed pumpkin (360g). Quarter the pumpkin and scrape out the seeds. Roast in the oven at 180c for 45 minutes or until fork tender. Once you cook the pumpkin and puree it with a food processor try and get as much water out as you can. I put the pureed pumpkin in a fine sieve and mash it with a spoon. The denser the pumpkin puree the better the taste and colour. *For a shortcut you can buy a tin of pumpkin puree from some supermarkets.
- 1/2 tsp salt
- 1 1/2 cups of evaporated milk (360g)
- 2 eggs
- 3/4 cup of white sugar (150g)
- 2 1/2 tsp of spice - see my recipe or your variation
- 1/2 tsp vanilla extract

Ingredients (Sweet Potato)

- 1 9-inch uncooked pie shell
- 1 pound of sweet potato flesh. Roast the potatoes at 200c for 30 to 45 minutes. It depends on how big the potatoes are. Just keep an eye on them. Once cooked, cool and peel. Mash or whizz in a food processor.
- 1/2 cup (113g) melted butter or margarine
- 1 cup white sugar (128g)
- 1/2 cup milk
- 2 eggs
- 2 1/2 tsp spice mixture
- 1 tsp vanilla extract

Method (Sweet Potato)

Combine sweet potato and butter and mix well with a mixer. Add sugar, milk, eggs, spices and vanilla. Pour into the pie shell and cook at 175c for 55 to 60 minutes until a knife comes out clean.

KNOW YOUR NUMBERS



Advertorial

By [Rebecca Mills](#), EweMove Wymondham

With winter fast approaching, some clouds have already set in across the country. So, just how resilient is our property market, and is now a good time to sell, buy or invest?

If we reflect on the last 20 years, two evident facts become apparent: the mirrored connection between the London and national markets; and the regular moves back and forth between buyer's and seller's markets.

The pandemic proved to be one of the most unprecedented influences in recent times. Assisted by stamp duty relief, favourable mortgage offerings, and a change in disposable income, all of which pushed forward by the sudden need for personal space and the work from home shift. This combined to form a powerful sellers' market with demand and house prices reaching record

levels.

But where are we at now? There is much reporting about current economic turmoil, it's important to filter and acknowledge the black and white. For example, average house prices across the UK rose by 0.9% and new listings by 4% in the last month. Compared to this time in 2019, buyer demand remains 20% higher, the number of price reductions has stayed equal, and the number of failed sales has only increased by 0.1%. On the rental front, values now stand at their highest since records began and demand is heavily outstripping stock.

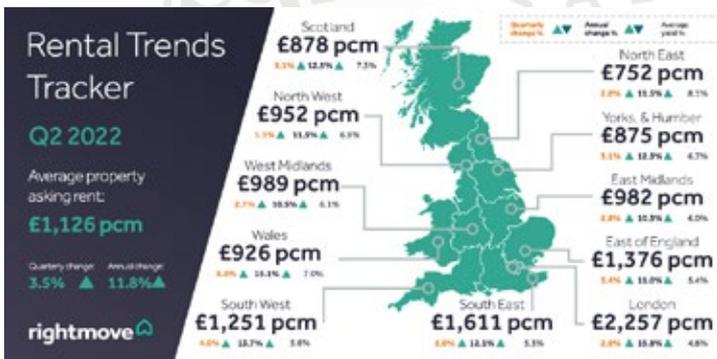
From this perspective, the property market is holding steady and there are no signs of a dramatic downfall, simply a gradual adjustment to an altering environment. Clients of mine recently proved just how important

and productive homework is. By producing a spreadsheet calculating affordability relating to their sale value, they were able to define their search and act quickly when the right property came available. Within

a week of launching, they received an asking price offer, and within another week had secured their onward purchase. All of this at the same time mortgage rates increased. It goes without saying they had a brilliant trio of professionals dedicated to their cause from day one: estate agent, mortgage advisor and solicitor.

Whatever your plan, ensure to get all your sheep in a row. With our recently refreshed website up and running, online valuations, appraisal bookings and further information about myself are there to view at your convenience.

Call (24/7): [01953 665 785](tel:01953665785)
 Mobile: [07923 236 076](tel:07923236076)
 Visit: www.ewemove.com/wymondham





OPEN

Wymondham Sports Bar

NEEDLECRA

Wymondham Sports Bar

Everyone Welcome

605800

Hemstock's

Wymondham Antiques

WYMONDHAM ANTIQUES



HIGH STREET TREAT

Photo special

On Saturday, 29th October the town centre hosted the second edition of the Trick or Treat Trail organised by Kim Carsok with support from the Wymondham Town Team volunteers. 38 businesses handed out free treats to children wearing Halloween costumes. It was a lovely atmosphere full of smiling faces enjoying the sunshine in our historic market town. This year was the first time for the costume competition, photos of which will be on the Town Team Facebook page. In the meantime here are a few of our own photos to give you a taste of the day.



It was a month of disappointment, but Wymondham's finest pulled me through. So here we go. Last issue saw me struggling with a badly damaged leg and ankle learning to hobble and walk again, after falling down a not very dramatic 2 stairs at home, stopping me walking and photographing Wymondham for all to see.

I was in and still am in considerable pain after the screws that held my lower leg bones together both snapped, I was losing my drive, my mojo. Everything was such an effort, and why me? Why should I suffer? Especially as I'd had life threatening illnesses twice this year as well.

My weight was going up again. In reality I've put on loads, and gained weight never appears where it's not seen. My gut was bulging again whereas it would be great to have bulging 'guns' (biceps) instead. Depression was interfering with my usually happy thoughts, I was finding reasons not to walk, blaming it on pain. In reality the pain was severe but exercising and dieting isn't pleasant either and I find it's painful mentally and physically.

I talked it over with Mrs Go Outdoors (my very supportive wife) to no avail. Then I hit rock bottom and turned it into words for my followers on Love Wymondham to pour over on Facebook. The response was amazing, from advice to encouragement, offers of support etc. Then it hit me again like Bruce Lee (the famed Kung Fu master) practising knockout punches on my frazzled brain cells.

It was me that was wrong, it was me that wasn't trying, it was me again with a thousand reasons to not get better, it was only me that was the jailer, I alone had the key.

So seriously annoying Yvonne, I tucked into my favourite Tiramisu, biscuits and other fat building goodies. I was having one last blow out then I was back on my serious diet and exercise routine again. This was to be helped with a visit to see my youngest son and my youngest granddaughter along with her great hard working mum. We've not seen them since February, when I'd just been released from hospital and slept throughout the visit as I was still very weak.

Well it was boots on time for some serious exercise, well as much as I could force myself to do anyway. This turned out to be 1.25 miles, not forgetting shopping and a little housework. Yes I had a day off before it, however the next day I drove to Leicester to see the aforesaid family, we stopped over and today after driving back we did a small shop and I decided to push myself with my walking again.



ONE TOUGH MONTH

By Neville Cameron

“ IT WAS ME THAT WAS WRONG, IT WAS ME THAT WASN'T TRYING, IT WAS ME AGAIN WITH A THOUSAND REASONS TO NOT GET BETTER, IT WAS ONLY ME THAT WAS THE JAILER, I ALONE HAD THE KEY.





This I've done, walking a full 2 miles and now I'm bragging about it with energy to spare!

It's amazing the power of the brain leaving my brain cells bouncing off each other.

My walk:

From Abbeygate Garage over the road, under the trees turn right over the road, then over another road and up The Loke. Getting hopelessly lost in an all too simple maze of short roads within the Hart's Farm estate, ending up on Burdock Road, through the yellow gates into Ketts Park. Follow the brown gravelly path into the woods, past the bench which if you walk straight forwards from you'll come across The Moot.

The Moot Hill is a scheduled ancient monument (remains of a timber castle). It's on private land but still worth a look if you get permission first but you'll need to sort that out yourself.

After all that I walked diagonally across the expanse of grass, past the play area, past the council building, turned left on Hart's Farm Road, followed along to the traffic lights, crossed a couple of roads and headed back to the garage.

All in all it's worth getting lost in that lovely housing estate as there's some great gardens and play areas. Ketts park is amazing if you explore it in its entirety with footpaths, woods and of course all those activities to join in, it's a real gem and very underused I think.

Enjoy the pictures as they may give you some idea of that part of Wymondham's beauty and history.



A SHOP THROUGH TIME...

By Sarah Standley

Number 2, Market Place

Do you suffer with

- Anxiety or Stress
- Fears or Phobias
- Weight Control
- Addictions
- Sleep Issues
- Low Confidence or Self-Esteem



Would you like to discover how Hypnotherapy can help?

Call today and book your **FREE** consultation

www.Wymondhamhypnotherapy.com

07925 140 931

Paul@Wymondhamhypnotherapy.com

For the vast majority of us, we have been familiar with the elegant design of 2 Market Place as being the home of Wymondham's branch of HSBC, formerly Midland Bank, but what do we know of the building's past?

The building's appearance has been altered and the exterior and interior fittings have drastically changed, as has its use.

Here by 1835, David Turner had opened what would become a thriving Drapers and Grocery business for 40 years. In 1840, David, then 40 years old, lived in the accompanying accommodation with wife Sarah Louisa and children Ellen aged 6, Harriet 5, Sarah 3 and baby David. They also had domestic servants Mary Carpenter, Sarah Brighton and Henry Lee. Store staff Walter Turner, William Riches and William Ward 'lived in' as well which was commonplace at this time.

Drapers were important stores in those days and most towns had more than one.

They frequently ventured into other lines like grocers, millinery and fancy goods. People could not travel far to shop and mail order was very limited so it was important to be able to offer shoppers a full range of everything needed at home.

By 1851 the Turner's had another child, Mary aged 7. Staff living in were shopmen William Smith and Charles Le Grice and young apprentices Walter Smith and Thomzs Canham, both ten years old. The servants at this time were Mary Parsons, Sarah Hardiment and Wlliam Kedge; the requirement for three



servants shows what a busy household it must have been.

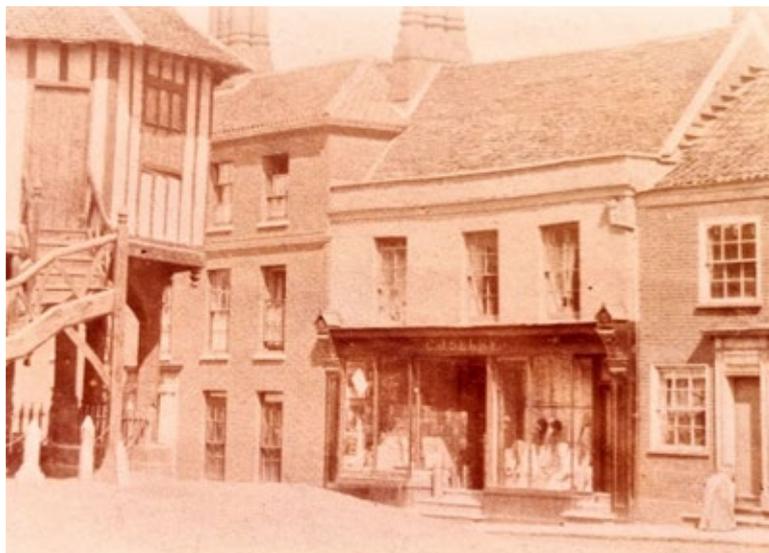
Now in his 60s in 1861 David Turner employed two shopmen Alfred Jeffries and Samuel Sheddon, three apprentices George Reeve, James Dawes and William Andrews. Martha Beanes and Ann Hawes were the young ladies living in service.

In 1871 one man, two women and one apprentice were employed in shop work. It's interesting to note how by now women were being employed to work in shops and it was no longer a male only trade. Sarah Edwards Pryer was an assistant draper and Annie Durrant a milliner. David's son David was now 30 and in the grocery and drapery trade alongside his father. David junior was now married to Alice and they had a son Hammond. Palmer Kerry was a 16 year old apprentice whilst Ann Lawn and Rachel Woodbine were the domestic servants in the house.

Sarah the assistant draper went on to marry shopman Edward Clarke in 1872. He was born in Suffolk and in 1871 left Turners and opened his own Drapers and Grocers store in Market Street on the corner of Damgate. This shop would become one of the town's most iconic stores of the 20th century. In time, Edward's business passed to his son Harry, who had been told Turners was where his parents worked together. Clarkes closed in 1969 following Harry's death and became home to George Reeves printing and stationery business.

David Turner passed away in 1872 age 73 after a lifetime in the grocery and drapery trade.

The shop remained as David Turner & Co and in 1878 is listed as a grocers linen and woollen drapers, silk mercers and glovers. David junior remained in the drapery trade but soon after moved away from Wymondham.



By 1881, Charles Selby, formerly a grocer in Norwich and Shouldham, had taken over the premises with wife Martha. Their children were Sarah, Kate, Louisa and youngest William. Theodore Spencer age 25 was employed and living with the family along with domestic servant Emma Caley, age 16.

1883 sees Charles Selby's store listed as a grocers, drapers, milliners, dressmakers and also a wine and spirit merchants and in 1891 Frederick Green age 16 was the apprentice and Charlotte Hammond age 22 lived in service.

The records of the 1890s are not clear as to who were the occupants of the shop. Charles Selby ceased trading at some point and moved away to Hampshire.

Explore Wymondham's hidden gem!

Furniture & Craft Emporium



Cancer Charity
— EST. NORFOLK 1980 —



- Furniture
- Arts & Crafts
- Bric a Brac
- Soft Furnishings
- Books
- DVDs & much more...

Don't miss a visit to our Boutique with high-end labels such as:

HOBBS
LONDON

Joules



CREW CLOTHING COMPANY

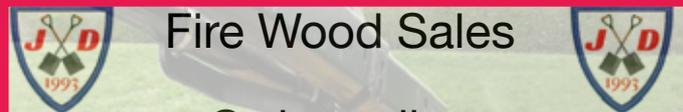
LK BENNETT
LONDON

Monday - Saturday | 9.30am - 4.30pm | 01953 603320
4 Allenbrooks Way, Wymondham, NR18 0NW

www.big-c.co.uk

Big C is a registered charity (no. 281730)

Connect with Big C online:



Fire Wood Sales

Order online

www.jdservicesnorfolk.co.uk

1 cube x4 bags £100 inc vat
2 cube x8 bags £190 inc vat

Delivered to your door
2 year seasoned
mixed 50/50 soft / hard wood
sold in returnable bags

Kelly's 1896 directory references Thomas Lambert, Christopher Laycock and Frederick Le Grice as grocers and drapers on the Market Place. Laycocks and Lamberts both occupied what is now Abbots in this era. So was Frederick Le Grice in the former Selby's shop for a time?

By 1901 Hugh Gascoyne was well established as the latest Draper and Grocer in the premises with a large sign dominating the view across the Market Place, with wife Agnes and son Reginald an apprentice. Reginald would later become a Baptist minister.

Hugh was born in Cambridgeshire and spent his pre Norfolk days there, and in Northamptonshire and Hertfordshire.

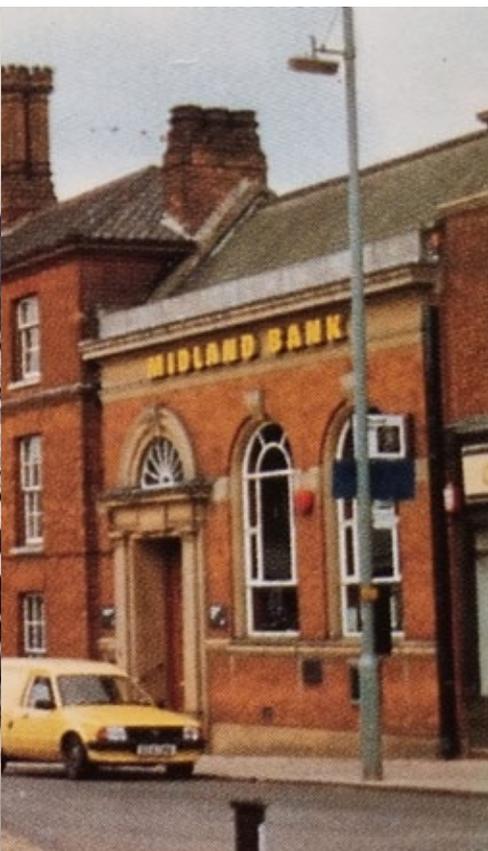
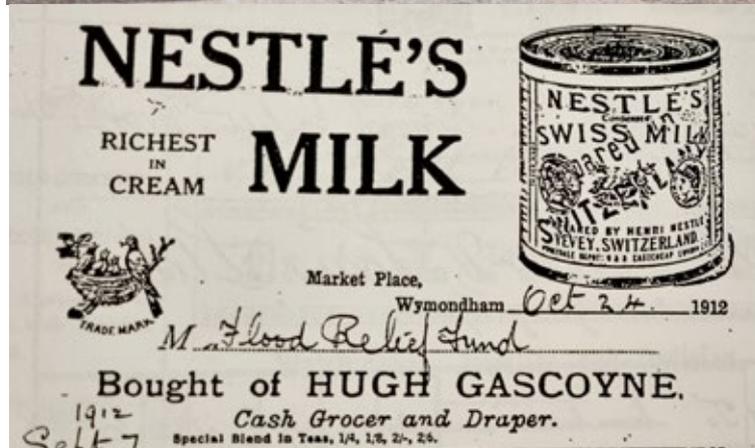
Other children who were still living at home were Alwyne 11, Millie 10, and James 8. Assistants were Edith Wright and Grace Jolly, and the domestic servant was Gertrude Edwards.

Once Hugh's sons Alwyne and James finished school they became assistants in their fathers shop. In 1911 their servant was Alice Shaw aged 16, an occupation many young girls had little choice but to join and this Market Place home and business had seen many girls working in service over the decades.

Hugh's sons both served in World War One. Alwyne joined the army whilst his brother James joined the Royal Flying Corp with both surviving the conflict.

We can surmise that following the hard war years and now with the Co Operative store on the Market Place and International Stores next door but one, competition became fierce for the Gascoynes and they closed by the early 1920s.

Following the Gascoynes departure the building was restored and altered to become an impressive branch for the Midland Bank Ltd and its Wymondham customers. The new exterior included an arched doorway with a half roundel window above and tall



arched windows in place of the previous shop frontage. Inside wood panelling and the iconic and memorable high wooden counters were throughout until recent times saw the counters modernised.

The manager of the Wymondham branch of the bank in the 1920s was John Marcus Mason. In the following decade George William Anson was at the helm. The front steps were removed a few years ago for the consideration of Wymondham's elderly and disabled customers.

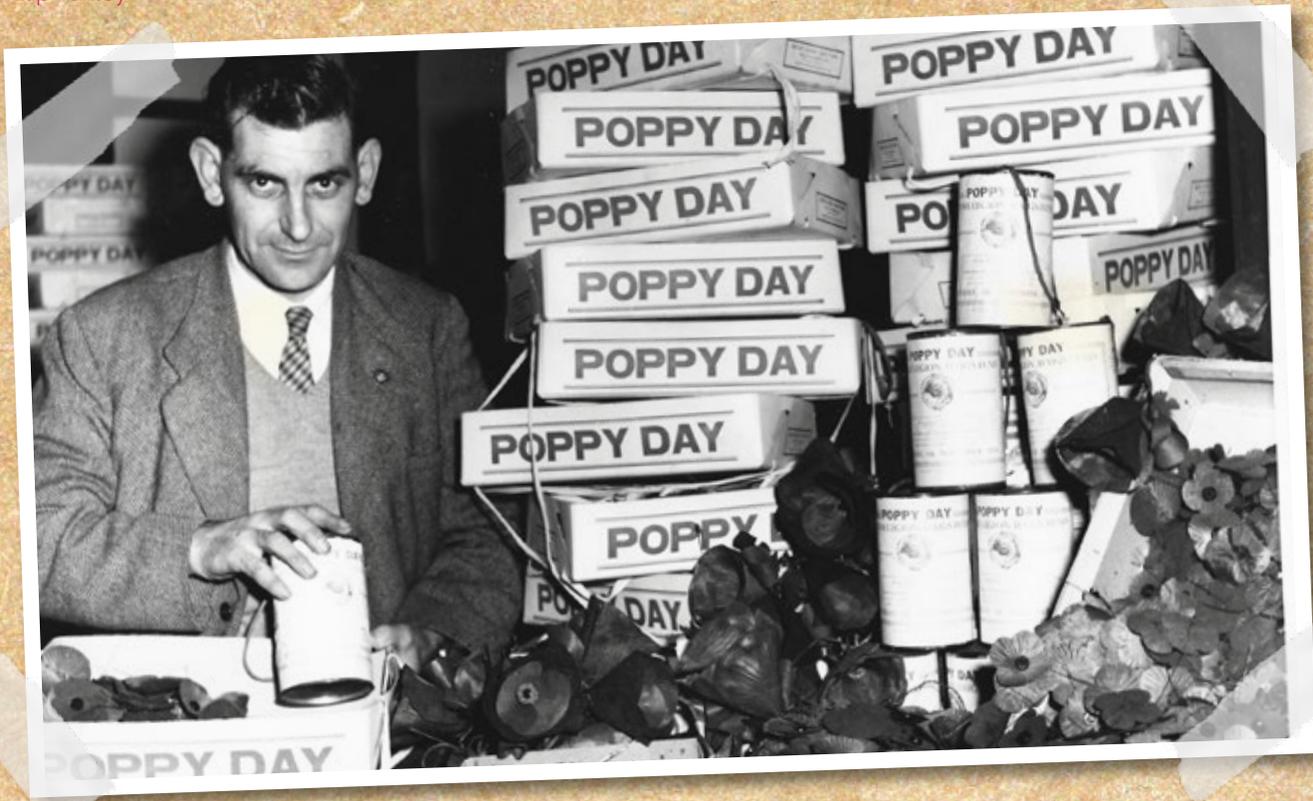
The name Midland Bank Ltd had been adopted in 1923 following many acquisitions by the London City and Midland Bank. By 1934 it was the largest deposit bank in the world and in 1992 it was taken over by HSBC Holdings plc and by 1999 the name Midland Bank changed to HSBC Bank and was rebranded to HSBC UK in 2015.

One wonders what David Turner, Charles Selby and Hugh Gascoyne would make of their old drapers and grocers store today!

WHAT'S IN A PHOTO?

Poppy Day

By Philip Yaxley



Ron Hambelton, Poppy Day organiser for the Wymondham Branch of the British Legion in 1958, is seen preparing the many trays and tins for the annual collection that year. The picture was taken inside the Market Cross, then the central point for the collection, and comes from the photographer Philip Chapman, who hails from an old Wymondham family but now lives in Buckinghamshire.

The British Legion, which became The Royal British Legion in May 1971, was formed in May 1921 with the Wymondham Branch being established only six months later, making it one of the oldest branches in Norfolk. Since then artificial red poppies have been a symbol of Remembrance and to show support for the armed forces, as well as raising money to support ex-servicemen and their families in need.

Through the decades the Wymondham Branch has always played its part in marking Remembrance Day and Remembrance Sunday, as well as raising money for the Poppy Appeal. In the second photo, taken again by Philip Chapman, branch officials are posing with all the trophies and certificates of merit, which the branch had been awarded in 1954. In the middle are the prestigious Haig

Cup for raising the most money for that year's Poppy Appeal and the Eastern Area Cup for the best membership increase. It was in the days of National Service and second from left in the back row is the legendary Jimmy Patrick, who it was once said signed up young lads for the Legion as they stepped off the train at Wymondham following demob!

Wymondham folk should wear their poppies with pride!



Wymondham British Legion Committee, 1954

Advertorial

SPIRE
SOLICITORS LLP



HOW CAN MEDIATION HELP ME?

By [Samantha Leaver](#), Solicitor

Mediation takes place when the parties are attempting to resolve a dispute but require assistance from a third party. By involving a neutral third party, there is a new way to communicate, allowing for new ideas and solutions to develop. In this article we look at what mediation is, and how it can help you.

WHAT IS MEDIATION?

Mediation is when a neutral third party works with those involved in a dispute to help facilitate discussions and work to find a solution that is agreed to by everyone. It is an aid to negotiation and can result in a settlement reached without the need for costly and lengthy litigation through the Courts.

A mediator does not make a ruling, but if the parties can come to an agreement, this can be recorded in a document and the parties can then enforce the terms of the settlement at a later date if needed.

WHEN CAN MEDIATION BE USED?

Mediation can be used for various disputes, including those where litigation is not possible, or lawyers are not involved. There is unlikely to be an area of law where mediation cannot be of use, but the most common areas it is used in are:

- Contract disputes, from landlords and tenants to construction or employment contract disputes

- Insolvency and finance, including debt recovery
- Family disputes, such as issues in a divorce.
- Government and Local authorities, this can include health service or education complaints, issues with housing or any other local authority dispute.
- Employment, a common area where mediation is used, often between an employer and employee, or a union and management.

Overall, any disputes between parties that have come to a deadlock in negotiations can be considered for mediation.

BENEFITS OF MEDIATION

Having an impartial and confidential third party explore the options with the parties and seek a common ground can help disputes be solved and avoids costly litigation, if that is where the case is headed next. Below the most common benefits of mediation are detailed.

COMMUNICATION

Mediation can help you advocate for yourself. By adding a third party into the negotiations, there is a new route of communication and it becomes easier for you to speak up for what you need or believe should happen. The conversations are confidential meaning parties feel more comfortable to have a more detailed and open discussion.

Mediation can also help prevent relationships breaking down, as it is not based on a winner takes all system but on finding an agreeable resolution for all those involved.

COST SAVING

If the alternatives to mediation are litigation or a constant delay on progress, then having the issue come to a close will save all parties time and money. Having an agreed period of time set away for the parties to address matters focuses interests and can avoid distractions from e.g. other work or issues ongoing, meaning a resolution can be facilitated. Mediation is often more cost effective than both tribunals and litigation and can be scheduled very quickly.

DIFFERENT SOLUTIONS

As the scope of mediation is so broad, the decisions reached can vary from case to case. The best solution is not always a financial remedy but for there to be a recognition of wrongdoing and steps taken for it to be prevented from happening again, or even for the completion of work to be carried out. The parties engaging in this process can explore novel and flexible resolutions that suit their needs better than a determination by a judge would.

If you would like to discuss any points in this article further, please contact Spire Solicitors Dispute Resolution Team on [01953 606351](tel:01953606351).

STAR THROWERS NOVEMBER UPDATE

By Victoria Pigg

SERVICES

We are pleased to announce that we will be re-launching our Lymphoedema service in November, we will be providing free manual lymphatic drainage and support sessions for people with cancer related Lymphoedema at our centre in Wymondham. For more information, please contact by email: info@starthrowers.org.uk or call 01953 423304.

FUNDRAISING

We continue to be overwhelmed by the generosity of our supporters. We recently ran our second Golf Day joint with local charity Finnbar's Force and raised over £4500 to support local people affected by cancer. Save the date for our 2023 Golf Day on 11th October at Bawburgh Golf Club.

EVENTS

We are looking forward to our second Charity Ball to be held on 26th November at Barnham Broom Hotel, tickets are still available to purchase, £49pp which includes a three-course meal and there will be live music, an auction and casino in the evening with lots of great prizes to be won!

We still have a few spaces on our Wreath Making Workshop, supported by Nicky from The Enchanted Willow on Sunday 27th November – places are £35pp and include all materials, teaching and light refreshments. Email Victoria to find out more: victoria@starthrowers.org.uk or call 01953 423304.

SHOP

Our new 'Treasure Trove' shop continues to be doing well with a constant supply of new items available to view and purchase, we are currently open Mon-Fri from 10am-4pm but watch this space for Saturday openings in November and December. Find our new shop next to the centre on Melton Road in Wymondham.



LIONS FESTIVE UPDATE

By John Wilde



A big thank you to everyone who came to the Lions Quiz n'chilli evening. I'm writing this just before the event but I'm sure it was a great success. We aim to please, and make some money to give away. Recently we helped out at the Wayland Show, looking after a couple of gates. I was on the 'Horse Gate'. It seems some people like horses but to me they bite at one end and kick at the other. I stay clear. We are very grateful for a lovely donation from the Show committee for our charity account.

A couple of our members held a coffee morning in aid of MacMillan Nurses. The cakes were superb and a sum approaching £200 was sent off to MacMillan.

Christmas will see us at our busiest time. We will be at Wynterfest 4th December. I'm very pleased that, once again, we have persuaded the REAL SANTA to fly in. He is due to land at his grotto in Wharton's Court at 1pm. He has promised to stay until 5pm. Presents this year will be £5 each.

We will also be holding our annual bucket collection on the 2nd and 3rd of December in Waitrose. The money raised from this goes towards Christmas presents for all of the residents at four Wymondham Care Homes. We have Santa booked again to deliver the gifts while our heavenly

choir entertain staff and residents with seasonal carols at each home. Dates are 14th, 15th and 16th of December. If anyone would like to come along for a lovely Christmas sing song please ask any Lion or contact wymondhamlions@gmail.com for info.

The New Year will see us, with Rotary, holding our magical Burns Supper & Ceilidh at Central Hall on January 27th. Full details will be available nearer to Christmas.

Further dates for the diary will have us at the Royal Norfolk Show on June 29th & 30th and the marvellous Jazz Picnic in Becketswell is scheduled for July 8th.

Recent donations include to the Norfolk Community Foundation food bank and the Lions International Foundation disaster relief to help people around the world suffering from fire and flood. We were also able to help a local lad go on a junior chefs course which has helped his well being.

Wymondham Lions meet upstairs in The Feathers at 7:30pm on the last Tuesday of each month (not December). We are always open to visitors and would love to have some new members to come and help us in what we do. The larger our group the more impact we can make.

MURDERED TO DEATH TICKETS ON SALE

By Georgette Vale

Wymondham Players upcoming production will take place on 16th 17th 18th and 19th November beginning at 7:45 at Central Hall each night. The Saturday Matinee will begin at 2pm on 19th November. Tickets are available from www.wymondhamplayers.org.uk Any queries please ring the box office on 07999 004453.

Director Becky Davis said "I am really pleased with how well

preparations for Murdered to Death are going – all the cast are really putting their all into what will be a hilarious show. Although there will inevitably be a murder – or two? The audience could also die laughing – be warned!" Don't forget there is also a Saturday Matinee performance – perfect for those who are not keen on going out at night.

HERITAGE MUSEUM HIBERNATION

By Neil Haverson

While Wymondham Heritage Museum has closed for the season, the volunteers are losing no time in making it ready for 2023. New displays, existing ones to be refreshed; there's plenty to occupy them over the coming months.

Would you like to be involved when the museum opens again? Spend time helping in the historic Bridewell among the many displays and artefacts that showcase the town's past.

Stewards will be needed to greet visitors at reception, take entrance fees, shop sales and answer questions. Present shifts are just three hours a month unless you have time to do more. Training will be given and you will work with an experienced steward to begin with.

Or perhaps you would be more interested in helping in The Bridewell Tearoom. The Tearoom was once the exercise yard for prisoners on remand. Now it's a cosy place complete with a wishing well for visitors to chill following their visit. The role involves serving visitors with snacks including tea, coffee and homemade cakes and scones.

If you are interested please email saying which role you are interested in to: whm.info@wymondhamheritagemuseum.co.uk message on Facebook or drop a line to Wymondham Heritage Museum, 10 The Bridewell, Norwich Road, Wymondham, NR18 0NS.



WYINTERFEST OPENING

There will be another opportunity to visit the museum this year. It will be open for the town's Wynterfest on Monday December 4th from 12 to 5pm. Entrance is free and don't miss the Tearoom, especially if it's chilly! Hot soup with a roll plus tea or coffee will be available. And you might find that perfect little present to hang on the tree in the gift shop. Or for history buffs, check out the bookshelf with publications on the rich history of the town and the surrounding area.



ROSIE'S RYLA ADVENTURE

By Maureen Huckle

RYLA stands for Rotary Young Leader Award and it's a leadership experience organised by Rotary clubs for young people to develop skills as leaders whilst having fun and making connections.

In August, a week-long RYLA residential course took place at Grafham Water and Wymondham Rotary Satellite Group were delighted when Rosie Stanford accepted their invitation to attend. Rosie works at Wymondham Medical Centre and she readily admits that the course was a challenge involving so many new experiences including overnight hikes, kayaking and many other

challenges. Rosie feels attendance on the course was not only great fun but a real benefit to her professional personal development and an opportunity to make new friends. There are already plans for Rosie and her fellow delegates to get together for a reunion very soon.

The scheme runs annually so if you know a young person aged 18 -26 who would like a big adventure next summer then get in touch with Wymondham Rotary Satellite Group via their Facebook page or by email to wymrsg@gmail.com.



NEW FUNDRAISER FOR SOUTH NORFOLK RADIO

By David Mann

South Norfolk Radio recently launched a GoFundMe campaign as the not-for-profit Community Interest Company (CIC) seeks to raise funds to ensure it stays on the air despite the current difficult financial situation. "As a community radio station, run entirely by a dedicated team of volunteers, we are proud to position ourselves at the heart of the South Norfolk community, showcasing, publicising and championing local talent, artists, schools, charities, community groups and enterprises and taking centre stage at events like Wynterfest" says radio station manager Anthony Woods.

"We are looking at ways to increase the services that we can offer to community groups and other organisations in the South Norfolk area and are currently exploring the possibility of providing a service to educators, encouraging children with their language and social skills as they put together their own radio show" explains Anthony.

"We're actively seeking grant funding that may be available to help us with this aim" he continues "and we have recently been successful in obtaining a DAB Broadcasting licence from OFCOM, which would enable us to expand from being an online-only radio service to being able to broadcast to air in the local area, but there are significant additional costs

involved in expanding the service in this way".

"In common with all other businesses and individuals, we're looking at ways to reduce our fixed costs in the current climate" he continues "and we're hopefully going to be able to make a very significant announcement shortly about an imminent relocation for our studio premises which we hope will help to secure our long term future."

Fellow South Norfolk Radio Director Tristan Ashby, who hosts the 'Thursday Night Club' at 6pm each week, said "We are actively encouraging on-air advertising and sponsorships, but we only receive a very small income from that direction at the moment. We want to encourage more local businesses to support us in this way - with local businesses advertising to local people. And our rates are extremely modest, as we know that everyone's finances are stretched."

Radio Station Manager Anthony Woods says that South Norfolk Radio's volunteers are very keen to keep the Community Station on the air, but it's going to need help from the community. "You could help by becoming a member - (there's no compulsion to actually get behind a microphone and present a show if your skills lay elsewhere); you could advertise your business or services



on our station or, if you're able, you could simply make a donation on our GoFundMe page" says Anthony. "All the money raised will be used to enable us to continue to broadcast and support local causes through publicising them on air and attending outside events through the year. If you think you can help us in any way with funding, however small, please donate what you can. Any help you can give will be greatly appreciated and will allow us to build a better service for our community. And if you do help us, we want to say a very big thank you" says Anthony.

South Norfolk Radio's GoFundMe page is open for donations here <https://gofund.me/b7c3c9c2>

You'll find South Norfolk online at www.snradio.uk with a full programme schedule and local events guide on the website too. The station is available on many radio streaming apps and on Smart Speakers. Anthony Woods says "Basically, if you've got an internet connection, you can listen to South Norfolk Radio - and we'd love you to do just that!"

HELICOPTER GROUP MUSICAL PERFORMANCES

By Norman Illsley

We are The Wymondham Helicopter Group we organise shows/concerts/dances all over Norfolk & Suffolk and a bit further afield to raise funds for the East Anglian Air Ambulance charity.

We want to bring some good quality shows/concerts to Wymondham, we keep hearing it would be good to have a tribute show or two! We hope we get the support from all the folk in Wymondham & villages. We are doing this for the town of Wymondham and hopefully we can make some money for

the charity.

We are going to have some shows/concerts at The Wymondham Central Hall. We have so far booked MONEY FOR NOTHING a Dire Straits tribute for Sunday 5th February 2023, ELO ENCOUNTER an ELO tribute on Saturday 18th March 2023!! We have lined up a Beatles Tribute, A Sixties Tribute show, An Everly Brothers & Friends tribute show, friends being Buddy Holly & Jerry Lee Lewis tributes in one show. A combined show/concert with The Bootleg Shadow & The HiJacked Hollies in one show with tributes to The Shadows & The Hollies. Plus we have a couple of dances at The Wymondham Ex Services Social Club on Saturday 28th January 2023 The Summertime Kings plus Popeye Pete's Rock & Roll Disco, a rock & roll dance, then Saturday 21st April 2023 Mervyn &

The Starbeats 60's dance.

We are aware that Wymondham usually organises classical music/singing events so we thought it would be a good idea to have some pop music.

We are looking at having something different like Blake, The Pasadena Roof Orchestra plus others!! To put these on we need sponsors, individuals or corporate companies and also if you feel you would like to sponsor one of the shows above, we would say a big thank you!

If anybody would like to be involved on the day/night of the concerts/shows please let us know helen.norman.i@uwclub.net. As a thank you for helping us, we would give a free ticket for the evening.



WYMONDHAM PHOTOGRAPHIC SOCIETY: PHOTO OF THE MONTH

Gannet at Bempton Cliffs by John Edwards

By John Staines

John Edwards has captured this beautiful seabird in its natural environment at RSPB Bempton Cliffs, Yorkshire which is an ideal location for photographing cliff nesting seabirds such as Gannets, Puffins, Razorbills, Guillemots and Kittiwakes.

This photo was chosen for several reasons. The subject (Gannet) is well focussed and showing detail in the eye and feathers. Being large in the frame its position on the rock edge leaves no doubt about its natural habitat.

The Gannet's bill follows an imaginary line from top left to bottom

right, reflected also in the rock face, providing a clean separation from the uncluttered sky background giving a feeling of the precarious nature of its environment. The Gannet is also positioned on a vertical third of the frame which is one of the basic rules in photography for achieving an aesthetic composition.

Settings: The image was taken using an Olympus E-M1 MkIII with a M40-150 lens and 1.4 Teleconverter; f5.6 ; ISO200 ; 1/1600 ; focal length 180mm.

WYMONDHAM NATURE GROUP NOVEMBER INDOOR MEETING

The November meeting of Wymondham Nature Group (WyNG), the local members' group of Norfolk Wildlife Trust, takes place on Thursday 10th November at 7:30 pm, with an illustrated talk by Andrew Clarke – 'Winter is Coming'. The venue is the Town Green Community Centre, NR18 0PW (next to Wymondham Methodist Church)

Andrew will discuss why we have seasons, how these vary from place to place, and the effects they have on wildlife. He will concentrate on the responses of animals and birds, including migration and hibernation, but also touch upon the impacts on insects and plants. The talk will finish with a brief speculation on how things have changed in the past and might change in the future.

All welcome - admission £2 - further details from Ann Carpenter on 01508 488337. <https://www.facebook.com/WymondhamNatureGroup/>



GREAT BIG GREEN THANKS

By Nicola Maunders, Greening Wymondham

Greening Wymondham says thank you to Wymondham for taking part in their week of events as part of the Great Big Green Week 2022. This was the UK's biggest ever celebration of community action to tackle climate change and protect nature.

A fine evening enticed over 40 people to come out to see and hear bats around the Abbey and along Becketswell. With the help of bat detectors from Norfolk Bat Group, we were able to detect common pipistrelle and soprano pipistrelle bats. 26 bags of litter were collected at the litter pick (unfortunately!). A series of walks explored our local nature hotspots at The

Lizard and Toll's Meadow and there was a chance to find out more about Browick Road Community Orchard.

Many of the businesses in town made a pledge to take action including reducing and recycling their waste, shopping locally, cutting their use of fossil fuels and using renewable energy suppliers. Kett's Books joined in by providing an environmentally-themed window display and Wymondham Library arranged for a really excellent selection of relevant and interesting books to be available. This year we amalgamated Great Big Green Week with Totally Locally, encouraging people to spend their money in town to make Wymondham a stronger, more

vibrant and resilient place.

Local playwrights, Four by Four staged a poignant play explaining the issue of how recycling cannot be the whole solution to our waste problem, recognising that consuming less 'stuff' and reusing what you have is a better use of resources than recycling them. Information was displayed at the Baptist Church including their work towards becoming an 'eco-church' as well as Greening Wymondham's own display.

If you are interested in joining in with any of Greening Wymondham's activities or would like to talk to us about environmental issues, please contact greeningwymondham@gmail.com.

SYMPHONY ORCHESTRA AUTUMN CONCERTS 2022

By *Adrienne Cleary*

**Autumn Concert 'Influences.' Saturday
November 26th, at 7.30 pm in The
Central Hall, Wymondham.**

- Overture and March-past of the Kitchen Utensils from The Wasp Suite by Vaughan Williams
- Fantasia on Greensleeves by Vaughan Williams
- Tuba Concerto, soloist Mark Peck, by Vaughan Williams
- Symphony No.3 The Irish, by Charles Villiers Stanford

Rehearsals for our Autumn concert are well underway and the orchestra is very much enjoying playing the lively folk tune influences of both Vaughan Williams' and Charles Stanford's music. We have also had some particularly lively rehearsals with the tuba soloist and it is fascinating to hear the delicate interplay between this large imposing instrument and the orchestra. A piece rarely heard, to be enjoyed by both classical concert goers and brass band enthusiasts alike. We are looking forward to seeing you all.

Tickets are available on the door and at
<https://www.trybooking.com/uk/eventlist/wso>
£13, £11 WSO Friends, under 18 year olds free.

**Family Christmas Concert Sunday
December 11th at 3.30 pm in The Central
Hall, Wymondham**

To round off the autumn season the WSO members are very much looking forward to inviting the children of Robert Kett Primary School, Wymondham, to play alongside them in a selection of Christmas music. They will be singing and playing popular carol arrangements with the orchestra, such as Jingle Bells, The Twelve Days of Christmas, O Come all Ye Faithful, to name a few, encouraging the audience to join in too.

The concert will start with some popular Christmas classics played by the orchestra, including movements from The Nutcracker Suite by Tchaikovsky, Cenerentola by Rossini and a special Christmas quiz devised by our conductor, Andrew Parnell. This should be a memorable event for the children, the orchestra and the audience alike. Do come along and join us.

Due to the current economic situation we are reducing the price of our Christmas concert tickets to just £5 each (under 18s and Friends of the orchestra are free). We hope this will enable as many parents, carers and audience as possible to attend. In a similar spirit we are also having a collection for the Wymondham Foodbank, so please give generously at this time.

Tickets are available on the door and at
<https://www.tryboooling.com/uk/eventlist/wso>.



WYMONDHAM CHORAL SOCIETY

Bob Chilcott's
**Christmas
Oratorio**
*and other joyful music
for the season*

Claire Dixon | Conductor
Karen Harries | Mezzo Soprano
William Falconer | Tenor
Kevin Ward | Bass
Katie Vaughan | Accompanist

SATURDAY 3rd DECEMBER 2022
7.30pm, St Mary's Church Attleborough
Tickets £10 (under 16s free) on the door
or from Reeves, Market St, Wymondham or
Nuts 'n Bolts, Church St, Attleborough.
Cash or cheque only.

Wymondham Choral Society
https://www.wymondhamchoralsociety.org.uk/
Registered charity 28230

SUPPORTING
and CHAMPIONING
VOLUNTARY MUSIC **making
music**



Wymondham Players
Charity Number 266705 present

MURDERED TO DEATH

A hilarious comedy by Peter Gordon

“The funniest ‘whodunnit’ Agatha Christie never wrote.”

The first in the ‘Inspector Pratt’ trilogy of murder mystery genre.
Set in the 1930’s - a country house - a gun - a local lady amateur sleuth - a bumbling policeman. What could possibly go wrong?

Performance dates:
16th, 17th, 18th & 19th November 2022
At **Wymondham Central Hall, Back Lane.**
7.45 pm each evening with Saturday matinee at 2.00 pm
Ticket Price £9, Concessions £8
Box Office 07999 004453
Buy tickets online at www.wymondhamplayers.org.uk



Charity Burns Night and Ceilidh

Friday 27th January 2023
Central Hall, Wymondham

6:30pm Doors Open
7:00pm Supper

Followed by Dancing until 11:00pm

In aid of Local and International Charities

Tickets £25 each
Available from Reeves, Market St. Wymondham
Online at <https://www.wymfest.org.uk>
Via contact page at www.wymondhamrotary.org.uk
By email to terry@chestnutcottage.org or jamwilde@hotmail.com

2 course supper ~ Piper & Selkirk Grace ~ Tombola
Pay bar with profits to charities

Dancing to Happy Feet Ceilidh Band



Lymphoedema Support

for those with cancer-related Lymphoedema



What is Lymphoedema?
Lymphoedema is a build up of fluid in the body tissue in any part of the body and occurs when the lymphatic drainage system is compromised. Cancer or its treatments can cause damage to the channels and lymph nodes that make up this drainage network. Star Throwers offers information and support if you are at risk of developing lymphoedema, already have a diagnosis or would like to discuss any other aspects such as risk factors and self-support.

Our lymphoedema support includes:

- advice and monitoring to help prevent lymphoedema.
- advice on minimising the risk of developing complications associated with the condition.
- skin care advice.
- manual lymphatic drainage.
- self lymphatic drainage.
- kinesio taping.
- limb measurements.

To find out more about this free support service
call: 01953 423304 or email: info@starthrowers.org.uk

www.starthrowers.org.uk

I'M ALREADY DREAMING OF A Christmas Wreath Making Workshop

In aid of **Star Throwers**

Sunday 27th November
AM Workshop : 10am
PM Workshop: 1.30pm
at the Star Throwers Centre
£35 per person

Join us for a morning or afternoon of festive wreath making - all materials included as well as light refreshments, kindly supported by Nicky at The Enchanted Willow

All profits will be donated to Star Throwers - Cancer Support Charity and will go towards supporting people affected by cancer

To book: Call 01953 423304 or email: victoria@starthrowers.org.uk



MOVING TO UNI



THE LOWE DOWN
With Freddy Lowe

It is a belief popularly held that when your children move away to university, it is emotionally harder for the mother than the father. This is down to her having been the one who gave birth, and therefore her biological instinct is harder to placate once the child has left. I have heard women profess this as a cold, hard truth, including two I really trusted. I remember thinking, "fair enough if that's what their experience has taught them."

You can imagine my amusement when I posed this theory to my mother and she swiftly replied, "no, I don't agree, that's rubbish."

(That's the great thing about mother figures. They blow open social stereotypes and deliver breath-of-fresh-air reality checks.)

“MY WYMONDHAM PALS AND I FREQUENTLY GET IN TOUCH TO SWAP TIPS AND STAY SANE.

Is this belief an invalid view? Of course not. However, I know from my elder sister's university departure that my father was no less grief-stricken than my mother. The only one who didn't shed a tear was me. (Not the first time anyway. To all younger siblings out there who think they'll be loving life when the older one leaves home, let me tell you, that feeling will last one whole day. In the long term, you will be more thrilled when you hear that they're returning. Then you'll be the one sobbing like a muppet when they leave again.)

This month, Generation Covid finally moved on to lives beyond school. It was thus also the time for many Wymondham parents/carers to say goodbye to their children. (Several pals have told me that 'mum got a bit teary' or 'it was a bit difficult when they left me', etc. etc. I was lucky enough to avoid that 'difficulty'. My parents said goodbye without a tear in sight. In fairness, they spent the weekend with me in Edinburgh and thus had time to get used to it. It

wasn't because they missed my sister more, although that has become an amusing joke on family Zoom calls.)

We arrived in Edinburgh on the Friday after the Queen's death, and I moved into student halls at seven o'clock that evening. The first lesson to learn was about 'cliques'. We've all experienced 'cliques' and how impossible they can be if you're not one of the group. I'd have expected, however, at least a few days for them to form. Not so. This was Day 0 of university life, and yet students were walking around the campus in little groups. Small gangs of girls cemented together. Tall, sporty-looking guys who were already arranging to go "out to the pub with some mates". I thought, "how?! You've been here all of five minutes!"

I felt deflated. The social element was one of the things that excited me the most. To anyone in that situation, don't worry really. Any pair of students in halls will lead extremely separate lives, so you're unlikely to find your best, most regular friends immediately. That isn't to say, of course, that you don't meet some genuinely lovely people there, but I still struggle with many of my neighbours' names (and vice versa). Your full-time friends pop up in your classes. Your societies. Your sports activities. The ones who live near enough that you can walk home the same way each day, without living right next to each other.

I was also relieved that I hadn't cut ties with people back home. Initially, it's a rather romantic idea to leave home and completely restart, severing everything that reminds you of horrendous A-Levels. This is a romantic idea and no more. Maintaining contact with (selected) school pals is vital, and never more so than in your first weeks elsewhere. Establishing a new life takes time. My Wymondham pals and I frequently get in touch to swap tips and stay sane. You will be grateful to them.

The next few days

were an amalgamation of everything that makes Freshers' Week both fun and mental. The frenzy of, "what societies do I apply to?" "All these people I'm meeting – will I ever see them again?" "Why does everyone go clubbing at night?"

I quite hate going clubbing, though I was persuaded twice in Welcome Week. The first time, I stood in the pub with my glass of iced water chatting to the girl who invited me about the best Bond films. I left at 10:30. The second time, the event purported to be a 'Ceilidh' dance. I've been to Ceilidh before, and this really wasn't it. The "dance floor" was barely visible amidst the drunk people tripping over one another, and you couldn't hear yourself talk, let alone the guy supposed to be instructing the dance! I left at 10:44.

A trusted source told me that everyone is faking it in Freshers' Week and is relieved to get on with the academia. I can vouch for that. Wymondhammers considering university (or parents with children in that position), go for it. The first few days are bizarre. They also contain many positives. I met some very kind classmates, one of whom I went climbing with. The lecturers are brilliant, often hilarious people who treat you completely differently from school. Living in a new city gives you much-needed autonomy. The Freshers' shenanigans are real, but ultimately, you will be absolutely fine.



Guest Column

FROM MY PERSPECTIVE



By Cllr Penny Hubble

One of the investments the council has made in recent years is the new Council offices on Ketts Park. At the time it was presided over, it was sold to Councillors as being cost neutral. It turns out that a number of pots of money that had been set aside for community projects had been emptied to pay for the new offices meaning these funds are no longer available for community infrastructure investments. One in particular was the earmarked reserve of more than £213,000 that had been set aside for a new cemetery.

Recently, Community Infrastructure Levy (CIL) funds have been made available. CIL is generated with new housing estates where the developers pay a levy to the council in regard to the number of houses that are built. This money, as indicated by the name, is for the council to invest in community infrastructure projects. Given the number of new estates that have been created, the incoming funds add up to an amount in the order of many hundreds of thousands, likely totalling into millions over the next few years.

A new cemetery has been in the pipeline for many years. The Council has been aware that the current cemetery is reaching capacity so plans for a new cemetery need to move forward. Land has already been secured to accommodate a new cemetery which should have enough capacity to exceed one hundred years. The development of the land into a cemetery remains. A motion was passed at full council to allocate the entire balance of CIL money, available at that time, to pay for this development to the tune of £413,899. There are no plans, quantification, or costings available. Given that a cemetery will serve the community over many

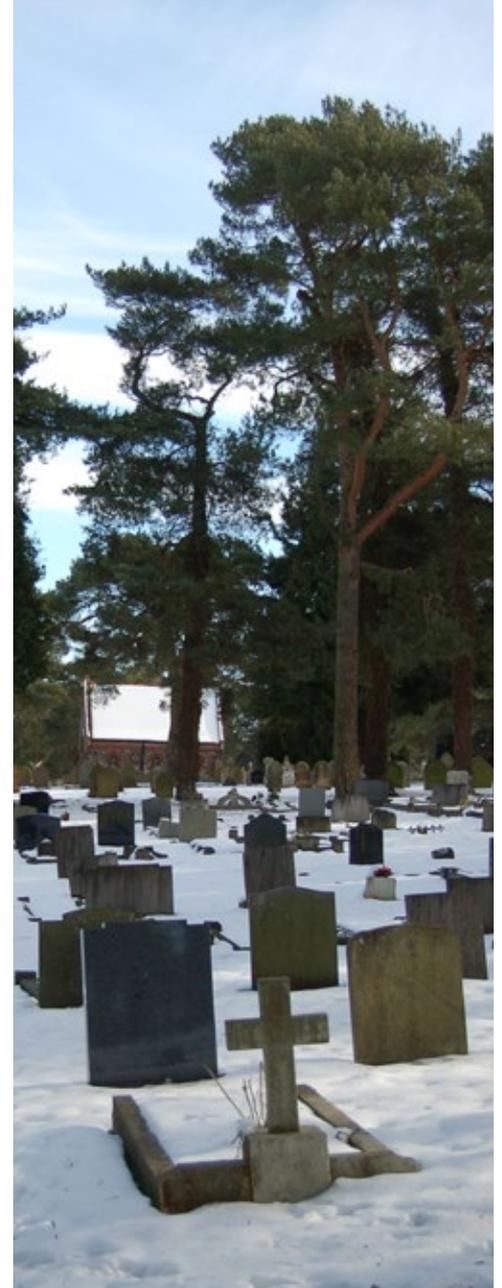
years some people may consider that funding for such could be done in stages and spread over a wider timescale. It might be some people's perspective that more than £200k had already been saved up and then deprived from this project for a formidable office building, and that the allocation of £413k more of CIL is depriving the community further. Whilst there are many schools of thought as to how to proceed, one approach could be to develop 25% of the cemetery with the view to serve a minimum of 25 years, meaning a saving in funding that could be allocated to other worthwhile projects that have a shorter time of return of benefit to the community, and the project revisited in 25 years. Whatever the perspective, a new cemetery is needed.

The council has been aware for many years that a refurbishment of Browick Road Park is desperately needed. Over the years there have been attempts to put forward plans of refurbishment but none had found any traction. This has recently changed. A motion was passed at full council to allocate £250,000 of CIL money for a new refurbishment plan, plus more for consultant's design fees. Whilst this may seem like good news, no plan or design or costing have been formulated, leaving unanswered questions such as how was the allocation of £250k of CIL calculated? Where did that number come from?

It seems that the £250k of CIL was simply the remainder of that which has currently been made available to the council after the deduction of £413k for the new cemetery. It may be some people's perspective that allocating the entirety of the CIL to these two projects alone may not be best in serving the interests of the wider community of

Wyndham.

My personal view is that funds



should not be moved or allocated until a clear and detailed project cost estimate and design has been scrutinised by elected councillors. This is the procedure followed for very small projects, and it is unthinkable that huge sums of money have been moved around without the same due diligence.

More CIL money is coming our way soon, and I look forward to promoting a focus on empirical data and fact based evidence, with a demonstrable analytical process, that will hopefully encourage great decisions for the betterment of the community.



BOOK REVIEW

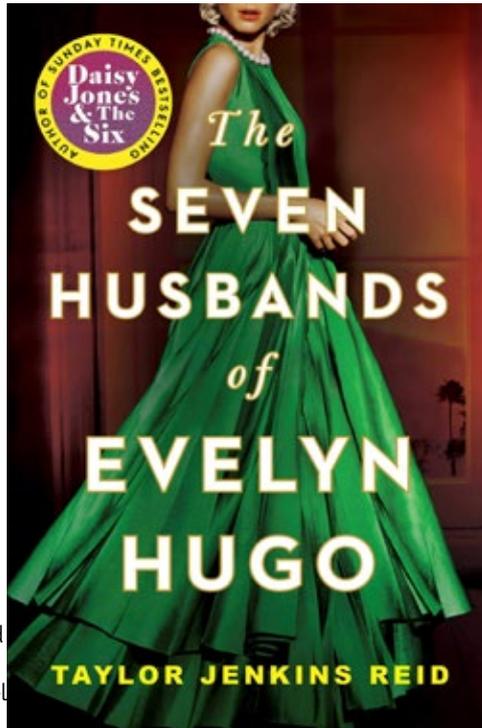
The Seven Husbands of Evelyn Hugo by Taylor Jenkins Reid

By *Laura Duffy*,
Volunteer at Kett's Books
Community Bookshop

In all the books I have seen swirling around on 'Booktok', I must admit this is one which has stuck in my mind since I've bought it. Books on Booktok are much like Eurovision, you either love it or hate it. The Seven Husbands of Evelyn Hugo is a definite love.

I will admit that historical fiction was not a genre I had read much of and scrolling on social media and coming across books is always a hit or miss, but this novel stood out. My first thought upon seeing this book was 'Seven husbands? A woman with seven husbands must have some secrets to spill' and secrets to spill she did! The number of questions that were formed as I reached the end of chapter 2 completely fuelled my ambition to finish this book; I felt compelled to turn every single page. Not only was this book well written, it's also immensely clear - at no point did I ever have to turn back and reread a page because I didn't understand something. Although the title seems very common (there's 'The Seven Ages of Death' by Dr Richard Shepherd and 'Secret Seven' by Enid Blyton), the twists and turns of this novel are certainly ones which I have never come across before. Not to mention, the fact that these are the husbands of a Hollywood icon, you must salute the author for creating such a powerful woman. Seven different men and still classed as an icon? In the 1950s? What a power move.

5 years after this novel was



published, I can say that it is worth all the attention. A woman living in a man's world has to find her way around somehow and after seven husbands, and no information about how any of them ended or even started, Evelyn was more than just known. This novel is split into 7 sections, each more thrilling than the last. Some are shorter than others but once you finish the first section, you can't just close the book and call it a night, there are too many questions that need answering, the most prominent one being, why Monique Grant? The ending of the book did not disappoint and the emotions that I experienced were much like the ones you get once you've finished eating a hot meal on a cold wintery day. A sense of contentment, happiness and pleasure.

No review could do this book as much justice as it deserves as no words can even begin to describe the complexity of Evelyn Hugo. Taylor Jenkins Reid has all my respect, as the way she managed to show ruthless ambition and compassion all in one is something not many can do. It's almost like how Inspector Goole (from An Inspector Calls by J. B. Priestley) has an impression of massiveness about him. The Seven Husbands of Evelyn Hugo is not just a one off book which I strongly recommend, it's a book which can be read over and over again and gives the same sense of female empowerment each time.

ADVERTISE WITH US

wymondhammagazine.co.uk/advertise





NEW BOXING GYM

By Peter Steward

There will be plenty of hustle and bustle in Wymondham with the opening of a gym with a difference.

Hustle Wymondham is the latest venture by fitness entrepreneur Bobby Harrison following the success of a similar venture in Norwich.

Hustle boxing gym is opening at the end of October with a come and try free weekend where the public can try out a variety of classes. Mr Harrison, who is 41, has taken over a former gym on a unit on Philip Ford Way.

Hustle is a boxing and fitness concept with the emphasis on mental health and well being as Mr Harrison explained.

"We offer a range of classes suitable for everybody, providing a fitness space that is safe, non-intimidating and friendly. We strive to create a community where our members help and support each other and celebrate achievements both inside and outside the gym."

Mr Harrison, who was born and brought up in Hethersett and whose mother lives in Wymondham, is a firm believer that a healthy body and mind should go hand in hand.

Hustle Wymondham will be open from 6 am until 8 pm Mondays

to Fridays and 7 am until 3 pm on Saturdays and Sundays.

Mr Harrison opened Hustle in Norwich early in 2020 but soon found lockdown forcing him to undertake online fitness with 452 classes involving 6500 people from all over the world. With lockdown over, Mr Harrison's gym in Norwich began to take giant strides forward and soon he was looking for a second centre which he has now found in South Norfolk.

"Wymondham was always on my radar, and we really do want to be a part of the local community. Our focus will be on mental as well as physical health. We want to provide an atmosphere where people can relieve stress and make new friends," he said adding that gyms can be lonely places with everyone in their own world – something Hustle will be trying to break down.

Hustle has a unique approach to boxing, teaching real boxing technique without the contact. The gym will offer a variety of boxing-based and strength classes as well as personal training. It will cater for youngsters aged eight to 11 and have classes for boys and girls and numerous classes for adults and seniors. Hustle Wymondham will have a variety of coaches available from all

backgrounds of fitness, and Mr Harrison is confident about the future

"Opening a second Hustle is a pretty big gamble with the cost of living rising and a recession, but fitness isn't something people are going to give up. For many people fitness is more important than Netflix for example. A lot of people already know about us and we have already established a strong brand in both Norwich and Norfolk. We will have a variety of payment options including pay as you go and no contract unlimited memberships."

Hustle will also have rooms for rent or hire and a café that will be open to all.

Mr Harrison has another important reason for opening a new Hustle Gym in Wymondham. A year ago his inspirational dad Ian, who lived in the town, died and he is hoping that his memory will live on at the gym: "I know he would always have been around, helping out and being supportive," Mr Harrison added.

More information on both Norwich and Wymondham Hustle is available on the website:

<https://www.doyouhustle.co.uk/> from where members of the public can also sign up for the free weekend of activities.



FOCUS ON FOOTBALL

Robert Kett
Primary School

Advertorial

By Cara Fahy, Headteacher

We have launched 3 new football teams here at Robert Kett since we returned back to school in September and the children are absolutely loving representing our school as part of the Norwich schools football league.

We were fortunate to secure external funding from a local company for a brand new football kit and Wymondham High School have kindly let us borrow their minibus to transport the teams to away fixtures, much to the children's delight when they realise that the driver is their Headteacher!

The voice of the children here at Robert really counts, as the wish for the relaunch of a school football team was raised at our School Council meetings.

It has been great to see so many parents/carers join us to support both home and away fixtures and to cheer the children on from the sideline. This is what our players have had to say:

"I like football because it's a good challenge and it is really good fun"

"I really enjoy playing for the girls' football team as all of the girls show their commitment and teamwork. We have won all of our matches and I can't wait for the next match"

WINTER HABITS

With the dark nights drawing in, the thought of exercising outside or going to the gym after work may be diminishing. The winter is long and it can be very easy to slip into bad habits and undo all of the hard work you have done this year to keep fit and healthy, so what can you do to try and maintain all that excellent work, whilst enjoying the festivities and winter breaks?

One of the big things I've been working on a lot with my clients post covid is habit tracking. This is where my client identifies areas they know they need to improve on - simple things which could make a big difference to improving their health.

Choosing which and how many habits to track is entirely up to you, but it's really important to choose ones where you have to work a little bit to achieve but are realistic. There is no point choosing a huge list with unrealistic targets as you may never reach them. This will demotivate you and then ultimately you will give up with the journey!

Let's look at some examples simple habits you can track this autumn/winter:

1. DAILY STEPS

We have all known for quite a few years that we should be aiming to achieve around 10,000 steps per day. When it's dark and wet you are less inclined, so if you can try to get your steps done early in the day. If you can't, try to get them done as soon as you

finish work before you sit down or relax otherwise the chances are you won't ever do them.

2. DRINK WATER

Water makes up 70% of our body so it's super important for various functions in our body. Water helps with digestion, sleep, recovery and concentration to name a few, but during the winter the tendency can be to drink more hot drinks. This is normal, but try to balance this out with water, rather than substitute it.

3. EAT FRUIT AND VEG

5 portions a day is the recommended amount of fruit and vegetables you should be eating a day, not only to maintain a balanced healthy nutrition plan but as the winter kicks in, this will help your immune system and keep those nasty colds away. Balance your intake of fruit to veg and vary the types you eat. Not only will this be more interesting but it will keep the eyes excited by what they see on your plates each day.

4. GET OFF YOUR PHONE

Easier said than done in today's day and age, but with the average person spending 8-10 hours per day checking texts, emails, watching YouTube or general social media content, it can be very easy to 'chill' and do nothing else. Ditch the phone and go for a walk or

THE TOWN TRAINER

With **Paul Jewiss**



do a simple 15-20 minute workout to get the heart pumping, release those endorphins and feel good. Another point to add, is get off the white light devices by 9pm and allow the brain to unwind and relax in preparation for sleep. Don't lay in bed reading or scrolling right before sleep. Several of my clients have this habit where they turn their phones off at 9 or 10pm, an hour before sleep.

5. MONITOR CALORIES

If during the winter your exercise levels drop, reduce your calories accordingly. If you maintain your calorie intake as when you are more active in the summer, those excess calories will be a surplus, which you will store and the result will be a weight gain, which none of us want! Try downloading the MYFITNESSPAL app and you can track everything you are eating against your age, activity level and calorie requirements. If you want to continue eating the same, then you will have to maintain your exercise or potentially increase it as the types of foods you eat change over the winter.

In summary, you can choose any of the above or completely different habits, but write them down, keep them somewhere obvious, like on the fridge door and record them at the end of each day once you have done them. Don't worry too much if some days you miss some, but try the next day to hit it!



TED CROSS NAMED PLAYER OF THE MONTH

The K Foley Ltd trading as McDonald's Player of the Month Award goes to Ted Cross.

"Ted's transition from Colts to senior men's has been exceptional, his ability to understand and execute his position within the squad has not only been a joy to watch, he's been a joy to coach. Each

week he grows and has been given the accolade "Great wall of Ted" by Alex.

Head Coach Tom Armes said: "Keep up the great work and congratulations on your well deserved player of the month award."

RUN THE WYMONDHAM 10K TO START THE NEW YEAR

By Dave Powles



What better way to get rid of the festive cobwebs than by taking part in the popular Wymondham Athletics Club's festive 10k this January?

WAC's 'Not' New Year's Day 10k will take place on Monday, January 2 this year, instead of the usual date on January 1.

The run starts and finishes on Lady's Lane and takes competitors on a gently undulating course on country lanes through the picturesque countryside on the outskirts of Wymondham.

Katie Whitmore, club chair, said: "This event is one of the highlights of the running calendar and we're really looking forward to putting it on again. We're months away and

entries are going really well so we would encourage people to sign up as soon as possible to avoid disappointment."

Race HQ will be located at Wymondham Central Hall, Back Lane, Wymondham, NR18 0QB and open from 8am on the day.

Hundreds enter every year and the race is welcome for runners of all standards.

Entry is £15 for affiliated runners and £17 non-affiliated and competitors must be 15 or over. Every runner will get a medal and there will be prizes for the winners.

Entries are flying out the door so be sure not to miss out by logging onto <https://totalracetiming.co.uk/race/372>

WYMONDHAM SKIPPER PICKED FOR NATIONAL RFU ROLE

By Andy Thomson

Rugby player Jess Mclean-Wright is normally to be found every weekend leading Wymondham's senior women's team, the Wasps.

But now 22-year-old Jess has an extra role - helping to shape the future of the sport as part of the Rugby Football Union's National Youth Council.

"It's a real honour to be picked for this," said Jess. "I've been playing rugby for nine years now and it's great to see how much the women's and girls' game has grown.

"With the current women's Rugby World Cup in New Zealand it's a fantastic opportunity to get more people involved with the game."

The RFU's Youth Council is made up of 11 people aged 18-24 and from all levels of the game. Their job is to help shape the RFU's policies for the future of English rugby and to develop projects to encourage more young people to take up the sport.

Jess attended her first meeting at Twickenham in October. She said: "The

women's game is still a lot smaller than the men's but that's changing - and there are exciting opportunities for more people to get involved.

"We've now got specialist women's coaching programmes being run by the RFU, and an increasing number of female officials within the game."

Last season Jess was part of the "Empower Her" programme run by top London side Saracens, and she was mentored by a senior player from Sarries' women's squad.

"It inspired me to want to make a positive change within the community game, especially reducing the 'gap' between girls' and boys' rugby," she said.

"Too many girls give up sport when they're teenagers - and miss out on so many opportunities and friendships as a result. That's got to change.



Tuesday 1st November

Open Door at WMC
10am-12pm, Town Green Centre
All welcome for refreshments and conversation with colouring, jigsaws, crosswords and more.
wymondhammethodistchurch.com/

Book making (Christmas)
2pm-4pm, Big C Furniture & Craft Shop
Suggested Donation £5 to attend, booking essential
01953 603320
www.facebook.com/bigcwymondham

Wymondham Photographic Society
8pm-10pm, Dells Bowls Club
Guest speaker David Steel (Route 66)
www.wymondham-ps.org.uk

Wednesday 2nd November

Art Demonstration
7:15pm, Roman Catholic Church Hall
Will Teather demonstrates contemporary images using traditional skills.
www.wymondhamart.org

Friday 4th November

Meet, Make & Mardle
10am-12pm, Big C Furniture & Craft Shop
Free to attend, bring along your latest project and meet new friends.
01953 603320
www.facebook.com/bigcwymondham

MacMillan Coffee Morning
11am, Ex-Services Social Club
Members Bar event raising funds for cancer support
www.facebook.com/groups/130014680369369

Bingo with prizes
7pm, Ex-Services Social Club
Eyes down 8pm, in the Regal Lounge
www.facebook.com/groups/130014680369369

Saturday 5th November

Lemon Day
10am-2pm, Fairland Hall
Arts and Crafts, drop in singing session, Topsy Lily classic car, themed shop window displays and Lemon Day Specials in participating cafes.
www.facebook.com/WymondhamLemonDay

Tuesday 8th November

Beginners Tunisian Crochet
10am-12pm, Big C Furniture & Craft Shop
Suggested Donation £5 to attend, booking essential
01953 603320
www.facebook.com/bigcwymondham

Open Door at WMC
10am-12pm, Town Green Centre
All welcome for refreshments and conversation with colouring, jigsaws, crosswords and more.
wymondhammethodistchurch.com/

Wymondham Photographic Society
8pm-10pm, Dells Bowls Club
Members "Annual Night Shoot"
www.wymondham-ps.org.uk

Thursday 10th November

Nature Group Talk
7:30pm, Town Green Centre
Illustrated Talk by Andrew Clarke - 'Winter is Coming', £2 to attend
01508 488337
www.facebook.com/WymondhamNatureGroup/

Friday 11th November

Meet, Make & Mardle
10am-12pm, Big C Furniture & Craft Shop
Free to attend, bring along your latest project and meet new friends.
01953 603320
www.facebook.com/bigcwymondham

Saturday 12th November

Julie Dawn
7:30pm, Dells Bowls Club
Musical performance of country, 60s and classic rock. £7 tickets
07594 997526
www.wymondhamdell.com

Sunday 13th November

Club Quiz
7:15pm, Ex-Services Social Club
www.facebook.com/groups/130014680369369



MARKETS

Charter Market
Every Friday
8am to 2.30pm Market Place

Farmers' Market
Third Saturday
(19th November)
9am to 1pm, Market Place
www.wymondhamtowncouncil.org
01953 603 302

Tuesday 15th November

Open Door at WMC
10am-12pm, Town Green Centre
All welcome for refreshments and conversation with colouring, jigsaws, crosswords and more.
wymondhammethodistchurch.com/

Wymondham Photographic Society
8pm-10pm, Dells Bowls Club
Guest Speaker Jim Barrett-Smith (Portraiture. Looking at light the right way)
www.wymondham-ps.org.uk

Wednesday 16th November

Play: Murdered to Death
7:15pm, Central Hall
The first in the 'Inspector Pratt' trilogy of spoofs of the Agatha Christie 'whodunnit' genre. Visit website for tickets.
07999 004453
www.wymondhamplayers.org.uk

Thursday 17th November

Mosaic Crochet
10am-12pm, Big C Furniture & Craft Shop
Suggested Donation £5 to attend, booking essential
01953 603320
www.facebook.com/bigcwymondham

Play: Murdered to Death
7:15pm, Central Hall
The first in the 'Inspector Pratt' trilogy of spoofs of the Agatha Christie 'whodunnit' genre. Visit website for tickets.
07999 004453
www.wymondhamplayers.org.uk

Friday 18th November

Meet, Make & Mardle
10am-12pm, Big C Furniture & Craft Shop
Free to attend, bring along your latest project and meet new friends.
01953 603320
www.facebook.com/bigcwymondham

Play: Murdered to Death
7:15pm, Central Hall
The first in the 'Inspector Pratt' trilogy of spoofs of the Agatha Christie 'whodunnit' genre. Visit website for tickets. 07999 004453
www.wymondhamplayers.org.uk

Saturday 19th November

Play: Murdered to Death
2pm, Central Hall
The first in the 'Inspector Pratt' trilogy of spoofs of the Agatha Christie 'whodunnit' genre. Visit website for tickets. 07999 004453
www.wymondhamplayers.org.uk

Play: Murdered to Death
7:15pm, Central Hall
The first in the 'Inspector Pratt' trilogy of spoofs of the Agatha Christie 'whodunnit' genre. Visit website for tickets. 07999 004453
www.wymondhamplayers.org.uk

Live band- Harley Street
8pm, Wymondham Ex Services Club,
Regal Lounge
£2 entry for non-members

Monday 21st November

Garden Club Talk
7:30pm, Town Green Centre
The John Innes Institute: It's Work &
History by Dr. Anne Edwards, Plant
Scientist at the John Innes Institute.
Show Table - one Chrysanthemum
(single flower), one Chrysanthemum
(any type). Club Table - A favourite from
my Garden. Cookery Table - A jar of Jam
or Jelly (own recipe). Craft Trophy - Any
Item of Art or Craftwork. Members Free,
Guests £4

Tuesday 22nd November

Beginners Crochet
10am-12pm, Big C Furniture &
Craft Shop
Suggested Donation £5 to attend,
booking essential
[01953 603320](tel:01953603320)
www.facebook.com/bigcwymondham

Open Door at WMC
10am-12pm, Town Green Centre
All welcome for refreshments and
conversation with colouring, jigsaws,
crosswords and more.
wymondhammethodistchurch.com/

Wymondham Photographic Society
8pm-10pm, Dells Bowls Club
Members night - Night shoot images
www.wymondham-ps.org.uk

Thursday 24th November

Heritage Society Meeting
7:30pm, Fairland Hall
Wymondham Heritage Society's AGM
and Social
www.wymondhamheritagemuseum.co.uk/?p=heritage.society

Friday 25th November

Meet, Make & Mardle
10am-12pm, Big C Furniture &
Craft Shop
Free to attend, bring along your latest
project and meet new friends.
[01953 603320](tel:01953603320)
www.facebook.com/bigcwymondham

Saturday 26th November

Clothes Swap
10am-12pm, Wymondham Library
Bring your unwanted clothes and shoes
of any age and size and swap them for
any you'd like to take home. Suggested
donation £2

Abbey Days Magic Christmas
11am-4pm, Wymondham Abbey
50+ stalls with gifts, crafts, food and
more. Children's entertainment and
gingerbread decorating sessions.
clearcompany.org.uk/
abbeychristmasfair/

Monthly Bingo
6:45pm, Dells Bowls Club
Eyes Down 7:30
www.wymondhamdell.com

Orchestral Performance
7:30pm, Central Hall
£13 tickets, £11 for members,
children free
wymondhamsymphonyorchestra.org.uk

Northern Soul & Motown Nite
8pm, Wymondham Ex Services Club,
Regal Lounge
£2 Entry for Non-Members

Sunday 27th November

Bump2Baby Sale
10am-2pm, North Wymondham
Community Centre
Table top sale of preloved maternity,
baby and child goods. Free sensory play
area. Tables £10, 50p entry
[www.facebook.com/](http://www.facebook.com/events/408321531463500)
events/408321531463500

Tuesday 29th November

Open Door at WMC
10am-12pm, Town Green Centre
All welcome for refreshments and
conversation with colouring, jigsaws,
crosswords and more.
wymondhammethodistchurch.com/

Crochet - next steps
10am-12pm, Big C Furniture &
Craft Shop
Suggested Donation £5 to attend,
booking essential
[01953 603320](tel:01953603320)
www.facebook.com/bigcwymondham

Wymondham Photographic Society
8pm-10pm, Dells Bowls Club
Open DPI competition - Round 2
www.wymondham-ps.org.uk

Friday 2nd December

Meet, Make & Mardle
10am-12pm, Big C Furniture & Craft
Shop
Free to attend, bring along your latest
project and meet new friends.
[01953 603320](tel:01953603320)
www.facebook.com/bigcwymondham

Saturday 3rd December

Christmas Fayre
11am-2pm, Ashleigh Primary School
Festive fun for all the family
[www.facebook.com/events/](http://www.facebook.com/events/ashleigh-primary-school-nursery/ashleigh-friends-christmas-fayre/499576238467557/)
[ashleigh-primary-school-nursery/](http://ashleigh-primary-school-nursery/ashleigh-friends-christmas-fayre/499576238467557/)
[ashleigh-friends-christmas-](http://ashleigh-friends-christmas-fayre/499576238467557/)
[fayre/499576238467557/](http://ashleigh-friends-christmas-fayre/499576238467557/)

Sunday 4th December

Wynterfest
12pm-5pm, Wymondham Town Centre
The town's main festive event with
stalls, fun fair, Santa's grotto and
independent shops.
[www.facebook.com/](http://www.facebook.com/events/511431530904124)
events/511431530904124

SUNDAY CHURCH SERVICES

Alive Church 10.30am, Central Hall
www.alivechurch.org.uk/wymondham

Baptist Church 10.30am and online
www.wymondhambaptist.org.uk

Hope Community Church 9.30am &
11.30am
www.hopcommunitychurch.co.uk

Methodist Church 10.30am
www.wymondhammethodistchurch.com

RC Church 8.30am and 10am
www.wymondhamrcchurch.org.uk

Wymondham Abbey 11am
www.wymondhamabbey.org.uk

WYMONDHAM Magazine

Read online: wymondhammagazine.co.uk | Receive by email: subscribe.wymondhammagazine.co.uk

Your stories: news@wymondham-mag.co.uk | Advertise: adverts@wymondham-mag.co.uk

ADVERTISE WITH US

wymondhammagazine.co.uk/advertise



ADVERTISING RATE CARD 2022

	Dimensions	E-Edition and Website	Print, E-Edition and Website
Local Coupon ¹	87mm x 62mm	-	£35
Strip/Eighth Page	185mm x 38mm	£25	£75
Quarter Page	91mm x 132mm	£30	£90
Half Page Horizontal	185mm x 132mm	£65	£135
Half Page Vertical	91mm x 271mm	£65	£135
Full Page	210mm x 297mm + 3mm bleed	£125	£195

Discounts offered for multiple bookings
All prices are subject to VAT at the current rate
¹Creative produced by Wymondham Magazine

KEY FACTS

- Print edition delivered to **8500** homes in Wymondham
- **1500** E-Edition subscribers
- **5000+** monthly website views
- **3900+** Facebook followers

PRINT EDITIONS

- March
- June
- September
- December

E-EDITIONS

- Monthly, including print months

CONTACT US



adverts@wymondham-mag.co.uk



wymondhammagazine.co.uk/advertise



07941 514766